



The Center



Volume: 7

Issue: 7

Early Childhood Programs of Lake County School District

Our mission is to serve and respect children and families by providing research-based early childhood services that promote the development of knowledge, life skills, and self-esteem

School Readiness is defined through the Office of Head Start as supporting children with possessing the skills, knowledge, and attitudes necessary for success in school and for later learning and life. The Center has developed a set of School Readiness goals to help us identify the key skills in each of the domains of learning and development that we focus on while children are in our program to help foster school readiness as they prepare to move beyond our walls and onto kindergarten. Our current school readiness goals are as follows:

Social and Emotional Development: All children will have a better understanding of, and will demonstrate, **positive social interactions with others**, as well as developing **self-regulation skills** and increasing **self-awareness** and **self-efficacy**. All children will show an increased awareness of their own **emotional** and **behavioral health** needs.

Physical Development: All children will improve **gross** and **fine motor skills**. All children shall have an opportunity to increase knowledge of **physical** and **health practices**.

Approaches to Learning: All children will show an increase in their **initiative** and **curiosity** toward learning, they will improve their **attentiveness** and **persistence** when completing tasks, and will make gains in **cooperation** and **positive interactions with peers**.

Logic and Reasoning: All children will show an increased ability to recognize, understand, and analyze situations, to remember and **retell information**, to **seek solutions to problems** to use symbols and objects to represent other things and to be aware of their own thought processes.

Language Development: All children will improve their **expressive** and receptive language skills in addition to demonstrating competency in their home language; English Language Learners will increase engagement and increase understanding in English literacy activities.

Literacy: All children will gain knowledge of literacy through a **love of books**, **letter and sound recognition**, **emergent writing skills**, and **environmental print** in their home language.

Math: All children will show an increased knowledge and understanding (in their home language) of how **numbers**, **shapes**, and **patterns** are useful problem solving tools for everyday life activities.

Social Studies: Children will have a better understanding of themselves through an increased sense of, and knowledge about, their community, the natural environment and local history, while supporting their cultural backgrounds.

Arts: All children will have increased experiences of expressing their own ideas through creating sounds with voice and instruments, creating objects using a variety of media and materials, portraying events, characters, and stories through symbolic play, and being aware of how their bodies move.

Science: Children will increase their understanding of the scientific process through asking questions, making predictions, explanations, and drawing conclusions as related to their natural and physical world.

You will notice some key words in bold in the above goals. These key words relate back to specific skills in each area that we focus on during our work here at preschool. Each goal is also worded "all children will," this language is intentional to reflect that work with each child on an individual level to continue to grow and progress in each of these identified areas. We utilize our Teaching Strategies Gold assessment data to determine progress with these school readiness goals by looking at specific objectives. Teachers also use this data to plan and support each individual child.

This spring we will be taking a look at our school readiness goals to for revisions, additions, and any necessary changes. Parent input on this important topic is key! Please let Tanya or Kelly know if you would like to participate in this process by calling 486-6920. Together we can ensure our school readiness goals help get our preschoolers ready for kindergarten and beyond!

March 2019 Events

March 1-2019-2020 Preschool Open Enrollment Starts

March 5-Spring and Classroom Pictures

March 15-The Center is Closed for Professional Development

March 18-22-Spring Break, The Center is Closed

March 26 & 27-Post Office Field Trips, per classroom schedule.

March 27-Family Fun Night at Colorado Mountain College



Parents' Voices

It is important for us to hear from you. We welcome your input to operate a program that meets the needs of the families we serve. To reach:

Tanya Lenhard 486-6920
Director of Early Childhood Programs

Policy Council 486-6888
extension 2190

EARLY HEAD START UPDATES

Submitted by: Anne Sifuentes-Home Based Early Head Start Visitor

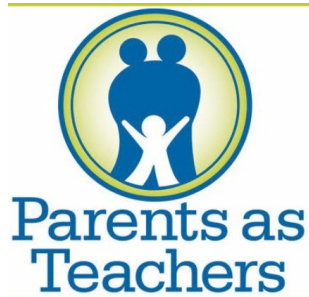


NOW ACCEPTING APPLICATIONS!!!

Early Head Start is a home visiting program designed to support you as your child's first and most important teacher. You are eligible to apply if you are pregnant or have children up to three years old.

Pick up an application at The Center or call 719-486-6928 for more information

Early Head Start Home Based Program Services are in action. Families are officially enrolled in this new program that supports home based services for families with children under the age of three. After several months of planning, we are now providing services. The Center is still accepting applications for this program. Call Lisa at 719-486-6928 for more information today!



Parents as Teachers builds strong communities, thriving families and children that are healthy, safe and ready to learn by matching parents and caregivers with trained professionals who make regular personal home visits during a child's earliest years in life, from prenatal through kindergarten.

