### Parent's Rights

- To take part in major policy decisions affecting the preschool programs
- To help develop parent activities that will benefit me and my family
- To be welcome at all times
- To choose my own way to participate
- To be informed about my child's progress in school
- To be treated with respect and dignity
- To contribute my unique talents and abilities to enrich the program
- To be able to learn about the program including budget and employment opportunities
- To be informed about resources in the community which may benefit my family

### Parent's Responsibilities

- To learn about the program and share that knowledge with others
- To accept preschool as an opportunity to improve my child's life
- To be sure my child arrives on time and attends regularly
- To comply with all program requirements which may include health and dental exams, immunizations and home visits
- To form a partnership with teachers to work together to benefit my child
- To provide my child with firm, loving and protective guidance
- To help evaluate the program

### August 2015



Sunday	Monday	Tuesday	Wacky Bus- Wednesday	Thursday	Friday	Şaturday
2	3	4	5	6	7	1/8
9	10	11	12	13 <u>Training for</u> <u>Staff and</u> <u>Parents</u>	14 <u>Training for</u> <u>Staff and</u> <u>Parents</u>	15
16	17 <u>Teacher</u> <u>Work Day</u>	18 <u>Orientation /</u> <u>Open House</u> Scheduled visits between 8-6	19 <u>Orientation /</u> <u>Open House</u> Scheduled visits between 11:30-8	20 <u>Orientation /</u> <u>Open House</u> Scheduled visits between 10-6:30	21 <u>Teacher</u> <u>Work Day</u>	22
23	24 <u>Training for</u> <u>Staff and</u> <u>Parents</u>	25 <u>Training for</u> <u>Staff and</u> <u>Parents</u>	26 <u>Training for</u> <u>Staff and</u> <u>Parents</u>	27 <u>Training for</u> <u>Staff and</u> <u>Parents</u>	28 <u>Training for</u> <u>Staff and</u> <u>Parents</u>	29
30	31 <u>First Day</u> of Preschool					

### Welcome to The Center Early Childhood Programs ~ Lake County School District

- The Center is open from 6:30am to 5:30pm, Monday through Friday
- Head Start is in session 9:30am to 1:30pm, Monday through Thursday
- Colorado Preschool Program (CPP) operates Monday through Thursday from 9:15am-12:00pm.
- Tuition-based preschool is available on a prepaid monthly basis. Payment is due by the 15th of each month



#### **Attendance**

One way to be sure that your child is getting the most from preschool is through regular attendance. Each day's learning builds upon the day before, and when children are absent, they miss some of that learning.

Children feel most secure with a regular routine, when they know what will happen next, and preschool will provide a very predictable schedule for your child.

Of course, children get sick and families must occasionally go out of town, so please call **486-6925** if your child must be absent. This is a 24-hour voicemail number so please leave a message with the dates and reason for absence, if you do not reach a staff member in person.

# September 2015



Sunday	Monday	Tuesday	Wacky Bus- Wednesday	Thursday	Friday	Şaturday
		1	2	3	4 Please attend Teacher Planning Child care is open No Head Start - No CPP	5
6	7 The Center <u>is CLOSED</u> Labor Day	8	9 <u>Policy</u> <u>Council</u> 5:00—7:00 pm Meeting	10	11 Please attend Teacher Planning Child care is open No Head Start - No CPP	12
13	14	15	16	17	18 Please attend Teacher Planning Child care is open No Head Start - No CPP	19
20	21	22	23	24 <u>Family</u> <u>Fun Night</u> 5:30 to 7:00	25 Please attend Teacher Planning Child care is open No Head Start - No CPP	26
27	28	29 Picture Day	30			



### Home Visits

Teachers will be contacting you to schedule your first home visit this month; the second visit will be in April.

The purposes of home visits are:

- To build a friendship and partnership between the parents and teachers
- To give you information on your child's progress
- To update your goals for your child's education
- To get your input for program improvement

Your child's teachers will make every effort to schedule the visit at a time that works for you.

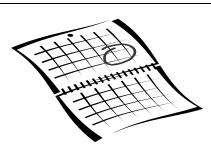
Your child will love welcoming his or her teachers to your home, and it helps children feel more comfortable in preschool when they know their parents and teachers are friends.

Please remember that the teachers are required to complete a home visit with every family. You can help by working with them to schedule yours.

