## Parent/Guardian Information Letter Healthy Kids Colorado Survey



Dear Parent or Guardian:

This fall our students will take the Healthy Kids Colorado Survey (HKCS), an important survey about student health. The survey asks students about health topics including unintentional injuries and violence; mental health; school safety; substance use; physical activity and nutrition; sexual behavior (optional); and risk and protective factors.

Your child is in a class that has been chosen to take this anonymous survey. Students do not have to take the survey. The survey takes no longer than one class period to complete. The survey process protects your student's privacy, and no information is collected that can identify an individual student. Only your child will know how they answer. Students do not get school credit for taking the survey, and there is no penalty for not taking the survey.

The survey results will help your school, community groups, and state health agencies to plan programs and services for youth. The survey is supported by the Colorado Departments of Public Health & Environment, Education, Public Safety, the Behavioral Health Administration, and the Attorney General's Office, and is administered by the Colorado School of Public Health every other year. This project has been approved by your school district and the Colorado Multiple Institutional Review Board (COMIRB).

Students receive the survey during class time and are instructed to answer the questions or skip any question they don't understand or don't feel comfortable answering. Students who are not completing the survey do other schoolwork during the survey time. We encourage you to discuss the survey with your child and share your views on their choice to participate.

For more information about the study, please visit our website at <a href="http://www.healthykidscolo.org">http://www.healthykidscolo.org</a> or call the Healthy Kids Colorado Survey Director, Dr. Ashley Brooks-Russell, at 303-724-8437. For questions regarding IRB approval, please contact COMIRB at 303-724-1055.

To view a copy of your school district's survey, please visit:

- High school survey: <a href="https://bit.ly/HKCS-HS-English-25">https://bit.ly/HKCS-HS-English-25</a>
  The school survey: <a href="https://bit.ly/HKCS-HS-English-25">https://bit.ly/HKCS-HS-English-25</a>
- Middle school survey: <a href="https://bit.ly/HKCS-MS-English-25">https://bit.ly/HKCS-MS-English-25</a>

Please sign and return this form to your child's school by Tuesday, October 28th if you do <u>NOT</u> want your child to participate.

Student's name: Grade:
I have read this form and understand what the Healthy Kids Colorado Survey is about.
I do <u>not</u> want my child to complete the survey.
Parent/Guardian name:
Parent/Guardian signature: Date: