

Parent's Rights

- To take part in major policy decisions affecting the preschool programs
- To help develop parent activities that will benefit me and my family
- To be welcome at all times
- To choose my own way to participate
- To be informed about my child's progress in school
- To be treated with respect and dignity
- To contribute my unique talents and abilities to enrich the program
- To be able to learn about the program including budget and employment opportunities
- To be informed about resources in the community which may benefit my family

Parent's Responsibilities

- To learn about the program and share that knowledge with others
- To accept preschool as an opportunity to improve my child's life
- To be sure my child arrives on time and attends regularly
- To comply with all program requirements which may include health and dental exams, immunizations and home visits
- To form a partnership with teachers to work together to benefit my child
- To provide my child with firm, loving and protective guidance
- To help evaluate the program

August 2018



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

			1	2	3	4
5	6	7	8	9 Open House & August Orientation 11:00-7:00	10 Open House & August Orientation 9:00-5:00	11
12	13	14	15 Home Visits Per Schedule 11:00-7:00	16 Home Visits Per Schedule 10:00-6:00	17 Home Visits Per Schedule 8:00-4:00	18
19	20	21	22 First Day of School !! 	23	24 Camp Friday & Teacher Planning	25
26	27	28	29	30	31 Camp Friday & Teacher Planning	

Welcome to The Center Early Childhood Programs ~ Lake County School District

- The Center is open from 7:30 am to 5:30pm, Monday through Friday and we accept children ages 3-5.
- Head Start is in session 9:00am to 2:30pm, Monday through Thursday
- Colorado Preschool Program (CPP) operates Monday through Thursday from 9:00am-12:00pm.
- Tuition-based preschool is available on a prepaid monthly basis. Payment is due by the 15th of each month.

September 2018



Meet the Food Friends!



These wonderful friends are all about being healthy and having fun. They love to teach kids about new foods and how to move their bodies to help them grow up healthy and happy.

By trying new foods, they gain superpowers that make them healthy and strong.

Food Friends can help your child become more confident in trying new foods and being less picky about eating. Ask your child about Marty Milk and Bella Bean and listen to what they say.

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

						1
2	3 No School The Center is CLOSED Labor Day	4	5	6	7 Camp Friday & Teacher Planning	8
9	10	11	12	13	14 Camp Friday & Teacher Planning	15
16	17 Food Friends Begin!!!	18	19	20 <i>Picture Day!!</i> 	21 The Center is CLOSED Professional Development	22
23	24	25	26	27 Family Fun Night!! 5:30-7:00 Health & Nutrition	28 Camp Friday & Teacher Planning	29

Attendance

One way to be sure that your child is getting the most from preschool is through regular attendance. Each day's learning builds upon the day before, and when children are absent, they miss some of that learning.

Children feel most secure with a regular routine, when they know what will happen next, and preschool will provide a very predictable schedule for your child.

Of course, children get sick and families must occasionally go out of town, so please call **486-6925** if your child must be absent. This is a 24-hour voicemail number so please leave a message with the dates and reason for absence, if you do not reach a staff member in person.



Home Visits

Teachers will be contacting you to schedule your first home visit this month; the second visit will be in April.

The purposes of home visits are:

- To build a friendship and partnership between the parents and teachers
- To give you information on your child's progress
- To update your goals for your child's education
- To get your input for program improvement

Your child's teachers will make every effort to schedule the visit at a time that works for you.

Your child will love welcoming his or her teachers to your home, and it helps children feel more comfortable in preschool when they know their parents and teachers are friends.

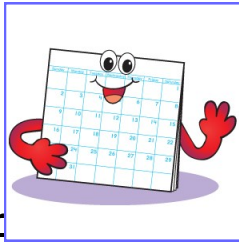
Please remember that the teachers are required to complete a home visit with every family. You can help by working with them to schedule yours.

October 2018



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

	1	2	3	4	5 Camp Friday & Teacher Planning	6
7	8	9	10	11	12 Camp Friday & Teacher Planning	13
14	15	16 Parent / Teacher Conferences 3:00-8:00 The Center CLOSES at 4:00	17	18 Parent / Teacher Conferences 3:00-8:00 The Center CLOSES at 4:00	19 No School The Center is CLOSED	20
21	22 The Center is CLOSED Professional Development	23	24	25 Picture Retake Day!! 	26 Camp Friday & Teacher Planning	27
28	29	30	31 Classroom Celebrations 11:00-11:45			



Why are you here?

