

# Lake County School District R-1

## Lake County Middle School Lunch Menu

Apr 30, 2015

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Monday	Tuesday	Wednesday	Thursday	Friday
Jun - 1 CHICKEN,GRILLED ON BUN FRENCH FRIES SALAD BAR, WP, MS, PITTS FRUIT, VARIETY MILK,1% Lowfat Milk, Chocolate, Fat Free ketchup MUSTARD PICKLE, SLICES RANCH BUTTERMILK DRESSING	Jun - 2 ITALIAN DIP STICKS FRUIT, VARIETY SALAD BAR, WP, MS, PITTS Milk, Chocolate, Fat Free MILK,1% Lowfat RANCH BUTTERMILK DRESSING	Jun - 3 CHICKEN QUESADILLA CHIP, MULTIGRAIN, SUNCHIPS FRUIT, VARIETY FRESH VEGGIES Milk, Chocolate, Fat Free MILK,1% Lowfat SALSA RANCH BUTTERMILK DRESSING	Jun - 4 COOKS CHOICE	Jun - 5 COOKS CHOICE

USDA AND LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.