



# The Center



Volume: 8

Issue: 8

## Early Childhood Programs of Lake County School District

Our mission is to serve and respect children and families by providing research-based early childhood services that promote the development of knowledge, life skills, and self-esteem

### The Center

## Open Enrollment for the 2019-2020 School Year has begun!!!

Please stop by the Family Resource Office at The Center, or the Lake County School Districts website for an application.

### Required Documentation:

- Child's Birth Certificate
- Child's Immunization Record—Must be up-to-date on immunizations
- Health Insurance Card—Private Insurance, Medicaid, or CHP+
- If you wish to be considered for a Head Start preschool spot, you must include one of the following as evidence of eligibility:
  - \*1040 Tax Form from 2018 or W-2 forms from 2018 or
  - \*Check stubs representing one year of income
  - \*Statement from Employer for one year income or
  - \*Documentation of a TANF or SSI award or
  - \*Documentation of foster care status

**Please Remember if your child is planning to return to The Center for the 2019-2020 school year you MUST fill out and submit a new application!!!!**

### **April 2019 Events**

**April 1– Policy Council's Regular Meeting 5:00-7:00**

**April 11– Parent/Teacher Conferences 3:00-8:00 per schedule. The Center closes at 4:00 P.M.**

**April 12– Parent/Teacher Conferences 8:00-12:00 per schedule. The Center is Closed.**

**April 19– No School, The Center is Closed**

**April 22– No School, The Center is Closed**

**April 23– No School, The Center is Closed for Professional Development**

**April 25– Family Fun Night at The Center 5:30-7:00**



### **Parents' Voices**

It is important for us to hear from you. We welcome your input to operate a program that meets the needs of the families we serve. To reach:

**Tanya Lenhard** 486-6920  
Director of Early Childhood Programs

**Policy Council** 486-6888  
extension 2190

# EARLY HEAD START UPDATES

Submitted by: Anne Sifuentes-Home Based Early Head Start Visitor



**NOW ACCEPTING APPLICATIONS!!!**

Early Head Start is a home visiting program designed to support you as your child's first and most important teacher. You are eligible to apply if you are pregnant or have children up to three years old.

Pick up an application at The Center or call 719-486-6928 for more information

Early Head Start Home Based Program Services are in action. Families are officially enrolled in this new program that supports home based services for families with children under the age of three. After several months of planning, we are now providing services. The Center is still accepting applications for this program. Call Lisa at 719-486-6928 for more information today!

Ms. Anne our Bilingual Home Visitor is working with one of our Early Head Start Families.



# TRANSPORTATION UPDATES

Submitted by: Jenny Mascarenaz-Transportation Manager

## TEACH YOUR CHILD HOW TO GET ON THE BUS SAFELY

**Make sure he or she knows to:**

### WAIT FOR THE BUS TO STOP

Your child should never approach the bus until it comes to a complete stop

### WATCH THE BUS DRIVER

He or she will signal your child when it's OK to get on.

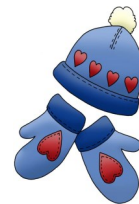
Tell your child to use the handrail to avoid tripping or falling.

**Go over these rules often with your child.**



## PLEASE REMEMBER

We still have a lot of snow on our playground.  
Please continue to bring your child's winter clothes.



For Attendance and The Bus please call 486-6925 and leave a message.

This line is checked right before the bus goes out each day, and attendance is recorded from the messages. Other lines may be checked only once each day.

If your child is sick and has a fever, keep him/her at home to prevent the spread of illness to others. Public Health and the School District advise parents to keep children home for 24 hours after the child is free from fever without fever reducing medications.

## Supporting writing at home in young children:

Learning to write can be a daunting task for both parents and your child. There is a lot of preparation that goes into getting ready to write long before we even introduce letters and numbers. Here are some tips and strategies to try at home with your child to encourage interest in writing and to help get your child's fine motor muscles ready to go!

Display children's writing in a special place. Hang your child's work on the refrigerator, a bedroom door, or a cork board; tape it to a bathroom mirror or tile. Or, scan the writing and send it to the grandparents. You will be telling your child that her writing is important and worthy of being shared.

Invite your child to dictate stories. While playing together, encourage your child to tell you a story about where the cars and trucks are going or who lives in the Lego house. Write down exactly what she says. Read it aloud afterward. Suggest that she draw some pictures to illustrate her story.

Create greeting cards for special occasions. Provide paper and crayons or markers so children can make cards and then "sign" their names when finished. Show them old cards with phrases like "Happy Birthday," "I Love You," and "Season's Greetings" to copy on their cards.

