

LunchByte Systems, Inc. 800-724-9853
LCIS Lunch
002 - Lake County Intermediate School

Monday	Tuesday	Wednesday	Thursday	Friday
			Nov - 1 SPAGHETTI W/ MEATBALLS ROLLS, WHEAT, 2oz SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat CHEESE, PARMESAN RANCH DRESSING, PREPAR	Nov - 2 CHILI CON CARNE W/ BEAN CRACKERS SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR CHEESE, CHEDDAR
Nov - 5 CHICKEN CHUNKS MACARONI AND CHEESE(NE SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat KETCHUP BARBECUE SAUCE RANCH DRESSING, PREPAR	Nov - 6 BEEF TACO SPANISH RICE ASSORTED FRUITS SALAD BAR MILK,1% Lowfat MILK,Skim RANCH DRESSING, PREPAR	Nov - 7 HAM & CHEESE SANDWICH SUN CHIP SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR MAYO MUSTARD	Nov - 8 THANKSGIVING DINNER ASSORTED FRUITS MILK,Skim MILK,1% Lowfat	Nov - 9 ITALIAN DIP STICKS GREEN BEANS ASSORTED FRUITS SALAD BAR MILK,1% Lowfat MILK,Skim RANCH DRESSING, PREPAR
Nov - 12 BREAKFAST FOR LUNCH SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR	Nov - 13 BURRITO W/ GREEN CHILI SPANISH RICE SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR	Nov - 14 PEPPERONI PIZZA SHERBET SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR	Nov - 15 CHEESEBURGER ON A BUN FRENCH FRIES ASSORTED FRUITS MILK,1% Lowfat MILK,Skim KETCHUP MUSTARD PICKLE CHIPS RANCH DRESSING, PREPAR	Nov - 16 NO SCHOOL TODAY
Nov - 19 NO SCHOOL TODAY	Nov - 20 NO SCHOOL TODAY	Nov - 21 NO SCHOOL TODAY	Nov - 22 NO SCHOOL TODAY	Nov - 23 NO SCHOOL TODAY

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Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 26 CHICKEN CHUNKS MACARONI AND CHEESE(NE PEAS ASSORTED FRUITS MILK,Skim MILK,1% Lowfat KETCHUP BARBECUE SAUCE RANCH DRESSING, PREPAR	Nov - 27 MACHO NACHO MUFFIN, ASSORTED, 2oz CORN ASSORTED FRUITS MILK,Skim MILK,1% Lowfat JALAPENO PEPPERS	Nov - 28 GRILLED CHEESE SANDWIC YOGURT, ASSORTED SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR	Nov - 29 CHICKEN NOODLE SOUP ROLLS, WHEAT, 2oz SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR	Nov - 30 HOT DOG ON A BUN BAKED BEANS (VEGETARIA SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR KETCHUP MUSTARD

LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY ORGANIZATION