

DAILY LUNCH MENU – JANUARY 2019

CHOOSE ONE MAIN DISH AND MUST CHOOSE AT LEAST ½ CUP FRUIT AND VEGGIES.

WHOLE GRAINS, CONDIMENTS AND MILK ARE OPTIONAL, BUT EVERYONE MAY TAKE ALL.

[January 8th menu (*different from the rest of the month*) –Pizza, chicken tenders, corn, cheddar sun chips, assorted fruits, ranch dressing, ketchup, MILK, 1% LOW – FAT, MILK, CHOCO, FAT FREE]

PIZZA, PEPPERONI OR CHEESE

MACHO NACHO

CHILI DOG

HOT POCKET

SUB SANDWICH

CRISPY CHICKEN SANDWICH

CHICKEN TENDERS

CHEESY ENCHILADAS

FRESH FRUIT AND SALAD BAR

Whole Grains available daily on Salad Bar

RANCH DRESSING

JALAPENO PEPPERS

KETCHUP

MUSTARD

MAYO

PICKLE CHIPS

MILK, 1% LOW - FAT

MILK, CHOCO, FAT FREE