



The Center

Volume: 9

Issue: 9



Early Childhood Programs of Lake County School District

Our mission is to serve and respect children and families by providing research-based early childhood services that promote the development of knowledge, life skills, and self-esteem

Teacher Appreciation Week—May 6 through May 10

T



They educate, innovate, encourage and support. Every day they touch the lives of millions of children and their work and impact extends far beyond the boundaries of the classroom.

Take the time to celebrate these loving hard working teachers!!

Teacher Appreciation Week, May 6-10, 2019..

How You Can Show Appreciation:

Send a thank you card to a special teacher in your life or a teacher of a child in your life.

Show your support for the tremendous work teachers do by volunteering in a classroom.

May 2019 Events

May 2-Kindergarten ready children, Family Fun Night at West Park, 6:00-7:00

May 3-Spring Art Show, Lake County Intermediate School, 5:00-8:00

May 6-Kindergarten ready children, visit West Park

May 14, 15, & 16-Preschool Park Days, please see your child's classroom for their day and schedule.

May 22-Preschool Graduation & Classroom Celebrations 10:00-11:00

May 23-Last Day of Preschool!!

Parents' Voices

It is important for us to hear from you. We welcome your input to operate a program that meets the needs of the families we serve. To reach:

Tanya Lenhard 486-6920
Director of Early Childhood Programs

Policy Council 486-6888
extension 2190

EARLY HEAD START UPDATES

Submitted by: Anne Sifuentes-Home Based Early Head Start Visitor



NOW ACCEPTING APPLICATIONS!!!

Early Head Start is a home visiting program designed to support you as your child's first and most important teacher. You are eligible to apply if you are pregnant or have children up to three years old.

Pick up an application at The Center or call 719-486-6928 for more information

Early Head Start Home Based Program Services are in action. Families are officially enrolled in this new program that supports home based services for families with children under the age of three. After several months of planning, we are now providing services. The Center is still accepting applications for this program. Call Lisa at 719-486-6928 for more information today!

Gross Motor Activities

Gross Motor Activities for a 10 month old include:

***Have a ball**

Rolling a large ball to your baby allows you to interact with him and observe his developing skills. At first your baby will simply slap it back, but eventually he will learn to swat it in your direction.

***Bring out the blocks**

Nothing encourages an infant to crawl more than a tower of blocks that is just out of reach and waiting to be knocked down.

***Make it a-maze-ing**

Make an obstacle course out of light sofa cushions, pillows, or boxes on a carpeted floor. Invite your mobile baby to crawl over or between them. You can even hide behind one obstacle and play peek-a-boo. Always closely supervise your baby while he's playing with pillows.

***A little give and take**

Put a graspable object (such as a rattle) in your baby's hand and tug on it very gently. This activity helps build muscle as your baby resists your efforts.



TRANSPORTATION UPDATES

Submitted by: Jenny Mascarenaz-Transportation Manager

Bus Evacuation Drill



We had our last bus evacuation drill practice in the back parking lot at The Center on April 25, 2019. 30 bus friends participated in an emergency evacuation drill conducted on the bus the child was riding in. Drivers and monitors conducted the drill jointly as a team. The children followed instructions given by the driver.

The Final Rule requires three basic topics to be addressed in every drill.

- Ridership rules. Safe riding practices are taught to children. This is the most important lesson young children should learn about transportation - related emergencies.
- Every Head Start drill should include discussion about, and more importantly practice in, safe and orderly evacuation from appropriate exits.
- Children are taught how to sit and slide out an emergency door, and are taught to go to a prearranged point about 100 or three vehicle lengths from their own vehicle and to stay there holding hands with each other in a safety chain or buddy system.

A total of three emergency evacuation drills must be conducted each program year.

For Attendance and The Bus please call 486-6925 and leave a message.

This line is checked right before the bus goes out each day, and attendance is recorded from the messages. Other lines may be checked only once each day.

If your child is sick and has a fever, keep him/her at home to prevent the spread of illness to others. Public Health and the School District advise parents to keep children home for 24 hours after the child is free from fever without fever reducing medications.

Transition

What a busy and productive school year this has been! It's hard to believe that the end of the school year is fast approaching. Our last investigation for this school year will be about getting ready for transition. Whether your child is transitioning to Kindergarten or just into summer vacation he or she may be experiencing a wide range of emotions. The final weeks of school can be fun, exciting, and change can be a little bit scary. (For kids and parents too!)