- You are your child's most important and influential teacher. Teachers may have an extended planning day on Friday. This is a great time to schedule an appointment if you have any questions.
- There is no regular Head Start or Colorado Preschool Program on Fridays.
- Please check with the Child Care Director for more information if you would like for your child to attend on Fridays.
- There are no buses on Fridays.



Ski Program

Please note that the Ski Program is for children who are going to Kindergarten next year **and is designed for children who have never skied before.**

Selection is done by lottery draw from all interested applicants. See the flyer in your child's cubby for more information.

November 2018



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

				1	2 Camp Friday & Teacher Planning	3
4	5	6	7	8	9 Camp Friday & Teacher Planning	10
11	12	13	14	15 Thanksgiving Lunch!!!	16 The Center is CLOSED Professional Development	17
18	 FALL BREAK November 19-23 					24
25	26	27	28	29	30 Camp Friday & Teacher Planning	



Transportation Tips

Buses are available for children with special needs or those enrolled in Head Start who live within our transportation area. These two programs provide funding for transporting children, and our other programs do not.

If your child rides the bus, and you need to make a change in his or her pick up or drop off, please call **486-6925 ONLY**. We listen to the messages on this line right before the buses leave, so please do not leave a message on any other telephone line. If you want to confirm that your message was received, just request that we call you and leave a number where you can be reached, and we will call you back.

Please teach your child these bus rules:

- * Stay seated with seat belt buckled
- * Obey the bus driver
- * Never throw objects
- * Talk quietly
- * Walk (don't run) when getting on and off the bus
- * Keep hands to yourself
- * No food or glass containers on bus



In addition to bus safety, your child will learn about Pedestrian Safety as they participate in walking field trips with their class throughout the year.

We are also pleased to provide car-seat safety information to help you keep your children safe all the time.

December 2018



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

						1
2	3	4	5	6 Family Fun Night Winter Festival 5:30-7:00	7 The Center is CLOSED Professional Development	8
9	10	11	12	13 Food Friends Tasting Party!	14 Camp Friday & Teacher Planning	15
16	17	18	19	20 Trail 100 & Classroom Celebrations!	21 Camp Friday & Teacher Planning	22
23 	WINTER BREAK December 24-January 4 					29
30						

Come Check out Room 9

Family Resource Office has lots of fun activities and items families can check out and take home to use!!

*Parenting Books

*Informative DVD's and CD's

*Games

*Magnetic Tiles

*Strider Bikes

*Snowshoes

*Huge sledding tube

*Winter Sled

Please stop by anytime the door is always open!!!



Winter Clothing

Please check each day to be sure your child has the winter clothing needed to enjoy his or her time outside. The teachers take the children out each day that the temperature is above 10 degrees.

Necessary items include a warm winter coat, a hat, waterproof mittens or gloves, snow pants, and snow boots. Be sure your child's name is on them.



January 2019



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

	<div>  <div> WINTER BREAK January 1-7 Back to school January 8, 2019 </div>  </div>					5
6	7 The Center is CLOSED Teacher Work Day	8 Back to School after Winter Break	9	10	11 Camp Friday & Teacher Planning	12
13	14 Ski Program Boot Fitting Session 1 (Tentative)	15 Ski Program Skiing Session 1 (Tentative)	16 Ski Program Skiing Session 1 (Tentative)	17 Ski Program Skiing Session 1 (Tentative)	18 The Center is CLOSED Professional Development	19
20	21 M.L.K. Jr. Day The Center is CLOSED	22 Ski Program Skiing Session 1 (Tentative)	23 Ski Program Skiing Session 1 (Tentative)	24 Ski Program Skiing Session 1 (Tentative)	25 Camp Friday & Teacher Planning	26
27	28 Ski Program Boot Fitting Session 2 (Tentative)	29 Ski Program Skiing Session 2 (Tentative)	30 Ski Program Skiing Session 2 (Tentative)	31 Ski Program Skiing Session 2 (Tentative)		



February 2019



The Center holds two conferences each year. The first one is held in August as part of our Open House, and the second one is this month!

