

Lake County School District R-1

JUNIOR/HIGH SCHOOLS - LUNCH

Jan 27, 2016

Lake County High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 1 MACHO NACHOS PEPPERONI PIZZA CHICK ON A BUN, HOT & SPICY HAMBURGER ON A BUN POTATO BAR HOT WINGS SALAD BAR, HS FRUIT, VARIETY Milk, Chocolate, Fat Free MILK,1% Lowfat SALSA SANDWICH AND BURGER TOPPI	Feb - 2 MACHO NACHOS PEPPERONI PIZZA CHICK ON A BUN, HOT & SPICY HAMBURGER ON A BUN POTATO BAR HOT WINGS SALAD BAR, HS FRUIT, VARIETY Milk, Chocolate, Fat Free MILK,1% Lowfat SALSA SANDWICH AND BURGER TOPPI	Feb - 3 MACHO NACHOS PEPPERONI PIZZA CHICK ON A BUN, HOT & SPICY HAMBURGER ON A BUN POTATO BAR HOT WINGS SALAD BAR, HS FRUIT, VARIETY Milk, Chocolate, Fat Free MILK,1% Lowfat SALSA SANDWICH AND BURGER TOPPI	Feb - 4 MACHO NACHOS PEPPERONI PIZZA CHICK ON A BUN, HOT & SPICY HAMBURGER ON A BUN POTATO BAR HOT WINGS SALAD BAR, HS FRUIT, VARIETY Milk, Chocolate, Fat Free MILK,1% Lowfat SALSA SANDWICH AND BURGER TOPPI	Feb - 5 MACHO NACHOS PEPPERONI PIZZA CHICK ON A BUN, HOT & SPICY HAMBURGER ON A BUN POTATO BAR HOT WINGS SALAD BAR, HS FRUIT, VARIETY Milk, Chocolate, Fat Free MILK,1% Lowfat SALSA SANDWICH AND BURGER TOPPI
Feb - 8 MACHO NACHOS PEPPERONI PIZZA CHICK ON A BUN, HOT & SPICY HAMBURGER ON A BUN POTATO BAR HOT WINGS SALAD BAR, HS FRUIT, VARIETY Milk, Chocolate, Fat Free MILK,1% Lowfat SALSA SANDWICH AND BURGER TOPPI	Feb - 9 MACHO NACHOS PEPPERONI PIZZA CHICK ON A BUN, HOT & SPICY HAMBURGER ON A BUN POTATO BAR HOT WINGS SALAD BAR, HS FRUIT, VARIETY Milk, Chocolate, Fat Free MILK,1% Lowfat SALSA SANDWICH AND BURGER TOPPI	Feb - 10 MACHO NACHOS PEPPERONI PIZZA CHICK ON A BUN, HOT & SPICY HAMBURGER ON A BUN POTATO BAR HOT WINGS SALAD BAR, HS FRUIT, VARIETY Milk, Chocolate, Fat Free MILK,1% Lowfat SALSA SANDWICH AND BURGER TOPPI	Feb - 11 NO SCHOOL TODAY	Feb - 12 NO SCHOOL TODAY
Feb - 15 NO SCHOOL TODAY	Feb - 16 MACHO NACHOS PEPPERONI PIZZA CHICK ON A BUN, HOT & SPICY HAMBURGER ON A BUN POTATO BAR HOT WINGS SALAD BAR, HS FRUIT, VARIETY Milk, Chocolate, Fat Free MILK,1% Lowfat SALSA SANDWICH AND BURGER TOPPI	Feb - 17 MACHO NACHOS PEPPERONI PIZZA CHICK ON A BUN, HOT & SPICY HAMBURGER ON A BUN POTATO BAR HOT WINGS SALAD BAR, HS FRUIT, VARIETY Milk, Chocolate, Fat Free MILK,1% Lowfat SALSA SANDWICH AND BURGER TOPPI	Feb - 18 MACHO NACHOS PEPPERONI PIZZA CHICK ON A BUN, HOT & SPICY HAMBURGER ON A BUN POTATO BAR HOT WINGS SALAD BAR, HS FRUIT, VARIETY Milk, Chocolate, Fat Free MILK,1% Lowfat SALSA SANDWICH AND BURGER TOPPI	Feb - 19 MACHO NACHOS PEPPERONI PIZZA CHICK ON A BUN, HOT & SPICY HAMBURGER ON A BUN POTATO BAR HOT WINGS SALAD BAR, HS FRUIT, VARIETY Milk, Chocolate, Fat Free MILK,1% Lowfat SALSA SANDWICH AND BURGER TOPPI

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Feb - 22 MACHO NACHOS PEPPERONI PIZZA CHICK ON A BUN, HOT & SPICY HAMBURGER ON A BUN POTATO BAR HOT WINGS SALAD BAR, HS FRUIT, VARIETY Milk, Chocolate, Fat Free MILK,1% Lowfat SALSA SANDWICH AND BURGER TOPPI	Feb - 23 MACHO NACHOS PEPPERONI PIZZA CHICK ON A BUN, HOT & SPICY HAMBURGER ON A BUN POTATO BAR HOT WINGS SALAD BAR, HS FRUIT, VARIETY Milk, Chocolate, Fat Free MILK,1% Lowfat SALSA SANDWICH AND BURGER TOPPI	Feb - 24 MACHO NACHOS PEPPERONI PIZZA CHICK ON A BUN, HOT & SPICY HAMBURGER ON A BUN POTATO BAR HOT WINGS SALAD BAR, HS FRUIT, VARIETY Milk, Chocolate, Fat Free MILK,1% Lowfat SALSA SANDWICH AND BURGER TOPPI	Feb - 25 MACHO NACHOS PEPPERONI PIZZA CHICK ON A BUN, HOT & SPICY HAMBURGER ON A BUN POTATO BAR HOT WINGS SALAD BAR, HS FRUIT, VARIETY Milk, Chocolate, Fat Free MILK,1% Lowfat SALSA SANDWICH AND BURGER TOPPI	Feb - 26 MACHO NACHOS PEPPERONI PIZZA CHICK ON A BUN, HOT & SPICY HAMBURGER ON A BUN POTATO BAR HOT WINGS SALAD BAR, HS FRUIT, VARIETY Milk, Chocolate, Fat Free MILK,1% Lowfat SALSA SANDWICH AND BURGER TOPPI
Feb - 29 MACHO NACHOS PEPPERONI PIZZA CHICK ON A BUN, HOT & SPICY HAMBURGER ON A BUN POTATO BAR HOT WINGS SALAD BAR, HS FRUIT, VARIETY Milk, Chocolate, Fat Free MILK,1% Lowfat SALSA SANDWICH AND BURGER TOPPI				

USDA AND LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

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