When children go through big life changes, such as a transition from preschool to kindergarten they may have big feelings that they aren't able to easily communicate. We know this is a big milestone in your child's life and we are here to support your family.

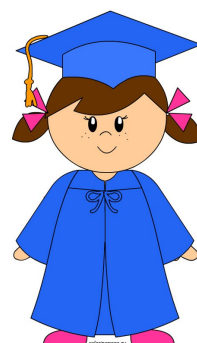
What can you do at home?

- Acknowledge your child's feelings.
- Keep your home routines as consistent as possible. This will help your child feel a sense of security
- Read books about moving to Kindergarten
- Encourage older siblings to share their kindergarten experiences and you can share your own memories too
- Attend the kindergarten ice cream social at West Park to tour the school and meet the Kindergarten team.

We look forward to seeing you at the preschool graduation!



Class of 2032



HEALTH INFORMATION

Submitted by: Lizz Holm-Health Manager

Have a Healthy Summer!

Summer is such a fun time for the entire family! We always love to play in the sun, swim in the pool, and go hiking in the great outdoors. In all of the fun, it is important to remember to be safe at the same time. Here are some reminders just to keep in mind:

Sun Safety: (<https://www.cdc.gov/family/kids/summer/index.htm>)

- Never leave infants, children, or pets in a parked car, even if the windows are cracked open.
- Dress infants and children in loose, lightweight, light-colored clothing. Cover up. Clothing that covers your and your child's skin helps protect against UV rays.
- Use sunscreen with at least SPF (sun protection factor) 15 and UVA (ultraviolet A) and UVB (ultraviolet B) protection every time you and your child go outside.

Water Safety: (<https://www.cdc.gov/family/kids/summer/index.htm>)

- Always supervise children when in or around water. A responsible adult should constantly watch young children.
- Teach kids to swim. Formal swimming lessons can protect young children from drowning.
- Learn cardiopulmonary resuscitation (CPR). Your CPR skills could save someone's life.
- Wear a properly fitted life jacket every time you and your loved ones are on the water.
-

Outdoor Play Safety: (<https://www.cdc.gov/family/kids/summer/index.htm>)

- Check to make sure that the surfaces under playground equipment are safe, soft, and well maintained.
- Make sure kids and teens wear the right protective equipment for their sport or recreation activity. Including helmets for biking, skateboarding, and rock climbing.
- Use an effective insect repellent while playing outdoors.

Hiking Safety: (<https://www.cdc.gov/family/camping/>)

- Make sure you pack the 10 Essentials (<https://www.nps.gov/articles/10essentials.htm>)
 1. NAVIGATION – Map, compass, and GPS system
 2. SUN PROTECTION – Sunglasses, sunscreen, and hat
 3. INSULATION – Jacket, hat, gloves, rain shell, and thermal underwear
 4. ILLUMINATION – Flashlight, lanterns, and headlamp
 5. FIRST-AID SUPPLIES – First Aid Kit
 6. FIRE – Matches, lighter and fire starters
 7. REPAIR KIT AND TOOLS – Duct tape, knife, screwdriver, and scissors
 8. NUTRITION - Food
 9. HYDRATION – Water and water treatment supplies
 10. EMERGENCY SHELTER – Tent, space blanket, tarp

Lake County Community Health Resources

Rocky Mountain Family Practice www.leadvillemfp.com/ 735 Highway 24 South 486-0500	Leadville Medical Clinic www.svghd.org/svh-leadville-medical-clinic 825 West 6th St. 486-1264	School Based Health Center Provides students, families, and staff with convenient access to basic medical, behavioral, and oral health services. Lake County High School 486-6981
Solvista Mental Health www.solvistahealth.org/locations/leadville/ 714 Front Street 486-0985	Lake County Department of Public Health www.lakecountycolorado.com/health/ 112 West 5th Street 486-2413	Leadville Dental Center www.leadvilledental.com/ 733 US Hwy 24 South 486-2060

FAMILY AND COMMUNITY

Submitted by: Lisa Roeder-Family and Community Partnership Manager

CHANGE OF DATE:

PLEASE MARK YOUR CALENDAR

The Center preschool Celebration and Graduation has been moved to
Wednesday May 22, 2019.

Graduation starts at 10:00 in the gym, and Celebrations are in your
child's classroom.



Please join us for Family Fun Night Kindergarten Ready Kids

At West Park Elementary School

Thursday, May 2, 2019

6:00-7:00pm



SPRING ART SHOW

Our preschool classes will share their artwork during the Spring Art Show!!!

