Lake County School District R-1

SEPT 2021 BREAKFAST MENU

Lake County High School

Lake County School District R-		HELLO		Lake County High School
	S	eptembe	er	
Monday	Tuesday	1 RENCH TOAST STICKS BAGEL (WG) CREAM CHEESE CEREAL, VARIETY (WG) YOGURT, STRWBRY BANNA FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	2 BREAKFAST BURRITO WITH SAUSAGE BAGEL (WG) CREAM CHEESE CEREAL, VARIETY (WG) STRING CHEESE, MOZZ FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	Friday 3
6 NO SCHOOL TODAY	7 MUFFIN, BANANA (WG) MUFFIN, CHOCO CHIP (WG) MUFFIN, BLUEBERRY (WG) CEREAL, VARIETY (WG) YOGURT, STRWBRY BANNA BAGEL (WG) CREAM CHEESE FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	8 ENGLISH MUFFIN W/ SAUSA GE BAGEL (WG) CREAM CHEESE CEREAL, VARIETY (WG) STRING CHEESE, MOZZ FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	9 FRENCH TOAST STICKS BAGEL (WG) CREAM CHEESE CEREAL, VARIETY (WG) YOGURT, STRWBRY BANNA FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	10 BREAKFAST BURRITO WITH SAUSAGE BAGEL (WG) CREAM CHEESE CEREAL, VARIETY (WG) STRING CHEESE, MOZZ FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM
13 MUFFIN, BANANA (WG) MUFFIN, CHOCO CHIP (WG) MUFFIN, BLUEBERRY (WG) CEREAL, VARIETY (WG) YOGURT, STRWBRY BANNA BAGEL (WG) CREAM CHEESE FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	14 ENGLISH MUFFIN W/ SAUSA GE BAGEL (WG) CREAM CHEESE CEREAL, VARIETY (WG) STRING CHEESE, MOZZ FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	15 FRENCH TOAST STICKS BAGEL (WG) CREAM CHEESE CEREAL, VARIETY (WG) YOGURT, STRWBRY BANNA FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	16 BREAKFAST BURRITO WITH SAUSAGE BAGEL (WG) CREAM CHEESE CEREAL, VARIETY (WG) STRING CHEESE, MOZZ FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	17

20 MUFFIN, BANANA (WG) MUFFIN, CHOCO CHIP (WG) MUFFIN, BLUEBERRY (WG) CEREAL, VARIETY (WG) YOGURT, STRWBRY BANNA BAGEL (WG) CREAM CHEESE FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	21 ENGLISH MUFFIN W/ SAUSA GE BAGEL (WG) CREAM CHEESE CEREAL, VARIETY (WG) STRING CHEESE, MOZZ FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	22 FRENCH TOAST STICKS BAGEL (WG) CREAM CHEESE CEREAL, VARIETY (WG) YOGURT, STRWBRY BANNA FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	23 BREAKFAST BURRITO WITH SAUSAGE BAGEL (WG) CREAM CHEESE CEREAL, VARIETY (WG) STRING CHEESE, MOZZ FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	24
27 MUFFIN, BANANA (WG) MUFFIN, CHOCO CHIP (WG) MUFFIN, BLUEBERRY (WG) CEREAL, VARIETY (WG) YOGURT, STRWBRY BANNA BAGEL (WG) CREAM CHEESE FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	28 ENGLISH MUFFIN W/ SAUSA GE BAGEL (WG) CREAM CHEESE CEREAL, VARIETY (WG) STRING CHEESE, MOZZ FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	29 FRENCH TOAST STICKS BAGEL (WG) CREAM CHEESE CEREAL, VARIETY (WG) YOGURT, STRWBRY BANNA FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	30 BREAKFAST BURRITO WITH SAUSAGE BAGEL (WG) CREAM CHEESE CEREAL, VARIETY (WG) STRING CHEESE, MOZZ FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	

LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY ORGANIZATION