The internationally-recognized evidence-based home visiting model is backed by 35 years of research-proven outcomes for children and families. Parents as Teachers currently serves nearly 200,000 families in all 50 U.S. states, 115 Tribal organizations, six other countries, and one U.S. territory.

TRANSPORTATION UPDATES

Submitted by: Jenny Mascarenaz-Transportation Manager

Know Your Car Seat's History



Buy a used car seat only if you know its full crash history. That means you must buy it from someone you know, not from a thrift store or over the internet. Once a car seat has been in a crash, it needs to be replaced.

If you need a car seat for your child, please stop by Room 9 and see Jenny. We have connections to some resources that can provide car seats to families who need them.

The Center
Happy Birthday Dr. Seuss Week
March 4—8



Monday-March 4th Hat Day

Tuesday-March 5th Dress to Impress Day

Wednesday-March 6th Sports Day

Thursday-March 7th Pajama Day

Friday-March 8th Purple and Gold Day

For Attendance and The Bus please call 486-6925 and leave a message.

This line is checked right before the bus goes out each day, and attendance is recorded from the messages. Other lines may be checked only once each day.

If your child is sick and has a fever, keep him/her at home to prevent the spread of illness to others. Public Health and the School District advise parents to keep children home for 24 hours after the child is free from fever without fever reducing medications.

EDUCATION NEWS

Submitted by: Kelly Horning-Education Director



Buildings Study

Children are naturally curious about the buildings in their neighborhood. Following their curiosity we decided to investigate buildings next. To get the study started we are gathering all sorts of pictures of buildings. We could really use your help! We welcome pictures from newspapers, magazines, postcards, and photos of your own home! Here is a list of suggestions for different types of buildings found around the world:

Houses	yurts	concert halls
Apartments	post offices	museums
Sheds	supermarkets	gas stations



POST OFFICE VISITS & MAIL MONTH



Parents,
Please address your child's letters / mail:

The Center
Attention: (your child's name and room #)
315 West 6th Street
Leadville, CO 80461

Please remember that you may also drop letters / mail off to our mailbox located by Room 9 at the bottom of the ramp. If your child rides the bus you may give mail to the bus monitors at your child's pickup and the bus monitors will place it in The Center's mailbox. Just a reminder, we ask that packages and letters do not include food or candy.

Post Office Field Trips

Tuesday March 26

Room 2: 10:15
Room 7: 11:00

Wednesday March 27

Room 3: 10:15
Room 6: 11:00

Thursday March 28

Room 5: 10:15
Room 4: 11:00

HEALTH INFORMATION

Submitted by: Lizz Holm-Health Manager

Fun Recipes for Spring Break

Spring Break is coming and there is no better time to have some fun in the kitchen with your kids! The following are some recipes for you to try out! These are just some ideas; you can always have a Pizza Night or a Baked Potato Bar. Have fun and cook with your kid! These recipes are from www.allrecipes.com.

Apple Ladybug Treats:

- 2 Red Apples
- ¼ cup Raisins
- 1 TBSP Sunflower Butter
- 8 thin pretzel sticks



Slice the apple in half and put on a plate flat side down. Dab the Sunflower Butter on to the back of the “lady bug” and stick the raisins on for the spots. Use the pretzel sticks to make the antennae.

Fruit Stacked English Muffins:

- 2 English Muffins, split
- 1 (8 oz.) container pineapple yogurt
- ¾ cup sliced strawberries (or other berries)
- ¾ cup drained crushed pineapple



Lightly toast the English muffin in a toaster. Spread each half with the yogurt and top with the berries and pineapple.

Awesome Broccoli Marinara:

- 2 TBSP olive oil
- 1 can diced tomatoes
- 2 cloves garlic
- 1-pound broccoli florets
- Salt and pepper to taste



Heat olive oil in a large skillet over medium heat. Add garlic and cook for a few minutes, stirring constantly. Pour in the tomatoes with their juices and simmer. Place the broccoli on top of the tomatoes and season with the salt and pepper. Cover and simmer for 10 minutes over low heat or until the broccoli is tender.

Lake County Community Health Resources

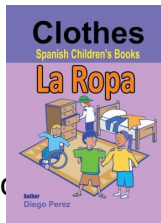
Rocky Mountain Family Practice www.leadvillemfp.com/ 735 Highway 24 South 486-0500	Leadville Medical Clinic www.svghd.org/svh-leadville-medical-clinic 825 West 6th St. 486-1264	School Based Health Center Provides students, families, and staff with convenient access to basic medical, behavioral, and oral health services. Lake County High School 486-6981
Solvista Mental Health www.solvistahealth.org/locations/leadville/ 714 Front Street 486-0985	Lake County Department of Public Health www.lakecountycolorado.com/health/ 112 West 5th Street 486-2413	Leadville Dental Center www.leadvilledental.com/ 733 US Hwy 24 South 486-2060

FAMILY AND COMMUNITY

Submitted by: Lisa Roeder-Family and Community Partnership Manager

Come see all the new stuff in the Family Resource Office!!!

