



**Monday**

**1**  
 EGG & CHEESE ENGLISH MUFFIN SANDWICH  
 WHEAT BAGEL  
 CREAM CHEESE  
 CEREAL, VARIETY (WG)  
 CRACKERS, ASSTD. (WG)  
 STRING CHEESE, MOZZ  
 FRUIT, FRESH, ASSTD  
 MILK, 1% LOWFAT  
 MILK, SKIM

**8**  
 CHEESE & SAUSAGE ENGLISH MUFFIN SANDWICH  
 WHEAT BAGEL  
 CREAM CHEESE  
 CEREAL, VARIETY (WG)  
 CRACKERS, ASSTD. (WG)  
 STRING CHEESE, MOZZ  
 FRUIT, FRESH, ASSTD  
 MILK, 1% LOWFAT  
 MILK, SKIM

**Tuesday**

**2**  
 FRENCH TOAST CASSEROLE  
 BREAKFAST SYRUP  
 CEREAL, VARIETY (WG)  
 YOGURT, CHERRY VANILLA  
 CRACKERS, ASSTD. (WG)  
 WHEAT BAGEL  
 CREAM CHEESE  
 FRUIT, FRESH, ASSTD  
 MILK, 1% LOWFAT  
 MILK, SKIM

**9**  
 FRENCH TOAST CASSEROLE  
 BREAKFAST SYRUP  
 CEREAL, VARIETY (WG)  
 YOGURT, CHERRY VANILLA  
 CRACKERS, ASSTD. (WG)  
 WHEAT BAGEL  
 CREAM CHEESE  
 FRUIT, FRESH, ASSTD  
 MILK, 1% LOWFAT  
 MILK, SKIM

**Wednesday**

**3**  
 HOUSEMADE YOGURT PARFAIT  
 WHEAT BAGEL  
 CREAM CHEESE  
 CEREAL, VARIETY (WG)  
 CRACKERS, ASSTD. (WG)  
 STRING CHEESE, MOZZ  
 FRUIT, FRESH, ASSTD  
 MILK, 1% LOWFAT  
 MILK, SKIM

**10**  
 HOMEMADE WHOLE WHEAT PANCAKES  
 BREAKFAST SYRUP  
 WHEAT BAGEL  
 CREAM CHEESE  
 CEREAL, VARIETY (WG)  
 CRACKERS, ASSTD. (WG)  
 STRING CHEESE, MOZZ  
 FRUIT, FRESH, ASSTD  
 MILK, 1% LOWFAT  
 MILK, SKIM

**Thursday**

**4**  
 HOUSEMADE GREEN CHILI BREAKFAST BURRITO  
 WHEAT BAGEL  
 CREAM CHEESE  
 CEREAL, VARIETY (WG)  
 CRACKERS, ASSTD. (WG)  
 YOGURT, STRWBRY BANA  
 FRUIT, FRESH, ASSTD  
 MILK, 1% LOWFAT  
 MILK, SKIM

**11**  
 HOUSEMADE GREEN CHILI BREAKFAST BURRITO  
 WHEAT BAGEL  
 CREAM CHEESE  
 CEREAL, VARIETY (WG)  
 CRACKERS, ASSTD. (WG)  
 YOGURT, STRWBRY BANA  
 FRUIT, FRESH, ASSTD  
 MILK, 1% LOWFAT  
 MILK, SKIM

**Friday**

**5**

**12**

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EGG & CHEESE ENGLISH MUFFIN SANDWICH  
WHEAT BAGEL  
CREAM CHEESE  
CEREAL, VARIETY (WG)  
CRACKERS, ASSTD. (WG)  
STRING CHEESE, MOZZ  
FRUIT, FRESH, ASSTD  
MILK, 1% LOWFAT  
MILK, SKIM

16

FRENCH TOAST CASSEROLE  
BREAKFAST SYRUP  
CEREAL, VARIETY (WG)  
YOGURT, CHERRY VANILLA  
CRACKERS, ASSTD. (WG)  
WHEAT BAGEL  
CREAM CHEESE  
FRUIT, FRESH, ASSTD  
MILK, 1% LOWFAT  
MILK, SKIM

17

HOUSEMADE YOGURT PARFAIT  
WHEAT BAGEL  
CREAM CHEESE  
CEREAL, VARIETY (WG)  
CRACKERS, ASSTD. (WG)  
STRING CHEESE, MOZZ  
FRUIT, FRESH, ASSTD  
MILK, 1% LOWFAT  
MILK, SKIM

18

HOUSEMADE GREEN CHILI  
BREAKFAST BURRITO  
WHEAT BAGEL  
CREAM CHEESE  
CEREAL, VARIETY (WG)  
CRACKERS, ASSTD. (WG)  
YOGURT, STRWBRY BANA  
FRUIT, FRESH, ASSTD  
MILK, 1% LOWFAT  
MILK, SKIM

19

22

CHEESE & SAUSAGE ENGLISH MUFFIN SANDWICH  
WHEAT BAGEL  
CREAM CHEESE  
CEREAL, VARIETY (WG)  
CRACKERS, ASSTD. (WG)  
STRING CHEESE, MOZZ  
FRUIT, FRESH, ASSTD  
MILK, 1% LOWFAT  
MILK, SKIM

23

FRENCH TOAST CASSEROLE  
BREAKFAST SYRUP  
CEREAL, VARIETY (WG)  
YOGURT, CHERRY VANILLA  
CRACKERS, ASSTD. (WG)  
WHEAT BAGEL  
CREAM CHEESE  
FRUIT, FRESH, ASSTD  
MILK, 1% LOWFAT  
MILK, SKIM

24

HOMEMADE WHOLE WHEAT  
PANCAKES  
BREAKFAST SYRUP  
WHEAT BAGEL  
CREAM CHEESE  
CEREAL, VARIETY (WG)  
CRACKERS, ASSTD. (WG)  
STRING CHEESE, MOZZ  
FRUIT, FRESH, ASSTD  
MILK, 1% LOWFAT  
MILK, SKIM

25

HOUSEMADE GREEN CHILI  
BREAKFAST BURRITO  
WHEAT BAGEL  
CREAM CHEESE  
CEREAL, VARIETY (WG)  
CRACKERS, ASSTD. (WG)  
YOGURT, STRWBRY BANA  
FRUIT, FRESH, ASSTD  
MILK, 1% LOWFAT  
MILK, SKIM

26

29

EGG & CHEESE ENGLISH MUFFIN SANDWICH  
WHEAT BAGEL  
CREAM CHEESE  
CEREAL, VARIETY (WG)  
CRACKERS, ASSTD. (WG)  
STRING CHEESE, MOZZ  
FRUIT, FRESH, ASSTD  
MILK, 1% LOWFAT  
MILK, SKIM

30

FRENCH TOAST CASSEROLE  
BREAKFAST SYRUP  
CEREAL, VARIETY (WG)  
YOGURT, CHERRY VANILLA  
CRACKERS, ASSTD. (WG)  
WHEAT BAGEL  
CREAM CHEESE  
FRUIT, FRESH, ASSTD  
MILK, 1% LOWFAT  
MILK, SKIM

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