Create an "office" for your child. Gather different kinds of paper, envelopes, pencils and pens, crayons, stickers, and labels. Place them on a shelf near a desk or table or in a basket your child can carry to a comfortable place for writing. Add interesting and exciting items like address and date books, calendars, or an old computer keyboard.

Involve your child in writing while running errands. Offer a pad and pencil and suggest your child make a "reverse shopping list"—a list of things you've already bought. At the bank, give her a blank deposit slip while you fill out yours. These tasks let children write and keep them busy as they learn new skills!

Put writing materials in several places around the house. Provide pencils, crayons, or markers in coffee cans or baskets, along with a basket of small unlined pads, notebooks, or clipboards with paper. Place these collections in the bathroom, kitchen, or living room. Be sure to remind your child to write on the paper and nowhere else.

Take it outside! Let your child write or draw with chalk or old paintbrushes and water on sidewalks and fences. Fill a backpack with writing tools and paper to take in the car or while doing errands.

Label your child's items for school with their name. Let them practice writing their names too.

Practice writing letters and numbers in a sand or salt tray at home. Or roll play-dough into shapes using lines and curves to form letters.

Copy and draw lines, circles, X and + and shapes. These pre-writing activities will help to support your child to learn to write letters.

Limit the amount of time your child spends watching TV or on the computer or tablet to 20 minutes a day.

## Ready to Write



⇒ Play with play dough.



⇒ Use a rolling pin to roll Play dough.



⇒ Roll "snakes" with play dough using palms of hands.



⇒ Roll play dough into tiny balls using only the finger tips.



⇒ Use a spray bottle filled with water to spray plants indoors or outdoors.  
⇒ Add food coloring to water in a spray bottle and spray designs in snow.



⇒ Cut a length of yarn or twine and invite your child to string Cheerios or macaroni.



⇒ Tear Paper.



⇒ Pick up objects like cotton balls or pom-poms using spring-loaded clothespins.  
⇒ Transfer each object from a bowl to an egg carton or an ice cube tray to make it more interesting.



⇒ Cut junk mail, especially thick paper.  
⇒ Cut play dough with plastic scissors.  
⇒ Cut plastic, disposable straws or shredded paper.

# HEALTH INFORMATION

Submitted by: Lizz Holm-Health Manager

## School Menus

Every day at The Center, your child eats breakfast and lunch. These meals are nutritious and well balanced, eaten in the classrooms family style. All of our menus are made from guidelines using the Child and Adult Care Food Program (CACFP) through our school district food services. “CACFP provides aid to child and adult care institutions and family or group day care homes for the provision of nutritious foods that contribute to the wellness, healthy growth, and development of young children, and the health and wellness of older adults and chronically impaired disabled persons.” (<https://www.fns.usda.gov/cacfp/child-and-adult-care-food-program>) There are many requirements which go along with CACFP and our staff is trained in them every year.

Through these requirements, our food service team is able to make up the menu for us each month. I know that the menu is repetitive, but some of that is done on purpose. Purchasing the food items, staying in budget, and acknowledging all of the requirements for CACFP is quite the balancing act! Every week our cook and the head of food service have to manage and balance not only the food we feed the kids, but the amounts, the waste, and track every specific item we give the kids. In this process and trying to allow for trying new foods the kids would like to eat, making a repetitive menu is sometimes easier.

That being said, if you would like to have input or offer a suggestion for the menu, my door is always open. I will take recipes to our food service manager and she will decide if we are able to use it, or be able to tweak it in order to use it. Please let me know if you have any ideas or suggestions of foods your child likes at home and we may be able to use it here at The Center.

### Lake County Community Health Resources

<p><b>Rocky Mountain Family Practice</b>  <a href="http://www.leadvillemfp.com/">www.leadvillemfp.com/</a>                  735 Highway 24 South                  486-0500</p>	<p><b>Leadville Medical Clinic</b>  <a href="http://www.svghd.org/svh-leadville-medical-clinic">www.svghd.org/svh-leadville-medical-clinic</a>                  825 West 6th St.                  486-1264</p>	<p><b>School Based Health Center</b>                  Provides students, families, and staff with convenient access to basic medical, behavioral, and oral health services.                  Lake County High School                  486-6981</p>
<p><b>Solvista Mental Health</b>  <a href="http://www.solvistahealth.org/locations/leadville/">www.solvistahealth.org/locations/leadville/</a>                  714 Front Street                  486-0985</p>	<p><b>Lake County Department of Public Health</b>  <a href="http://www.lakecountyco.com/health/">www.lakecountyco.com/health/</a>                  112 West 5th Street                  486-2413</p>	<p><b>Leadville Dental Center</b>  <a href="http://www.leadvilledental.com/">www.leadvilledental.com/</a>                  733 US Hwy 24 South                  486-2060</p>