The 2018-2019 Policy Council has purchased some new family friendly items you can check out and borrow. There are:



Books in Spanish
Potty Training Materials & Books
Board Games



Please Join Us for:
Family Fun Night

Let's Get Physical

Let's Get Physical

When: Wednesday March 27, 2019

Where: Colorado Mountain College Gym

Time: 5:30-7:00 P.M.



Graciously created by the
Ridgway Crew
of
West Park Elementary.
Take what you need.
Share what you can.
December 2016



PLEASE CHECK OUT

"The Little Free Pantry"

This cute little pantry has been donated by Ms. Ridgway's

Kindergarten Class at West Park.

If you are in need of a few items please feel free to take them!!!!




FAMILY SPOTLIGHT

**Thank You
Ms. Kelly and Get Outdoors Leadville for a fun
Celebration!!!**



MARCH MENU

If you would like to give your suggestions for the preschool menu, please contact the Health Manager.

Monday	Tuesday	Wednesday	Thursday	Friday-1
				Cereal & Fruit _____ Spaghetti and meat sauce, veggies, & Fruit _____ Muffin & Fruit
Monday-4	Tuesday-5	Wednesday-6	Thursday-7	Friday-8
Cereal & Fruit _____ Breaded chicken sandwich, Potato Puffs, Fruit, & Veggies _____ Crackers, Veggies with Ranch	Muffin, Cheese Stick & Fruit _____ Chili Con Carne with Beans, Cornbread, Veggies, & Fruit _____ Cottage Cheese & Pineapple Chunks	Breakfast Burrito & Fruit _____ Ham & Cheese Sandwich, Sun Chips, Fruit, & Veggies _____ Graham Crackers & Fruit	French Toast Sticks & Fruit _____ Breadsticks, Spaghetti Sauce, Green Beans & Fruit _____ Hard Boiled Egg, Crackers, & Fruit	Cereal & Fruit _____ Nacho's with Beef, Whole Grain Cinnamon Roll, Corn & Fruit _____ Muffin & Fruit
Monday-11	Tuesday-12	Wednesday-13	Thursday-14	Friday-15
Cereal & Fruit _____ Breakfast for Lunch, Fruit Salad _____ Crackers, Veggies with Ranch	Banana Bread Squares & Fruit _____ Grilled Cheese Sandwich, Tomato Soup, Veggies and Fruit _____ Cheese Sticks and Crackers	Ham & Cheese Muffin with Fruit _____ Turkey Gravy, Potatoes, Whole Wheat Rolls, and Fruit _____ Banana Bread Squares & Fruit	Whole Grain Bagel with Cream Cheese & Fruit _____ Hot Dog on a bun, Baked beans, Salad, & Fruit _____ Pretzel with Sun Butter & Fruit	No School!
Monday-18	Tuesday-19	Wednesday-20	Thursday-21	Friday-22
		Spring Break No School!!		
Monday-25	Tuesday-26	Wednesday-27	Thursday-28	Friday-29
Cereal, Gold Fish & Fruit _____ Bean and Beef Burrito, Corn & Fruit _____ Crackers, Veggies with Ranch	Muffin & Fruit _____ Corn Dog, Yogurt, Veggies & Fruit Salad _____ Cheese Sticks and Crackers	Breakfast Burrito & Fruit _____ Nacho's with Beef, Whole Grain Cinnamon Roll, Corn & Fruit _____ Graham Crackers & Fruit Salad	French Toast Sticks & Fruit _____ Cheese Pizza, Veggies & Fruit Salad _____ Hard Boiled Egg & Animal Crackers	Cereal & Fruit _____ Cheeseburger on a Bun, French Fries, & Fruit _____ Veggies with Ranch Dressing

Breakfast is served at 9:30 with fat free milk

Lunch is served at 12:00 with fat free milk

Snack is served at 3:30 with water

**Menus are subject to
change**

The Center participates in the USDA funded program and is an equal opportunity provider and employer

POLICY COUNCIL

The Center Early Childhood Programs – Policy Council Minutes – Meeting Date – February 4, 2019

Attending: Chelsa Parsons, Anahise Shoukas, Beverly Lauchner, Marika Guthrie, Maria Perez, Viviana Cano, Sarah Hart, and Casey McGovern

Not Attending: Christina Wood

Roll Call: Beverly called roll and determined that a quorum was present.

Approval of Agenda: Marika made a motion to approve the agenda, and Casey seconded. All were in favor and no one was opposed.