Please Join Us!!!!

WHEN: May 3, 2019

WHERE: Lake County Middle School

TIME: 5:00—8:00 p.m.

**There will be music, games, a silent
auction, a pottery sale, and lots of
beautiful artwork!!!!**

Admission is free, but some of the activities do require the purchase of tickets!!!

FAMILY SPOTLIGHT

We had a Fun “Big Truck Night”

**A BIG THANKS to Colorado State Patrol, Leadville/
Lake County Fire Department, Lake County Search &
Rescue, Leadville Police Department, Lake County Road and
Bridge, Lake County School District, Danny Trujillo, David
Bradford, and Toby Tekanskik.**



MAY MENU

Breakfast for Lunch, Fruit Salad

If you would like to give your suggestions for the preschool menu, please contact the Health Manager.

Monday	Tuesday	Wednesday-1	Thursday-2	Friday-3
		Ham & Cheese Muffin with Fruit Hot Dog on a bun, Baked beans, Salad, & Fruit Banana Bread Squares & Fruit	Whole Grain Bagel with Cream Cheese & Fruit Breadsticks, Spaghetti Sauce, Green Beans & Fruit Pretzel with Sun Butter & Fruit	Cereal & Fruit Nacho's with Beef, Whole Grain Cinnamon Roll, Corn & Fruit Muffin & Fruit
Monday-6	Tuesday-7	Wednesday-8	Thursday-9	Friday-10
Cereal & Fruit Breakfast for Lunch, Fruit Salad Crackers, Veggies with Ranch	Muffin & Fruit Grilled Cheese Sandwich, Tomato Soup, Veggies and Fruit Cottage Cheese & Pineapple Chunks	Breakfast Burrito & Fruit Turkey Gravy, Potatoes, Whole Wheat Rolls, and Fruit Graham Crackers & Fruit	French Toast Sticks & Fruit Chili Con Carne with Beans, Cornbread, Salad, & Fruit Hard Boiled Egg & Animal Crackers	Cereal & Fruit Cheeseburger on a Bun, French Fries, Salad, & Fruit Muffin & Fruit
Monday-13	Tuesday-14	Wednesday-15	Thursday-16	Friday-17
Cereal & Fruit Beef and Bean Burrito, Corn, & Fruit Crackers, Veggies with Ranch	Banana Bread Squares & Fruit Ham and Cheese Sandwich, Sun chips, Salad, & Fruit Cheese Sticks and Crackers	Ham & Cheese Muffin with Fruit Ham, Turkey, & Cheese Sub Sandwich, Sun chips, Salad, & Fruit Banana Bread Squares & Fruit	Whole Grain Bagel with Cream Cheese & Fruit Pepperoni Pizza, Orange Sherbet, Salad, & Fruit Pretzel with Sun Butter & Fruit	Cereal & Fruit Corn Dog, Potato Wedges, & Fruit Muffin & Fruit
Monday-20	Tuesday-21	Wednesday-22	Thursday-23	Friday-24
Cereal & Fruit Breaded Chicken sandwich, Potato Puff's, salad, & Fruit Crackers, Veggies with Ranch	Muffin & Fruit Spaghetti with Meat Sauce, Whole Wheat Roll, Salas, & Fruit Cottage Cheese & Pineapple Chunks	Breakfast Burrito & Fruit Cheeseburger on a Bun, French Fries, & Fruit Graham Crackers & Fruit	Last Day of Preschool French Toast Sticks & Fruit Cooks Choice Salad & Fruit Hard Boiled Egg & Animal Crackers	Cereal & Fruit Cooks Choice Salad & Fruit Muffin & Fruit
	Have a GREAT Summer			

Breakfast is served at 9:30 with fat free milk

Lunch is served at 12:00 with fat free milk

Snack is served at 3:30 with water

**Menus are subject to
change**

The Center participates in the USDA funded program and is an equal opportunity provider and employer

POLICY COUNCIL

The Center Early Childhood Programs – Policy Council Minutes – Meeting Date – April 1, 2019

Attending: Marika Guthrie, Beverly Lauchner, Maria Perez, Viviana Cano, and Casey McGovern

Not Attending: Chelsa Parsons, Christina Wood, and Anahise Shoukas

Roll Call: Beverly called roll and determined that a quorum was present.

Approval of Agenda: Maria made a motion to approve the agenda, and Casey seconded. All were in favor and no one was opposed.