## FAMILY AND COMMUNITY

Submitted by: Lisa Roeder-Family and Community Partnership Manager

# Please Join Us for Family Fun Night **BIG TRUCK NIGHT**



When: WEDNESDAY April 24, 2019

Where: The Center

Time: 5:30-7:00



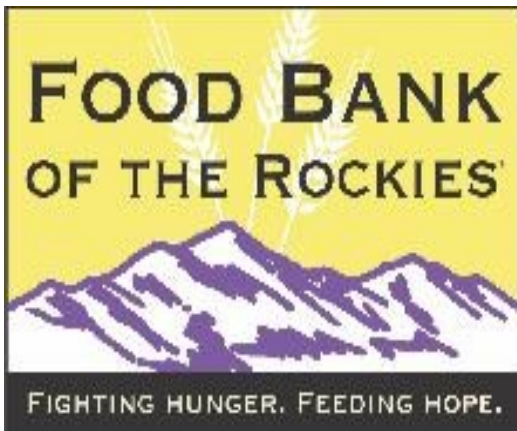
Please come see big trucks, emergency vehicles, tractors, and loaders. Meet lot's of important people, and have the opportunity to sit in all of these cool vehicles!!!



## CHP+ / MEDICAID

Application assistance available

719.486.6928



### *Food Bank of the Rockies*

will be distributing free food at St. George's church on the third Wednesday of each month.

There are no applications necessary.

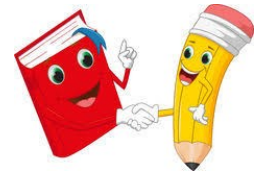
Just arrive at 8:00am to ensure a spot in line.

Bring boxes or bags to carry food home.

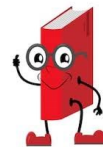
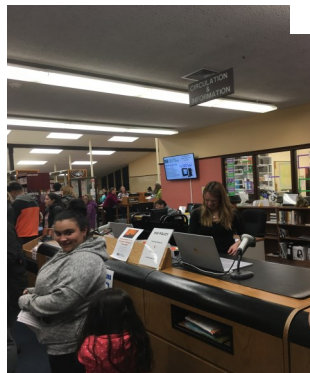
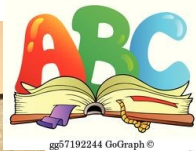
# FAMILY SPOTLIGHT



THANK YOU!!!  
Lake County Public Library



We had a fun Family Fun Night!!!!







# APRIL MENU



If you would like to give your suggestions for the preschool menu, please contact the Health Manager.

