



Monday

1

ITALIAN DIP STICKS
MARINARA CUP
SIDE - WHOLE GRAIN
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

Tuesday

2

TAMALE
SIDE - WHOLE GRAIN
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

Wednesday

3

MAC & CHEESE, INDIVIDUAL
CHICKEN TENDERS
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

Thursday

4

BEAN & CHEESE BURRITO
SIDE - WHOLE GRAIN
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

Friday

5

MANICOTTI, CHEESE
MARINARA SAUCE
SIDE - WHOLE GRAIN
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

8

CORN DOG
SIDE - WHOLE GRAIN
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

9

TORNADO, BEEF & CHEESE
SIDE - WHOLE GRAIN
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

10

RAVIOLIS, CHEESE
MARINARA SAUCE
SIDE - WHOLE GRAIN
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

11

CHIMICHANGA
SIDE - WHOLE GRAIN
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

12

STUFFED SHELLS, CHEESE
MARINARA SAUCE
SIDE - WHOLE GRAIN
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

15

ITALIAN DIP STICKS
MARINARA CUP
SIDE - WHOLE GRAIN
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

16

TAMALE
SIDE - WHOLE GRAIN
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

17

MAC & CHEESE, INDIVIDUAL
CHICKEN TENDERS
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

18

BEAN & CHEESE BURRITO
SIDE - WHOLE GRAIN
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

19

MANICOTTI, CHEESE
MARINARA SAUCE
SIDE - WHOLE GRAIN
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

22

CORN DOG
SIDE - WHOLE GRAIN
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

23

TORNADO, BEEF & CHEESE
SIDE - WHOLE GRAIN
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

24

RAVIOLIS, CHEESE
MARINARA SAUCE
SIDE - WHOLE GRAIN
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

25

CHIMICHANGA
SIDE - WHOLE GRAIN
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

26

STUFFED SHELLS, CHEESE
MARINARA SAUCE
SIDE - WHOLE GRAIN
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

29

ITALIAN DIP STICKS
MARINARA CUP
SIDE - WHOLE GRAIN
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

30

TAMALE
SIDE - WHOLE GRAIN
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

31

MAC & CHEESE, INDIVIDUAL
CHICKEN TENDERS
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY ORGANIZATION