Monday Tuesday Wednesday Thursday Friday

BAGELS, PLAIN, ENRICHED
CEREAL, VARIETY
CHEESE, CREAM
FRUIT, FRESH ASSORTED
FRUIT JUICE, ASSORTED
MILK, 1% Lowfat
MILK, Skim
CRACKERS

6 `

13

20 `

MUFFIN, ASSORTED 4 OZ BAGELS,PLAIN,ENRICHED CEREAL,VARIETY CHEESE,CREAM FRUIT,FRESH ASSORTED FRUIT JUICE,ASSORTED MILK,1% Lowfat MILK,Skim CRACKERS

Burrito, Breakfast, WGR MS1683 BAGELS, PLAIN, ENRICHED CEREAL, VARIETY CHEESE, CREAM FRUIT, FRESH ASSORTED FRUIT JUICE, ASSORTED MILK, 1% Lowfat MILK, Skim CRACKERS

5

12

19

MUFFIN, ASSORTED 4 OZ BAGELS,PLAIN,ENRICHED CEREAL,VARIETY CHEESE,CREAM FRUIT,FRESH ASSORTED FRUIT JUICE,ASSORTED MILK,1% Lowfat MILK,Skim CRACKERS ENGLISH MUFFIN W/ SAUSAGE
BAGELS,PLAIN,ENRICHED
CEREAL,VARIETY
CHEESE,CREAM
FRUIT,FRESH ASSORTED
FRUIT JUICE,ASSORTED
MILK,1% Lowfat
MILK,Skim
CRACKERS

7

14

21 `

FRENCH TOAST STICKS
BAGELS, PLAIN, ENRICHED
CEREAL, VARIETY
CHEESE, CREAM
FRUIT, FRESH ASSORTED
FRUIT JUICE, ASSORTED
MILK, 1% Lowfat
MILK, Skim
CRACKERS

FRENCH TOAST STICKS

11

4

MUFFIN, ASSORTED 4 OZ BAGELS, PLAIN, ENRICHED CEREAL, VARIETY CHEESE, CREAM FRUIT, FRESH ASSORTED FRUIT JUICE, ASSORTED MILK, 1% Lowfat MILK, Skim CRACKERS Burrito, Breakfast, WGR MS1683 BAGELS, PLAIN, ENRICHED CEREAL, VARIETY CHEESE, CREAM FRUIT, FRESH ASSORTED FRUIT JUICE, ASSORTED MILK, 1% Lowfat MILK, Skim CRACKERS MUFFIN, ASSORTED 4 OZ BAGELS, PLAIN, ENRICHED CEREAL, VARIETY CHEESE, CREAM FRUIT, FRESH ASSORTED FRUIT JUICE, ASSORTED MILK, 1% Lowfat MILK, Skim CRACKERS ENGLISH MUFFIN W/ SAUSAGE
BAGELS,PLAIN,ENRICHED
CEREAL,VARIETY
CHEESE,CREAM
FRUIT,FRESH ASSORTED
FRUIT JUICE,ASSORTED
MILK,1% Lowfat
MILK,Skim
CRACKERS

FRENCH TOAST STICKS
BAGELS,PLAIN,ENRICHED
CEREAL,VARIETY
CHEESE,CREAM
FRUIT,FRESH ASSORTED
FRUIT JUICE,ASSORTED
MILK,1% Lowfat
MILK,Skim
CRACKERS

18

MUFFIN, ASSORTED 4 OZ BAGELS, PLAIN, ENRICHED CEREAL, VARIETY CHEESE, CREAM FRUIT, FRESH ASSORTED FRUIT JUICE, ASSORTED MILK, 1% Lowfat MILK, Skim CRACKERS Burrito, Breakfast, WGR MS1683
BAGELS, PLAIN, ENRICHED
CEREAL, VARIETY
CHEESE, CREAM
FRUIT, FRESH ASSORTED
FRUIT JUICE, ASSORTED
MILK, 1% Lowfat
MILK, Skim
CRACKERS

MUFFIN, ASSORTED 4 OZ BAGELS, PLAIN, ENRICHED CEREAL, VARIETY CHEESE, CREAM FRUIT, FRESH ASSORTED FRUIT JUICE, ASSORTED MILK, 1% Lowfat MILK, Skim CRACKERS ENGLISH MUFFIN W/ SAUSAGE
BAGELS,PLAIN,ENRICHED
CEREAL,VARIETY
CHEESE,CREAM
FRUIT,FRESH ASSORTED
FRUIT JUICE,ASSORTED
MILK,1% Lowfat
MILK,Skim
CRACKERS

FRENCH TOAST STICKS
BAGELS, PLAIN, ENRICHED
CEREAL, VARIETY
CHEESE, CREAM
FRUIT, FRESH ASSORTED
FRUIT JUICE, ASSORTED
MILK, 1% Lowfat
MILK, Skim
CRACKERS

22

15

8

25

MUFFIN, ASSORTED 4 OZ BAGELS, PLAIN, ENRICHED CEREAL, VARIETY CHEESE, CREAM FRUIT, FRESH ASSORTED FRUIT JUICE, ASSORTED MILK, 1% Lowfat MILK, Skim CRACKERS Burrito, Breakfast, WGR MS1683
BAGELS, PLAIN, ENRICHED
CEREAL, VARIETY
CHEESE, CREAM
FRUIT, FRESH ASSORTED
FRUIT JUICE, ASSORTED
MILK, 1% Lowfat
MILK, Skim
CRACKERS

26

MUFFIN, ASSORTED 4 OZ BAGELS,PLAIN,ENRICHED CEREAL,VARIETY CHEESE,CREAM FRUIT,FRESH ASSORTED FRUIT JUICE,ASSORTED MILK,1% Lowfat MILK,Skim CRACKERS

27

ENGLISH MUFFIN W/ SAUSAGE
BAGELS,PLAIN,ENRICHED
CEREAL,VARIETY
CHEESE,CREAM
FRUIT,FRESH ASSORTED
FRUIT JUICE,ASSORTED
MILK,1% Lowfat
MILK,Skim
CRACKERS

28