

Lake County School District R-1

Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 31 RAVIOLI, CHEESE. mini BREADSTICK, WW FRESH VEGGIES FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON	Sep - 1 CRUNCHY HAWAIIAN CHICKEN W FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON	Sep - 2 PIZZA, MINI CUCUMBER,RAW FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON	Sep - 3 CHILI CON CARNE W/ BEANS CORNBREAD FRESH VEGGIES FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON CHEESE, CHEDDAR	Sep - 4 SUNFLOWER&JELLY SANDWICH YOGURT, variety 4 oz cup FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON
Sep - 7 NO SCHOOL TODAY	Sep - 8 ITALIAN DIP STICKS FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON	Sep - 9 GRILLED HAM AND CHEESE FRUIT, VARIETY CARROT STICKS MILK, SKIM 1/2 PINT CARTON	Sep - 10 BBQ PORK SANDWICH FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON	Sep - 11 BEAN BURRITO CORN FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON SALSA
Sep - 14 HAMBURGER ON A BUN FRENCH FRIES FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON ketchup MUSTARD	Sep - 15 SPAGHETTI W/ MEAT SAUCE FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON CHEESE,PARMESAN,GRAT ED	Sep - 16 SUNFLOWER&JELLY SANDWICH YOGURT, variety 4 oz cup FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON	Sep - 17 CHICKEN QUESADILLA CORN FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON SALSA	Sep - 18 GRILLED HAM AND CHEESE FRUIT, VARIETY CARROT STICKS MILK, SKIM 1/2 PINT CARTON
Sep - 21 RAVIOLI, CHEESE. mini BREADSTICK, WW FRESH VEGGIES FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON	Sep - 22 CRUNCHY HAWAIIAN CHICKEN W FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON	Sep - 23 PIZZA, MINI CUCUMBER,RAW FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON	Sep - 24 CHILI CON CARNE W/ BEANS CORNBREAD FRESH VEGGIES FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON CHEESE, CHEDDAR	Sep - 25 HAMBURGER ON A BUN FRENCH FRIES FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON ketchup MUSTARD
Sep - 28 CHICKEN,GRILLED ON BUN POTATOES AU GRATIN FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MAYO MUSTARD PICKLE, SLICES	Sep - 29 ITALIAN DIP STICKS FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON	Sep - 30 GRILLED HAM AND CHEESE FRUIT, VARIETY CARROT STICKS MILK, SKIM 1/2 PINT CARTON		

USDA AND LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.