

Lake County School District R-1
WEST PARK ELEMENTARY BREAKFAST
West Park Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		Aug - 24 CEREAL,VARIETY CHEESE, MOZZ, STRING FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Aug - 25 BANANA BREAD, whole grain FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Aug - 26 CEREAL,VARIETY YOGURT, variety 4 oz cup FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat
Aug - 29 CEREAL,VARIETY ANIMAL CRACKERS FRUIT, VARIETY MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON	Aug - 30 BAGEL, WHOLE WHEAT CREAM CHEESE FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Aug - 31 CEREAL,VARIETY CHEESE, MOZZ, STRING FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Sep - 1 BANANA BREAD, whole grain FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Sep - 2 CEREAL,VARIETY YOGURT, variety 4 oz cup FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat
Sep - 5	Sep - 6 BAGEL, WHOLE WHEAT CREAM CHEESE FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Sep - 7 CEREAL,VARIETY CHEESE, MOZZ, STRING FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Sep - 8 BANANA BREAD, whole grain FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Sep - 9 CEREAL,VARIETY YOGURT, variety 4 oz cup FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat
Sep - 12 CEREAL,VARIETY ANIMAL CRACKERS FRUIT, VARIETY MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON	Sep - 13 BAGEL, WHOLE WHEAT CREAM CHEESE FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Sep - 14 CEREAL,VARIETY CHEESE, MOZZ, STRING FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Sep - 15 BANANA BREAD, whole grain FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Sep - 16 CEREAL,VARIETY YOGURT, variety 4 oz cup FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat
Sep - 19 CEREAL,VARIETY ANIMAL CRACKERS FRUIT, VARIETY MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON	Sep - 20 BAGEL, WHOLE WHEAT CREAM CHEESE FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Sep - 21 CEREAL,VARIETY CHEESE, MOZZ, STRING FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Sep - 22 BANANA BREAD, whole grain FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Sep - 23 CEREAL,VARIETY YOGURT, variety 4 oz cup FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat
Sep - 26 CEREAL,VARIETY ANIMAL CRACKERS FRUIT, VARIETY MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON	Sep - 27 BAGEL, WHOLE WHEAT CREAM CHEESE FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Sep - 28 CEREAL,VARIETY CHEESE, MOZZ, STRING FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Sep - 29 BANANA BREAD, whole grain FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Sep - 30 CEREAL,VARIETY YOGURT, variety 4 oz cup FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat

USDA AND LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.