

# Lake County School District R-1

## Lake County High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Jun - 1  CHICKEN TENDERS HOT WINGS PRETZEL, SOFT, 2.5oz CHEESE SAUCE SALAD BAR, HS FRUIT, VARIETY Milk, Chocolate, Fat Free MILK,1% Lowfat ketchup BARBECUE SAUCE	Jun - 2  TACO, BEEF, SOFT SHELL TACO SALAD, D SPICY CILANTRO BEANS SALAD BAR, HS FRUIT, VARIETY Milk, Chocolate, Fat Free MILK,1% Lowfat SOUR CRM,LT	Jun - 3  GREEN CHILI BURRITO FRUIT, VARIETY FRESH VEGGIES Milk, Chocolate, Fat Free MILK,1% Lowfat CHOCOLATE CHIP COOKIE	Jun - 4  COOKS CHOICE	Jun - 5  COOKS CHOICE

USDA AND LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** *The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*