### October 2015



Sunday	Monday	Tuesday	Wacky Bus- Wednesday	Thursday	Friday	Saturday
				1	2 Please attend Teacher Planning Child care is open No Head Start - No CPP	3
4	5	6	7	8	9 Please attend Teacher Planning Child care is open No Head Start - No CPP	10
11	12	13	14 Policy <u>Council</u> 5:00—7:00 pm Meeting	15	16 Please attend <u>Teacher</u> <u>Planning</u> Child care is open No Head Start - No CPP	17
18	19	20	21	22 Home Visits as scheduled The Center is CLOSED	23 <u>Home Visits</u> <u>as scheduled</u> The Center is CLOSED	24
25	26	27	28	29 <u>Classroom</u> <u>Celebrations</u> 10-11 am	30	31



### Why are Fridays Different?

- You are your child's most important and influential teacher, and your input is necessary for us to run a program that meets your family's needs. Please attend planning whenever possible. The teachers welcome your ideas.
- There is no regular Head Start or Colorado Preschool Program on Fridays.
- Please check with the Child Care Director for more information if you would like for your child to attend on Fridays.
- There are no buses on Fridays.

### Ski Program

Please note that the Ski Program is for children who are going to Kindergarten next year **and is designed for children** who have never skied before.

Selection is done by lottery draw from all interested applicants. See the flyer in your child's cubby for more information. Snowshoes are available to all families for checkout.

Stop by Room 9 for more information.

# November 2015



Şunday	Monday	Tuesday	Wacky Bus- Wednesday	Thursday	Friday	Şaturday		
1	2	3	4	5	6	7		
8	9 Ski Program letters go out	10	11 Policy <u>Council</u> 5:00–7:00 pm Meeting	12	13 Please attend <u>Teacher</u> <u>Planning</u> Child care is open No Head Start - No CPP	14		
15	16	17	18	19 <u>Thanksgiving</u> <u>Lunch at The</u> <u>Center</u> See schedule in your child's cubby	20 Please attend <u>Teacher</u> <u>Planning</u> Child care is open No Head Start -	21		
22       23       24       25       26       27       28         Image: Second and the sec								
29	30							



### December 2015



#### **Transportation Tips**

Buses are available for children with special needs or those enrolled in Head Start who live within our transportation area. These two programs provide funding for transporting children, and our other programs do not.

If your child rides the bus, and you need to make a change in his or her pick up or drop off, please call **486-6925 ONLY.** We listen to the messages on this line right before the buses leave, so please do not leave a message on any other telephone line. If you want to confirm that your message was received, just request that we call you and leave a number where you can be reached, and we will call you back.

Please teach your child these bus rules:

- \* Stay seated with seat belt buckled
- \* Obey the bus driver
- Never throw objects
- Talk quietly
- Walk (don't run) when getting on and off the bus
- \* Keep hands to yourself
- \* No food or glass containers on bus

In addition to bus safety, your child will learn about Pedestrian Safety as they participate in walking field trips with their class throughout the year.

We are also pleased to provide car-seat safety information to help you keep your children safe all the time.

Sunday	Monday	Tuesday	Wacky Bus- Wednesday	Thursday	Friday	Şaturday
		1	2	3 Family Fun Night 5:30 to 7:00pm	4 Please attend Teacher Planning Child care is open No Head Start - No CPP	5
6	7 <u>Deadline</u> to sign-up for the Ski Program	8	9	10	11 Please attend Teacher Planning Child care is open No Head Start - No CPP	12
13	14	15	16	17 <u>Classroom</u> <u>Celebrations</u> See the flyer in your child's cubby	18 Please attend <u>Teacher</u> Planning Child care is open No Head Start - No CPP	19
20	21	22	23	24	25	26
人	T	he Center i	is closed fo	or two wee	<u>ks</u>	<u></u> ,
June -	•		Vinter Brea			and and a second s
27	28	29	30	31		

#### Meet the Food Friends!



These wonderful friends are all about being healthy and having fun. They love to teach kids about new foods and how to move their bodies to help them grow up healthy and happy.

By trying new foods, they gain superpowers that make them healthy and strong.

Food Friends can help your child become more confident in trying new foods and being less picky about eating. Ask your child about Marty Milk and Bella Bean and listen to what they say.

#### Winter Clothing

Please check each day to be sure your child has the winter clothing needed to enjoy his or her time outside. The teachers take the children out each day that the temperature is above 10 degrees.

Necessary items include a warm winter coat, a hat, waterproof mittens or gloves, snow pants, and snow boots. Be sure your child's name is on them.

### January 2016



Şunday	Monday	Tuesday	Wacky Bus- Wednesday	Thursday	Friday	Saturday
	<u>The</u>	e Center is	closed for	Winter Br	1 eak	
3	4 <u>The Center</u> <u>is CLOSED</u> Teacher Work Day	5	6	7 Ski Program Boot Fitting	8 Please attend <u>Teacher</u> <u>Planning</u> Child care is open No Head Start - No CPP	9
10	11	12 Ski Program	13 Policy <u>Council</u> 5:00–7:00 pm Meeting	14 Ski Program	15 Please attend Teacher Planning Child care is open No Head Start - No CPP	16
17	18 <u>The Center</u> <u>is CLOSED</u> MLK, Jr Holiday	19 Ski Program	20	21 Ski Program	22 Please attend <u>Teacher</u> <u>Planning</u> Child care is open No Head Start - No CPP	23
24 31	25	26 Ski Program	27	28 Ski Program	29 Please attend <u>Teacher</u> <u>Planning</u> Child care is open No Head Start - No CPP	30



### Parent/Teacher Conferences

The Center holds two conferences each year. The first one is held in August as part of our Open House, and the second one is this month!