Monday-1	Tuesday-2	Wednesday-3	Thursday-4	Friday-5
<p>Cereal &amp; Fruit</p> <hr/> <p>Spaghetti with meat sauce, whole wheat roll, Salad &amp; Fruit</p> <hr/> <p>Crackers, Veggies with Ranch</p>	<p>Banana Bread Squares &amp; Fruit</p> <hr/> <p>Breaded Chicken Sandwich, Potato puffs, &amp; Fruit</p> <hr/> <p>Cheese Sticks and Crackers</p>	<p>Ham &amp; Cheese English Muffin &amp; Fruit</p> <hr/> <p>Ham &amp; Cheese Sandwich, Sun Chips, Fruit, &amp; Veggies</p> <hr/> <p>Banana Bread Square &amp; Fruit</p>	<p>Whole Grain Bagel with Cream Cheese, &amp; Fruit</p> <hr/> <p>Breadsticks, Spaghetti Sauce, Green Beans &amp; Fruit</p> <hr/> <p>Pretzel with Sun Butter &amp; Fruit Salad</p>	<p>Cereal &amp; Fruit</p> <hr/> <p>Nacho's with Beef, Whole Grain Cinnamon Roll, Corn &amp; Fruit</p> <hr/> <p>Muffin &amp; Fruit</p>
Monday-8	Tuesday-9	Wednesday-10	Thursday-11	Friday-12
<p>Cereal &amp; Fruit</p> <hr/> <p>Waffle Sticks, Scrambled Eggs with Cheese, Potato Puffs, &amp; Fruit</p> <hr/> <p>Crackers, Veggies with Ranch</p>	<p>Muffin, &amp; Fruit</p> <hr/> <p>Grilled Cheese Sandwich, Tomato Soup, Veggies and Fruit</p> <hr/> <p>Cottage Cheese &amp; Pineapple Chunks</p>	<p>Breakfast Burrito &amp; Fruit</p> <hr/> <p>Turkey Gravy, Potatoes, Whole Wheat Rolls, and Fruit</p> <hr/> <p>Graham Crackers &amp; Fruit</p>	<p>French Toast Sticks &amp; Fruit</p> <hr/> <p>Hot Dog on a bun, Baked beans, Salad, &amp; Fruit</p> <hr/> <p>Hard Boiled Egg, Crackers, &amp; Fruit</p>	<p>Cereal &amp; Fruit</p> <hr/> <p>Cheeseburger on a bun, French Fries, &amp; Fruit Salad</p> <hr/> <p>Muffin &amp; Fruit</p>
Monday-15	Tuesday-16	Wednesday-17	Thursday-18	Friday-19
<p>Cereal &amp; Fruit</p> <hr/> <p>Bean and Beef Burrito, Corn &amp; Fruit</p> <hr/> <p>Crackers, Veggies with Ranch</p>	<p>Banana Bread Squares &amp; Fruit</p> <hr/> <p>Corn Dog, Potato Wedges, &amp; Fruit Salad</p> <hr/> <p>Cheese Sticks and Crackers</p>	<p>Ham &amp; Cheese Muffin with Fruit</p> <hr/> <p>Nacho's with Beef, Whole Grain Cinnamon Roll, Corn &amp; Fruit</p> <hr/> <p>Banana Bread Squares &amp; Fruit</p>	<p>Whole Grain Bagel with Cream Cheese &amp; Fruit</p> <hr/> <p>Cheese Pizza, Veggies, &amp; Fruit Salad</p> <hr/> <p>Pretzel with Sun Butter &amp; Fruit</p>	<p>No School!</p> 
Monday-22	Tuesday-23	Wednesday-24	Thursday-25	Friday-26
<p>No School!</p>	<p>No School!</p>	<p>Breakfast Burrito &amp; Fruit</p> <hr/> <p>Breaded Chicken Sandwich, Potato puffs, &amp; Fruit</p> <hr/> <p>Graham Crackers &amp; Fruit Salad</p>	<p>French Toast Sticks &amp; Fruit</p> <hr/> <p>Chili Con Carne with Beans, Cornbread, Veggies, &amp; Fruit</p> <hr/> <p>Hard Boiled Egg &amp; Animal Crackers</p>	<p>Cereal &amp; Fruit</p> <hr/> <p>Ham &amp; Cheese Sandwich, Sun Chips, Fruit, &amp; Veggies</p> <hr/> <p>Muffin &amp; Fruit</p>
Monday-29	Tuesday-30			
<p>Cereal, Gold Fish &amp; Fruit</p> <hr/> <p>Waffle Sticks, Scrambled Eggs with Cheese, Potato Puffs, &amp; Fruit</p> <hr/> <p>Crackers, Veggies with Ranch</p>	<p>Banana Bread Squares &amp; Fruit</p> <hr/> <p>Grilled Cheese Sandwich, Tomato Soup, Veggies and Fruit</p> <hr/> <p>Cheese Sticks and Crackers</p>			

Breakfast is served at 9:30 with fat free milk  
 Lunch is served at 12:00 with fat free milk  
 Snack is served at 3:30 with water

**Menus are subject to change**

The Center participates in the USDA funded program and is an equal opportunity provider and employer

# POLICY COUNCIL

The Center Early Childhood Programs – Policy Council Minutes – Meeting Date – March 11, 2019

**Attending:** Christina Wood, Anahise Shoukas, Beverly Lauchner, Maria Perez, Viviana Cano, and Casey McGovern

**Not Attending:** Chelsa Parsons and Marika Guthrie

**Roll Call:** Beverly called roll and determined that a quorum was present.

**Approval of Agenda:** Casey made a motion to approve the agenda, and Maria seconded. All were in favor and no one was opposed.

**Approval of Meeting Minutes:** from February 4, 2019 Regular Meeting. Casey made the motion to accept the Minutes, and Maria seconded. All were in favor with no one opposed.

**Parent Activity Fund:** The Parent Activity Fun has a balance of \$1,352.22. There was a deduction of \$147.78 for dinner for the February meeting. The council was updated, that all the items that were ordered from spend down has come in and is ready for families to check out.