Approval of Meeting Minutes: from March 11, 2019 Regular Meeting. Maria made the motion to accept the Minutes, and Casey seconded. All were in favor with no one opposed.

Parent Activity Fund: The Parent Activity Fun has a balance of \$1,227.22. There was a deduction of \$125.00 for dinner for the March meeting.

New Business: The council was asked if they would like to give any input, or feedback on next year's program and budget. The council gave great ideas and suggestions that Lisa will take to strategic planning in May. The council was updated on the site visit that will take place later in the month. Tanya let them know that it would be the same times that were previously set. The council was also asked if any of them would be willing to sit on the interview committee for the Director of Early Childhood Programs. Two of the council members were interested. Lisa then introduced the council to the ERSEA policies. She explained them and walked the council through the process of each of them. The council then had time to ask questions, make suggestions and give input on these policies. All of these policies will be updated including Early Head Start using the Performance Standards. The council also reviewed the Program Option which has been revised to include Early Head Start. Marika made a motion to accept the Program Option, and Casey seconded. All were in favor with no one opposed.

Unfinished Business: Scheduling a new date for the May regular meeting. The council chose Thursday May 16, 2019.

Training: Tanya explained to the Council the kindergarten transition plan. She talked about the different transition opportunities our Kindergarten ready children will partake in. Many of these include field trips to West Park, eating lunch in the cafeteria, and having an ice cream social. She then showed the council the transition bags that each child headed to Kindergarten will get and what materials are inside. She also explained that The Center will also help with registration if any families need help with this process. Tanya then read the Performance Standards for Early Head Start and what all that entitles for our Home Visitor as well as children transitioning into a regular preschool classroom.

Committee Reports: Ellie reported on behalf of the School Board. She followed up on the calendar committee's recommendation and that the Board voted in a special meeting. She explained that the calendar will stay the same next year as it was this year and then will change to four days a week the following year and will be followed for three accumulative years. This will give the schools time to plan activities for Fridays.

Announcements: April 11-Parent / Teacher Conferences 3:00-8:00, April 12-Parent / Teacher Conferences 8:00-12:00, The Center is closed. April 19-The Center is closed for Good Friday. April 22-The Center is closed. April 23-The Center is closed for professional development. April 24-Family Fun Night.

Adjournment: The meeting was adjourned at 7:15 PM by Beverly.

Respectfully Submitted,

Lisa Roeder – Substitute Policy Council Secretary

REMINDERS FROM THE CHILD CARE DIRECTOR

Submitted by: Marissa Martinez-Child Care Director

Wow this year has flown by and I can't believe its May already. This is our final month of tuition statements ☺ Please remember that all tuition balances on your child's account has to be paid by the 24th of May. If you accrue any balances due to over scheduled hours, after making your monthly payment, I will post those the following day into the system and send to you via email or on your child's cubby. We accept checks, cash or credit cards. Have a Great Summer!

**HOW TO CONTACT THE CENTER**

Please see your child's classroom calendar for your child's teachers email address and phone numbers.

Tanya Lenhard-Director of Early Childhood Programs
(719) 486-6921 tdlenhard@lakecountyschools.net

Marissa Martinez- Child Care Director
(719) 486-6920 mamartinez@lakecountyschools.net

Mary Jelf- Business Manager
(719) 486-6929 mjelf@lakecountyschools.net

Kelly Horning-Education Director
(719) 486-6927 khorning@lakecountyschools.net

Jenny Mascarenaz-Transportation Manager
(719) 486-6925 jmascarenaz@lakecountyschools.net

Lizz Holm- Health Manager
(719) 486-6923 lholm@lakecountyschools.net

Lisa Roeder - Family and Community Partnership Manager
(719) 486-6928 lroeder@lakecountyschools.net

Lauren Bissonnette- Early Childhood SPED & Child Find
(719) 486-4413 lbissonnette@lakecountyschools.net

Lindsay Rapke- Speech Pathologist
(719) 486-4403 lrapke@lakecountyschools.net

**If you need to call after
3:30 P.M.**

Please call us at 486-6920
***This is the only phone line that s
staffed after 3:30p.m.***



You may leave a message at this number and it will be checked. If you call other numbers, or leave messages at other extensions, your message may not be heard until the following morning.

PARENTS

If you need to reach your child's teacher, please look at your class calendar and information sheet!!!!

You may also call 486-6920 and the office will direct your call!!!!

**Lake County School District
The Center
315 West 6th St.
Leadville, Co 80461**