Approval of Meeting Minutes: from January 7, 2019 Regular Meeting. Marika made the motion to accept the Minutes, and Casey seconded. All were in favor with no one opposed.

Training: Lizz Holm, Health Manager for The Center did training on our dental numbers that have been updated. Lizz also updated the council on the recommendation and information from Lake County Public Health for blood testing. Mary Jelf, The Center's Business Manager showed and explained to the council the Community Assessment, and why we have one and use it towards our five year grant cycle. Mary also presented the council with the 2018-2019 Annual Report, and explained it was on the district website to be reviewed.

New Business: The Council reviewed The Center's H.R. Policy. It was presented to the Council red lined with changes and additions. The Council had opportunities to ask questions. Casey made a motion to accept the H.R. Policy. Marika seconded. All were in favor with no one opposed. The council was also able to review staff qualifications and the orientation process implemented for new staff. There were two staff approvals for this evening. Both positions are for Substitute Teaching positions. The first applicant is Caitlyn Ayers. She recently graduated, and wants to possibly pursue a career in Early Childhood Education. She has been a babysitter for several years, and loves children. Sarah Hart is the second applicant. Sarah is both a Head Start parent, and has served on our Policy Council. She really wants to work with the preschool and children. Sarah was asked to leave our meeting, so that we could vote. Beverly made sure there still was a quorum, and Casey made a motion to approve both Caitlyn and Sarah for Substitute Teaching positions. Marika seconded, and all were in favor with no one opposed.

Treasures Report: Mary Jelf, The Center's Business Manager brought the 2018 – 2019 Report with the balance being zero. She also presented the new 2019-2020 report with the balance being 1,500.00. She explained this budget to the council and ways that they can use these funds.

Unfinished Business: There was no unfinished business.

Committee Reports: Lisa reported on behalf of Ellie about the calendar committee and the work they have been doing to get ready for the 2019-2020 school year. The calendar that is chosen will be for three years as this is the time frame they use. Parents and staff have opportunities at community events to hear about calendar options. Ellie also wanted the council to know about the BEST grant, and the work that is happening with the Prek-2nd grade school. Lisa then updated the council about Family Fun Night events and planning for them.

Announcements:

February 11-Home Visits 4:00 to 7:00, regular preschool day. February 12-Home Visits 4:00 to 7:00, regular preschool day. February 13-Classroom Celebrations 11:00 to 11:45. February 14-Home Visits, The Center is closed. February 15-The Center is closed for Teacher Comp day. February 18- The Center is closed for Presidents Day. February 19-The Center is closed for Home Visits. February 25-The Center's Mail Month Starts. March 4-Policy Council March Regular Meeting.

Adjournment: The meeting was adjourned at 6:47PM by Beverly.

Respectfully Submitted,

Anahise Shoukas –Substitute Policy Council Secretary

REMINDERS FROM THE CHILD CARE DIRECTOR

Submitted by: Marissa Martinez-Child Care Director

Dear Parents,

Tax statements are ready for 2018. Please stop by the front office at your convenience to pick it up.

Please remember when you sign your child in or out of school to put the time with your signature or printed name. Please let your authorized pick up list members know this as well.

HOW TO CONTACT THE CENTER

Please see your child's classroom calendar for your child's teachers email address and phone numbers.

Tanya Lenhard-Director of Early Childhood Programs
(719) 486-6921 tdlenhard@lakecountyschools.net

Marissa Martinez- Child Care Director
(719) 486-6920 mamartinez@lakecountyschools.net

Mary Jelf- Business Manager
(719) 486-6929 mjelf@lakecountyschools.net

Kelly Horning-Education Director
(719) 486-6927 khorning@lakecountyschools.net

Jenny Mascarenaz-Transportation Manager
(719) 486-6925 jmascarenaz@lakecountyschools.net

Lizz Holm- Health Manager
(719) 486-6923 lholm@lakecountyschools.net

Lisa Roeder - Family and Community Partnership Manager
(719) 486-6928 lroeder@lakecountyschools.net

Lauren Bissonnette- Early Childhood SPED & Child Find
(719) 486-4413 lbissonnette@lakecountyschools.net

Lindsay Rapke- Speech Pathologist
(719) 486-4403 lrapke@lakecountyschools.net

**If you need to call after
3:30 P.M.**

Please call us at 486-6920
***This is the only phone line that is
staffed after 3:30p.m.***



You may leave a message at this number and it will be checked. If you call other numbers, or leave messages at other extensions, your message may not be heard until the following morning.

PARENTS

If you need to reach your child's teacher, please look at your class calendar and information sheet!!!!

You may also call 486-6920 and the office will direct your call!!!!

**Lake County School District
The Center
315 West 6th St.
Leadville, Co 80461**