**New Business:** The council reviewed the Self-Assessment, Policy Plan and Timeline. Tanya reviewed the ongoing process of monitoring, how managers' report monthly on completed task or tasks in progress. Tanya also explained who is responsible for which tasks. Some goals for the Self-Assessment will be looking at attendance data and dual language learners. Tanya also explained that there would be work on school readiness goals as well as examining health data. Anahise made a motion to approve the Self-Assessment, Policy Plan and Timeline. Maria seconded. All were in favor with no one opposed. The council also received the Winter Data Report. They had the chance to ask questions and see where the students are and how they will progress the last few months of school.

**Unfinished Business:** There is none at this time.

**Training:** Lisa presented the council both curriculums The Center is using. She introduced Parents as Teachers that the Home Based Early Head Start has implemented and Creative Curriculum that the preschool uses. She explained how the EHS curriculum ties into GOLD and then how the new Creative Curriculum ties into the curriculum that the school district then uses. She explained that the kindergarten also uses Creative Curriculum GOLD and the reports will be the same as the preschooler's transition to kindergarten.

**Committee Reports:** Ellie spent a lot of time with the council reviewing and discussing the Calendar Committee's recommendation. She took down concerns and questions that the council had concerning the school calendar for 2019-2020 school year. As Ellie explained the two of recommendations, she also explained how these would change in years to come. She also told the council how the BOE meeting went at the HS and in March, they will be at LCIS. She also explained that the choice numbers have come down. These numbers represent students that have chosen to come to the Lake County School District rather than other surrounding communities. She also said that we have nine students that have chosen Lake County rather than the community they reside in. Lisa reported on the Parent Activity Committee that they have had to move March's Family Fun Night to Wednesday March 27 due to a conflict with Colorado Mountain College.

**Announcements:**

March 1, open enrollment for the 2019-2020 school year has begun. March 5, spring and class pictures. March 15, The Center is closed for professional development. March 18-22, Spring Break. March 26, 27, & 28, Post Office field trips take place per classroom schedule. March 27, Family Fun Night at Colorado Mountain College, climbing wall 5:30-7:00 P.M. April 1, April regular Policy Council Meeting.

**Adjournment:** The meeting was adjourned at 7:15 PM by Beverly.

Respectfully Submitted,

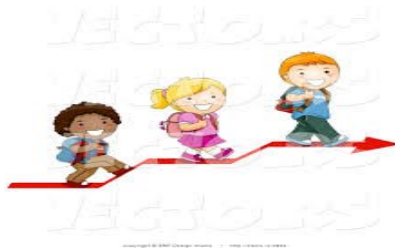
Christina Wood - Policy Council Secretary

# REMINDERS FROM THE CHILD CARE DIRECTOR

Submitted by: Marissa Martinez-Child Care Director

Dear Parents

Safety is our top priority here at The Center, please talk with your children that they need to wait and walk with a parent when entering or exiting the building. We use our walking shoes in school, so we need to walk up/down the ramp.



## HOW TO CONTACT THE CENTER

Please see your child's classroom calendar for your child's teachers email address and phone numbers.

**Tanya Lenhard**-Director of Early Childhood Programs  
(719) 486-6921      tlenhard@lakecountyschools.net

**Marissa Martinez**- Child Care Director  
(719) 486-6920      mamartinez@lakecountyschools.net

**Mary Jelf**- Business Manager  
(719) 486-6929      mjelf@lakecountyschools.net

**Kelly Horning**-Education Director  
(719) 486-6927      khorning@lakecountyschools.net

**Jenny Mascarenaz**-Transportation Manager  
(719) 486-6925      jmascarenaz@lakecountyschools.net

**Lizz Holm**- Health Manager  
(719) 486-6923      lholm@lakecountyschools.net

**Lisa Roeder** - Family and Community Partnership Manager  
(719) 486-6928      lroeder@lakecountyschools.net

**Lauren Bissonnette**- Early Childhood SPED & Child Find  
(719) 486-4413      lbissonnette@lakecountyschools.net

**Lindsay Rapke**- Speech Pathologist  
(719) 486-4403      lrapke@lakecountyschools.net

**If you need to call after  
3:30 P.M.**

**Please call us at 486-6920**  
*This is the only phone line that s  
staffed after 3:30p.m.*



You may leave a message at this number and it will be checked. If you call other numbers, or leave messages at other extensions, your message may not be heard until the following morning.

## **PARENTS**

If you need to reach your child's teacher, please look at your class calendar and information sheet!!!

You may also call 486-6920 and the office will direct your call!!!!

**Lake County School District  
The Center  
315 West 6th St.  
Leadville, Co 80461**