LunchByte Systems, Inc. 800-724-9853 LCHS Lunch 001 - Lake County High School

Monday	Tuesday	Wednesday	Thursday	Friday
			Nov - 1 TAMALE REFRIED BEANS SPANISH RICE ASSORTED FRUITS MILK, CHOCO, FAT FREE MILK,1% Lowfat RANCH DRESSING, PREPAR SALSA SOUR CREAM JALAPENO PEPPERS	Nov - 2 CHILI CON CARNE W/ BEAN BAKED POTATO BAR CRACKERS SALAD BAR ASSORTED FRUITS MILK, CHOCO, FAT FREE MILK,1% Lowfat RANCH DRESSING, PREPAR
Nov - 5	Nov - 6	Nov - 7	Nov - 8	Nov - 9
CHEESEBURGER ON A BUN BREADED CHICKEN SANDWI POTATO, TRIANGLES LETTUCE & TOMATO SALAD BAR ASSORTED FRUITS KETCHUP MUSTARD MAYO PICKLE CHIPS MILK,1% Lowfat MILK, CHOCO, FAT FREE RANCH DRESSING, PREPAR	FAJITA / TACO BAR PINTO BEANS SPANISH RICE ASSORTED FRUITS MILK, CHOCO, FAT FREE MILK,1% Lowfat RANCH DRESSING, PREPAR	SANDWICH BAR CHIP, ASSORTED SALAD BAR ASSORTED FRUITS MILK, CHOCO, FAT FREE MILK,1% Lowfat RANCH DRESSING, PREPAR MAYO MUSTARD	PASTA BAR ITALIAN BREAD SALAD BAR ASSORTED FRUITS MILK, CHOCO, FAT FREE MILK,1% Lowfat RANCH DRESSING, PREPAR	GRILLED CHEESE SANDWIC SOUP BAR Gold Fish Crackers SALAD BAR ASSORTED FRUITS MILK, CHOCO, FAT FREE MILK,1% Lowfat RANCH DRESSING, PREPAR
Nov - 12	Nov - 13	Nov - 14	Nov - 15	Nov - 16
HOT DOG ON A BUN CORN DOG MUFFIN, ASSORTED, 2oz VEGGIES, FRESH ASSORTED FRUITS MILK, CHOCO, FAT FREE MILK,1% Lowfat RANCH DRESSING, PREPAR KETCHUP MUSTARD	HOT POCKET CHIP, ASSORTED VEGGIES, FRESH ASSORTED FRUITS MILK, CHOCO, FAT FREE MILK,1% Lowfat	THANKSGIVING DINNER ASSORTED FRUITS MILK, CHOCO, FAT FREE MILK,1% Lowfat	MACHO NACHO CINNAMON ROLLS SALAD BAR ASSORTED FRUITS MILK, CHOCO, FAT FREE MILK,1% Lowfat RANCH DRESSING, PREPAR SALSA SOUR CREAM JALAPENO PEPPERS	NO SCHOOL TODAY
Nov - 19	Nov - 20	Nov - 21	Nov - 22	Nov - 23
NO SCHOOL TODAY	NO SCHOOL TODAY	NO SCHOOL TODAY	NO SCHOOL TODAY	NO SCHOOL TODAY

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Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 26	Nov - 27	Nov - 28	Nov - 29	Nov - 30
CHEESEBURGER ON A BUN BREADED CHICKEN SANDWI POTATO, TRIANGLES ASSORTED FRUITS KETCHUP MUSTARD MAYO PICKLE CHIPS MILK,1% Lowfat MILK, CHOCO, FAT FREE RANCH DRESSING, PREPAR	TAMALE CORN SPANISH RICE ASSORTED FRUITS MILK, CHOCO, FAT FREE MILK,1% Lowfat SALSA JALAPENO PEPPERS	SANDWICH BAR CHIP, ASSORTED SALAD BAR ASSORTED FRUITS MILK, CHOCO, FAT FREE MILK,1% Lowfat RANCH DRESSING, PREPAR MAYO MUSTARD	MACHO NACHO CINNAMON ROLLS SALAD BAR ASSORTED FRUITS MILK, CHOCO, FAT FREE MILK,1% Lowfat RANCH DRESSING, PREPAR SALSA SOUR CREAM JALAPENO PEPPERS	CHILI CON CARNE W/ BEAN BAKED POTATO BAR CRACKERS SALAD BAR ASSORTED FRUITS MILK, CHOCO, FAT FREE MILK,1% Lowfat RANCH DRESSING, PREPAR

LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY ORGANIZATION