At this time you will be able to talk with the teachers about your child's progress. All parents should attend, so if you are working please arrange to meet with the teachers when you are available.

To prepare for your conference:

- Tell your child there is nothing to worry about. Ask if there is anything he or she would like you to talk about with the teachers
- Make a few notes about your child's personality, habits and any concerns you may have
- Here are some questions you may wish to ask:
  -How is my child doing?
  -What can I do at home to help?
  -Does my child behave in class?
  -Does my child have friends?
  -Are there any problems?
  -Does my child need extra help?
  -Where can we get this help?

Most of all, take this chance to make friends with the teachers and celebrate your child's learning!

### February 2016



Şunday	Monday	Tuesday	Wacky Bus- Wednesday	Thursday	Friday	Şaturday
	1 Food Friends begins	2	3	4	5 Please attend <u>Teacher</u> <u>Planning</u> Child care is open No Head Start - No CPP	6
7	8	9	10 <u>Classroom</u> <u>Celebrations</u> <u>Early Closure-</u> <u>4:00pm</u> <u>Parent-Teacher</u> <u>Conferences</u> <u>Policy Council</u> 5:00—7:00 pm	11 Parent/ Teacher Conferences as scheduled The Center is CLOSED	12 The Center is CLOSED	13
14	15 <u>The Center</u> <u>is closed</u> President's Day	16	17	18	19 Please attend <u>Teacher</u> <u>Planning</u> Child care is open No Head Start - No CPP	20
21 28	22 29	23	24	25 Family Fun Night 5:30 to 7:00pm	26 Please attend <u>Teacher</u> <u>Planning</u> Child care is open No Head Start - No CPP	27



## March 2016



### **Preschool Enrollment**

### **Reminder:**

Open enrollment for the 2016-2017 program year begins on March 1, 2016. Please stop by Room 9 for an application, or contact Mary at 486-6928 or Jenny at 486-6925 for Spanish.

All applications must be completed and received by the May 26, 2016 deadline to be considered for the upcoming 2016-2017 school year. Selection for the 2016-2017 school year preschool slots will take place on June 6, 2016.

Applications are accepted throughout the year. Typically, The Center is fully enrolled at selection. To avoid being placed on the waitlist families are encouraged to complete the applications as soon as possible.

### Head Start for 2nd Year Returning Children:

Your child is automatically eligible for the second year of Head Start, **but families must complete an application to re-enroll**.

If you have other children ages 3 to 5 or know of anyone that is interested in the program we are always looking for referrals.

Sunday	Monday	Tuesday	Wacky Bus- Wednesday	Thursday	Friday	Şaturday
		1 <u>Enrollment</u> <u>Begins</u> for 2016-2017 PK Applications in Room 9	2	3	4 Please attend Teacher Planning Child care is open No Head Start - No CPP	5
6	7	8	9 Policy Council 5:00—7:00 pm Meeting	10	11 Please attend <u>Teacher</u> <u>Planning</u> Child care is open No Head Start - No CPP	12
13	14	15	16	17 Class Picture Day	18 Please attend <u>Teacher</u> <u>Planning</u> Child care is open No Head Start -	19
20	21	22	23	24 Family Fun Night 5:30 to 7:00pm @ Lake Co Public Library	25 The Center is closed No Head Start - No CPP—No Child care	26
27 <sup>©</sup> @	28 The Ce	29 Anter is clo	30 Sed startin	31 a Monday	March 28	for one
A a	<u>- me Ce</u> K <sup>@</sup>		week for S			

### Field Trips

Our program recognizes that walking and bused field trips can provide an effective and worthwhile means of learning. The district has specific guidelines to screen and approve trips and ensure safety of all participants. Teacher-student ratio is maintained at all times.



### **The Power of Outdoor Play**

- Studies show that fresh air can reduce the spread of colds and germs.
- The USDA recommends children move at least 60 minutes on most days, and 30 minutes for adults.
- Fall and winter play presents wonderful opportunities for children to observe and collect leaves and pinecones, make footprints and build things out of leaves and snow.
- At home, you can feed the birds by hanging apples, popcorn strings or pinecones rolled in peanut butter.
- Go for a nature walk, go sledding, or shovel and dig in the snow.
- Activity is the best gift you can give your child. Activity will help your child grow into an active adult.

