Monday

Tuesday

Wednesday

Thursday

Friday

MUFFIN, ASSORTED 4 OZ
BAGELS, PLAIN, ENRICHED

MUFFIN, ASSORTED 4 OZ
BAGELS, PLAIN, ENRICHED

Wednesday

Thursday

Friday

Sausage Pancake/Stick, MS16
90

ENGLISH MUFFIN W/ SAUSA
GE
BAGELS, PLAIN, ENRICHED

Burrito, Breakfast,WGR MS16
BAGELS,PLAIN,ENRICHED
CEREAL,VARIETY
CHEESE,CREAM
FRUIT,FRESH ASSORTED
FRUIT JUICE,ASSORTED
MILK,1% Lowfat
MILK,Skim
CRACKERS
Burrito, Breakfast,WGR MS16
3
BAGELS,PLAIN,ENRICHED
CEREAL,VARIETY
CHEESE,CREAM
FRUIT,FRESH ASSORTED
FRUIT JUICE,ASSORTED
MILK,1% Lowfat
MILK,Skim
CRACKERS

8

Sausage Pancake/Stick, MS16
90
BAGELS,PLAIN,ENRICHED
CEREAL,VARIETY
CHEESE,CREAM
FRUIT,FRESH ASSORTED
FRUIT JUICE,ASSORTED
MILK,1% Lowfat
MILK,Skim
CRACKERS

ENGLISH MUFFIN W/ SAUSA GE BAGELS,PLAIN,ENRICHED CEREAL,VARIETY CHEESE,CREAM FRUIT,FRESH ASSORTED FRUIT JUICE,ASSORTED MILK,1% Lowfat MILK,Skim CRACKERS FRENCH TOAST STICKS
BAGELS,PLAIN,ENRICHED
CEREAL,VARIETY
CHEESE,CREAM
FRUIT,FRESH ASSORTED
FRUIT JUICE,ASSORTED
MILK,1% Lowfat
MILK,Skim
CRACKERS

MUFFIN, ASSORTED 4 OZ BAGELS,PLAIN,ENRICHED CEREAL,VARIETY CHEESE,CREAM FRUIT,FRESH ASSORTED FRUIT JUICE,ASSORTED MILK,1% Lowfat MILK,Skim

**CRACKERS** 

Burrito, Breakfast, WGR MS168
3
BAGELS, PLAIN, ENRICHED
CEREAL, VARIETY
CHEESE, CREAM
FRUIT, FRESH ASSORTED
FRUIT JUICE, ASSORTED
MILK, 1% Lowfat
MILK, Skim
CRACKERS

9

16 `

Sausage Pancake/Stick, MS16
90
BAGELS,PLAIN,ENRICHED
CEREAL,VARIETY
CHEESE,CREAM
FRUIT,FRESH ASSORTED
FRUIT JUICE,ASSORTED
MILK,1% Lowfat
MILK,Skim
CRACKERS

10

17

ENGLISH MUFFIN W/ SAUSA
GE
BAGELS,PLAIN,ENRICHED
CEREAL,VARIETY
CHEESE,CREAM
FRUIT,FRESH ASSORTED
FRUIT JUICE,ASSORTED
MILK,1% Lowfat
MILK,Skim
CRACKERS

FRENCH TOAST STICKS
BAGELS,PLAIN,ENRICHED
CEREAL,VARIETY
CHEESE,CREAM
FRUIT,FRESH ASSORTED
FRUIT JUICE,ASSORTED
MILK,1% Lowfat
MILK,Skim
CRACKERS

15

MUFFIN, ASSORTED 4 OZ BAGELS,PLAIN,ENRICHED CEREAL,VARIETY CHEESE,CREAM FRUIT,FRESH ASSORTED FRUIT JUICE,ASSORTED MILK,1% Lowfat MILK,Skim CRACKERS Burrito, Breakfast,WGR MS168
3
BAGELS,PLAIN,ENRICHED
CEREAL,VARIETY
CHEESE,CREAM
FRUIT,FRESH ASSORTED
FRUIT JUICE,ASSORTED
MILK,1% Lowfat
MILK,Skim
CRACKERS

Sausage Pancake/Stick, MS16 90 BAGELS,PLAIN,ENRICHED CEREAL,VARIETY CHEESE,CREAM FRUIT,FRESH ASSORTED FRUIT JUICE,ASSORTED MILK,1% Lowfat MILK,Skim CRACKERS ENGLISH MUFFIN W/ SAUSA
GE
BAGELS,PLAIN,ENRICHED
CEREAL,VARIETY
CHEESE,CREAM
FRUIT,FRESH ASSORTED
FRUIT JUICE,ASSORTED
MILK,1% Lowfat
MILK,Skim
CRACKERS

NO SCHOOL TODAY

19

12 `

22 23 24 25 26 Sausage Pancake/Stick, MS16 ENGLISH MUFFIN W/ SAUSA NO SCHOOL TODAY NO SCHOOL TODAY FRENCH TOAST STICKS 90 GE BAGELS, PLAIN, ENRICHED BAGELS, PLAIN, ENRICHED BAGELS, PLAIN, ENRICHED CEREAL, VARIETY CEREAL, VARIETY **CEREAL, VARIETY** CHEESE, CREAM CHEESE.CREAM CHEESE.CREAM FRUIT.FRESH ASSORTED FRUIT.FRESH ASSORTED FRUIT.FRESH ASSORTED FRUIT JUICE, ASSORTED FRUIT JUICE.ASSORTED FRUIT JUICE.ASSORTED MILK,1% Lowfat MILK,1% Lowfat MILK,1% Lowfat MILK.Skim MILK, Skim MILK, Skim **CRACKERS CRACKERS** CRACKERS 29 30 Burrito, Breakfast, WGR MS168 MUFFIN. ASSORTED 4 OZ BAGELS, PLAIN, ENRICHED 3 CEREAL, VARIETY BAGELS, PLAIN, ENRICHED CHEESE, CREAM CEREAL, VARIETY FRUIT, FRESH ASSORTED CHEESE, CREAM FRUIT, FRESH ASSORTED FRUIT JUICE, ASSORTED MILK,1% Lowfat FRUIT JUICE, ASSORTED MILK,Skim MILK,1% Lowfat **CRACKERS** MILK, Skim **CRACKERS** 

LAKE COUNTY SCHOOL DISTRICT R-1 IS AN EQUAL OPPORTUNITY ORGANIZATION