

Monday

1

SPAGHETTI AND MEAT SAUCE
 Roll, Whole Wheat Pur2ozMS13
 55
 SALAD BAR
 FRUIT SALAD
 MILK,1% Lowfat
 MILK,Skim
 PARMESAN CHEESE, GRATED

Tuesday

2

BREADED CHICKEN SANDWICH
 POTATO PUFFS: frozen,cooked
 SALAD BAR
 FRUIT SALAD
 MILK,1% Lowfat
 MILK,Skim
 KETCHUP: individual
 MAYONNAISE:individual PC

Wednesday

3

Ham & Cheese Sandwich Jennie O 547-4010
 Sunchips Original 1oz 377-8029
 SALAD BAR
 FRUIT SALAD
 MILK,1% Lowfat
 MILK,Skim
 MAYONNAISE:individual PC
 MUSTARD: individual PC

Thursday

4

18A BREADSTICK, BOSCO 4" GARLIC *2 EACH*
 Spaghetti Sauce Base (2M)
 GREEN BEANS: frozen,boiled
 SALAD BAR
 FRUIT SALAD
 MILK,1% Lowfat
 MILK,Skim

Friday

5

NACHOS WITH GROUND BEEF
 Cinnamon Roll Whole Grain
 SALAD BAR
 FRUIT SALAD
 MILK,1% Lowfat
 MILK,Skim
 PEPPERS,JALAPENO

8

Waffle Stick Whole Grain
 18 SCRAMBLED EGG/CHEESE *1/2c*
 POTATO PUFFS: frozen,cooked
 SALAD BAR
 FRUIT SALAD
 MILK,1% Lowfat
 MILK,Skim
 KETCHUP: individual
 SYRUP,PANCAKE

9

Grilled Cheese Sandwich
 TOMATO SOUP
 Gold Fish, Whole Grain, Cheddar, Smart Snack Co
 SALAD BAR
 FRUIT SALAD
 MILK,1% Lowfat
 MILK,Skim

10

TURKEY, POTATOES, AND GRAVY
 Roll, Whole Wheat Pur2ozMS13
 55
 SALAD BAR
 FRUIT SALAD
 MILK,1% Lowfat
 MILK,Skim

11

HOT DOG ON A BUN:turkey hot
 BAKED BEANS (VEGETARIAN):veg
 SALAD BAR
 FRUIT SALAD
 MILK,1% Lowfat
 MILK,Skim
 KETCHUP: individual
 MUSTARD: individual PC
 RELISH: individual PC

12

CHEESEBURGER ON A BUN
 FRENCH FRIES: oven heat
 SALAD BAR
 FRUIT SALAD
 MILK,1% Lowfat
 MILK,Skim
 KETCHUP: individual
 MUSTARD: individual PC
 PICKLES,DILL SPEAR

15

BEEF & BEAN BURRITO
 GREEN CHILI SAUCE
 CORN: canned, yellow
 FRUIT SALAD
 MILK,1% Lowfat
 MILK,Skim

16

Corn Dog Foster Farms 888-3937
 Bkd Season PotatoWedges MS1093
 FRUIT SALAD
 MILK,1% Lowfat
 MILK,Skim
 KETCHUP: individual
 MUSTARD: individual PC

17

NACHOS WITH GROUND BEEF
 Cinnamon Roll Whole Grain
 SALAD BAR
 FRUIT SALAD
 MILK,1% Lowfat
 MILK,Skim
 PEPPERS,JALAPENO

18

Pepperoni Pizza, The Max, Premium Pizza, 4x6
 SHERBET, ORANGE
 SALAD BAR
 FRUIT SALAD
 MILK,1% Lowfat
 MILK,Skim

19

NO SCHOOL TODAY

22

NO SCHOOL TODAY

23

NO SCHOOL TODAY

24

BREADED CHICKEN SANDWICH
POTATO PUFFS: frozen,cooked
SALAD BAR
FRUIT SALAD
MILK,1% Lowfat
MILK,Skim
KETCHUP: individual
MAYONNAISE:individual PC

25

Chili Con Carne w/ Beans MS13
0
CORN BREAD
SALAD BAR
FRUIT SALAD
MILK,1% Lowfat
MILK,Skim
CHEDDAR CHEESE

26

Ham & Cheese Sandwich Jennie O 547-4010
Sunchips Original 1oz 377-8029
SALAD BAR
FRUIT SALAD
MILK,1% Lowfat
MILK,Skim
MAYONNAISE:individual PC
MUSTARD: individual PC

29

Waffle Stick Whole Grain
18 SCRAMBLED EGG/CHEESE
E *1/2c*
POTATO PUFFS: frozen,cooked
SALAD BAR
FRUIT SALAD
MILK,1% Lowfat
MILK,Skim
KETCHUP: individual
SYRUP,PANCAKE

30

Grilled Cheese Sandwich
TOMATO SOUP
Gold Fish, Whole Grain, Cheddar, Smart Snack Co
SALAD BAR
FRUIT SALAD
MILK,1% Lowfat
MILK,Skim

LAKE COUNTY SCHOOL DISTRICT R-1 IS AN EQUAL OPPORTUNITY ORGANIZATION