# April 2016



Sunday	Monday	Tuesday	Wacky Bus- Wednesday	Thursday	Friday	Saturday		
The Center is closed for Spring Break								
3	4	5	6	7	8 Please attend <u>Teacher</u> <u>Planning</u> Child care is open No Head Start - No CPP	9		
10	11	12	13 Policy Council 5:00—7:00 pm Meeting	14	15 Please attend <u>Teacher</u> <u>Planning</u> Child care is open No Head Start - No CPP	16		
17	18	19	20	21	22 Please attend <u>Teacher</u> <u>Planning</u> Child care is open No Head Start - No CPP	23		
24	25	26	27	28 Family Fun Night 5:30 to 7:00pm Meeting and Activities	29 Please attend <u>Teacher</u> <u>Planning</u> Child care is open No Head Start - No CPP	30		

### Prepare Your Child For Kindergarten



Have you signed your child up for kindergarten? If he or she will be 5 years old by October 1 of this year, contact the West Park Elementary front office at 486-6890 for registration info.

There will be Transition Activities scheduled in May for you and your child to become familiar with the kindergarten program at West Park Elementary School. Please check The Center's newsletter and your child's cubby for the dates and times for these activities to ease your transition to public school.

Some things you can do to help your child get ready are:

- Visit the kindergarten rooms during transition events. Your child will feel more secure if he or she sees the classroom ahead of time.
- Show him or her where to get a drink, and where to put his or her coat and backpack.
- Visit the bathrooms.
- Use the materials given to you by the preschool and kindergarten teachers to keep your child's skills up during the summer.
- Be sure you know your rights and responsibilities. This material will be in your kindergarten handbook, available in the front office.

# May 2016



Sunday	Monday	Tuesday	Wacky Bus- Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6 Please attend <u>Teacher</u> <u>Planning</u> Child care is open No Head Start - No CPP	7
8	9	10	11 Policy Council 5:00—7:00 pm Meeting	12	13 Please attend <u>Teacher</u> <u>Planning</u> Child care is open No Head Start - No CPP	14
15	16	17	18	19 <u>Home Visits</u> <u>as scheduled</u> The Center is CLOSED	20 <u>Home Visits</u> <u>as scheduled</u> The Center is CLOSED	21
22	23	24	25	26 <u>Deadline</u> 2016-2017 PK Applications must be returned to Room 9	27 Please attend Teacher Planning Child care is open No Head Start - No CPP	28
29	30 <u>The Center</u> <u>is closed</u> Memorial Day	31		our Cubby Ergarten Ti		

### 10 Great Reasons to Participate in Your Child's Preschool Education

- 1. Studies show that children of involved parents do better in school and in life.
- 2. Our programs appreciate and depend on parent participation, and we track the number of hours of parent and community involvement.
- 3. Participating on a committee can help you meet new people and learn about the program.
- 4. We respect parents and realize that not everyone can volunteer in the classroom, so we offer a variety of ways you can participate.
- 5. Your voice is important and we want your input on providing quality services to meet the needs of families.
- 6. Family Fun Nights offer great activities for a night out for the whole family, four times a year.
- 7. Participation on the Policy Council gives you a chance to have input on program policies and budget.
- 8. "Practice Packs" will come home with your child, so you can work on his or her skills together. You can be involved in the comfort of your own home.
- 9. Many opportunities for parent education and training are available, which also count as parent involvement.
- 10. The kids are so proud for you to see their work, their classroom, and their teacher.

Check the Parent Participation section in this handbook for more information on ways to participate.

## June 2016



Şunday	Monday	Tuesday	Wacky Bus- Wednesday	Thursday	Friday	Şaturday
			1 Clean out cubbies	2 Last day of Preschool <u>Year-End</u> <u>Celebrations</u>	3 Teacher Work Day Child care is open No Head Start - No CPP	4
5	6 <u>Selection</u> For 2016- 2017 PK School Year	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

### BE YOUR CHILD'S BIGGEST FAN



Children are looking for your approval at all times. They want to feel that they are wanted, needed, and accepted for who they are. As they begin to grow and learn about their passions, it will be important for you as their parent to do whatever you can to become your child's biggest fan.

What does it mean to be your child's biggest fan? This means that you know your child, their likes, and their dislikes. You know what they aspire to become and the heroes that they have. You are aware of why they do the things they do, and what gives them energy, and what discourages them. Think about fans of celebrities. They are aware of every single detail of that person's life and will do whatever they can to be that person's biggest proponent and ally.

As a parent, this is your job. You must take on this role with your child.

When you think about being a fan, the first thing in your mind may be sports, but encouragement can be transferred to anything, whether it is sports, band, drama, schoolwork, or helping around the house.

Ask yourself, "Am I my child's biggest fan? What else can I do to show them my support?"

This article was adapted from www.dadrevolution.com.

# July 2016



Sunday	Monday	Tuesday	Wacky Bus- Wednesday	Thursday	Friday	Şaturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						