At this time you will be able to talk with the teachers about your child's progress. All parents should attend, so if you are working please arrange to meet with the teachers when you are available.

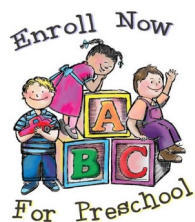
To prepare for your conference:

- Tell your child there is nothing to worry about. Ask if there is anything he or she would like you to talk about with the teachers
- Make a few notes about your child's personality, habits and any concerns you may have
- Here are some questions you may wish to ask:
 - How is my child doing?
 - What can I do at home to help?
 - Does my child behave in class?
 - Does my child have friends?
 - Are there any problems?
 - Does my child need extra help?
 - Where can we get this help?

Most of all, take this chance to make friends with the teachers and celebrate your child's learning!

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

					1 Camp Friday & Teacher Planning	2
3	4	5 Ski Program Skiing Session 2 (Tentative)	6 Ski Program Skiing Session 2 (Tentative)	7 Ski Program Skiing Session 2 (Tentative)	8 Camp Friday & Teacher Planning	9
10	11	12	13 Classroom Celebrations 11:00-11:45	14 The Center is CLOSED Professional Development	15 Home Visits Per Schedule 8:00-4:00	16
17	18 The Center is CLOSED President's Day	19 Home Visits Per Schedule 10:00-6:00	20	21	22 Camp Friday & Teacher Planning	23
24	25 Mail Month Begins	26	27	28 Family Fun Night 5:30-7:00		



Preschool Enrollment Reminder:

Open enrollment for the 2019-2020 program year begins on March 1, 2019. Please stop by The Family Resource Office for an application, or contact Lisa at 486-6928 or Jenny at 486-6925 for Spanish.

All applications must be completed and received by the May 24, 2019 deadline to be considered for the upcoming 2019-2020 school year. Selection for the 2019-2020 school year preschool slots will take place on June 7, 2019.

Applications are accepted throughout the year. Typically, The Center is fully enrolled at selection. To avoid being placed on the waitlist families are encouraged to complete the applications as soon as possible.

Head Start for 2nd Year Returning Children:



Your child is automatically eligible for the second year of Head Start, **but families must complete an application to re-enroll, and bring in new Income Verification.**

If you have other children ages 3 to 5 or know of anyone that is interested in the program we are always looking for referrals.

March 2019



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

					1 Open Enrollment Begins for 2019-2020 Camp Friday & Teacher Planning	2
3	4	5	6	7	8 Camp Friday & Teacher Planning	9
10	11	12	13	14	15 The Center is CLOSED Professional Development	16
17	 SPRING BREAK March 18-22 					23
24	25	26 Post Office Field Trip Per Classroom Schedule	27 Post Office Field Trip Per Classroom Schedule	28 Family Fun Night 5:30-7:00 Post Office Field Trip Per Classroom Schedule	29 Camp Friday & Teacher Planning	30

Field Trips

Our program recognizes that walking and bused field trips can provide an effective and worthwhile means of learning. The district has specific guidelines to screen and approve trips and ensure safety of all participants. Teacher-student ratio is maintained at all times.



The Power of Play

- Studies show that fresh air can reduce the spread of colds and germs.
- The USDA recommends children move at least 60 minutes on most days, and 30 minutes for adults.
- Fall and winter play presents wonderful opportunities for children to observe and collect leaves and pinecones, make footprints and build things out of leaves and snow.
- At home, you can feed the birds by hanging apples, popcorn strings or pinecones rolled in peanut butter.
- Go for a nature walk, go sledding, or shovel and dig in the snow.
- Activity is the best gift you can give your child. Activity will help your child grow into an active adult.

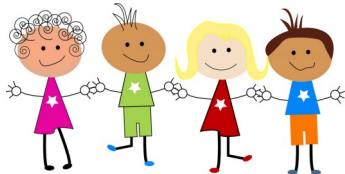
April 2019



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

	1	2	3	4	5 Camp Friday & Teacher Planning	6
7	8	9	10	11 Parent / Teacher Conferences Per Schedule 3:00-8:00	12 Parent / Teacher Conferences Per Schedule 8:00-12:00 CENTER CLOSED	13
14	15	16	17	18	19 The Center is CLOSED Good Friday	20
21	22 The Center is CLOSED No School	23 The Center is CLOSED Professional Development	24	25 Family Fun Night 5:30—7:00	26 Camp Friday & Teacher Planning	27
28	29	30				

Prepare Your Child For Kindergarten



Have you

signed your child up for kindergarten? If he or she will be 5 years old by October 1 of this year, contact the West Park Elementary front office at 486-6890 for registration info.

There will be Transition Activities scheduled in May for you and your child to become familiar with the kindergarten program at West Park Elementary School. Please check The Center's newsletter and your child's cubby for the dates and times for these activities to ease your transition to public school.

Some things you can do to help your child get ready are:

- Visit the kindergarten rooms during transition events. Your child will feel more secure if he or she sees the classroom ahead of time.
- Show him or her where to get a drink, and where to put his or her coat and backpack.
- Visit the bathrooms.
- Use the materials given to you by the preschool and kindergarten teachers to keep your child's skills up during the summer.
- Be sure you know your rights and responsibilities. This material will be in your kindergarten handbook, available in the front office.

May 2019



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

			1	2 Family Fun Night 6:00-7:00 Kindergarten Ready Children	3 Camp Friday & Teacher Planning	4
5	6 Kindergarten Ready Children Visit West Park	7 Kindergarten Ready Children eat lunch in the cafeteria. Per Class Schedule	8 Kindergarten Ready Children eat lunch in the cafeteria. Per Class Schedule	9	10 Camp Friday & Teacher Planning	11
12	13	14 <u>Park Day!!</u> Per Classroom Schedule!!	15 <u>Park Day!!</u> Per Classroom Schedule!!	16 <u>Park Day!!</u> Per Classroom Schedule!!	17 Camp Friday & Teacher Planning	18
19	20	21	22	23 Last Day of Preschool & Classroom Cele- brations	24 Camp Friday Last Day of School for other Grades.	25
26	27	28 Teacher Check Out Day!	29 DIALS Screening for new Applicants for 2019-2020	30 DIALS Screening for new Appli- cants for 2019- 2020	31 DIALS Screening for new Applicants for 2019-2020	

**10 Great Reasons to
Participate in Your Child's
Preschool Education**

1. Studies show that children of involved parents do better in school and in life.
2. Our programs appreciate and depend on parent participation, and we track the number of hours of parent and community involvement.
3. Participating on a committee can help you meet new people and learn about the program.
4. We respect parents and realize that not everyone can volunteer in the classroom, so we offer a variety of ways you can participate.
5. Your voice is important and we want your input on providing quality services to meet the needs of families.
6. Family Fun Nights offer great activities for a night out for the whole family, four times a year.
7. Participation on the Policy Council gives you a chance to have input on program policies and budget.
8. "Practice Packs" will come home with your child, so you can work on his or her skills together. You can be involved in the comfort of your own home.
9. Many opportunities for parent education and training are available, which also count as parent involvement.
10. The kids are so proud for you to see their work, their classroom, and their teacher.

Check the Parent Participation section in this handbook for more information on ways to participate.

June 2019



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

BE YOUR CHILD'S BIGGEST FAN



Children are looking for your approval at all times. They want to feel that they are wanted, needed, and accepted for who they are. As they begin to grow and learn about their passions, it will be important for you as their parent to do whatever you can to become your child's biggest fan.

What does it mean to be your child's biggest fan? This means that you know your child, their likes, and their dislikes. You know what they aspire to become and the heroes that they have. You are aware of why they do the things they do, and what gives them energy, and what discourages them. Think about fans of celebrities. They are aware of every single detail of that person's life and will do whatever they can to be that person's biggest proponent and ally.

As a parent, this is your job. You must take on this role with your child.

When you think about being a fan, the first thing in your mind may be sports, but encouragement can be transferred to anything, whether it is sports, band, drama, schoolwork, or helping around the house.

Ask yourself, "Am I my child's biggest fan? What else can I do to show them my support?"

This article was adapted from www.dadrevolution.com.

July 2019



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			