



Hello

AUTUMN



Monday

Tuesday

Wednesday

Thursday

Friday

4

COUNTRY CHICKEN BOWL
 CHEESEBURGER ON A BUN
 QUESADILLA, CHICKEN
 QUESADILLA, CHEESE
 SUB SANDWICH
 FRUIT, FRESH, ASSTD
 VEGGIES, FRESH, ASSTD
 MILK, SKIM
 MILK, 1% LOWFAT
 SUNCHIPS, CHEDDAR
 SUNCHIPS, ORIGINAL
 ROLLS, WHEAT - WG
 KETCHUP
 MUSTARD
 MAYONNAISE

5

COUNTRY CHICKEN BOWL
 CHEESEBURGER ON A BUN
 QUESADILLA, CHICKEN
 QUESADILLA, CHEESE
 SUB SANDWICH
 FRUIT, FRESH, ASSTD
 VEGGIES, FRESH, ASSTD
 MILK, SKIM
 MILK, 1% LOWFAT
 SUNCHIPS, CHEDDAR
 SUNCHIPS, ORIGINAL
 ROLLS, WHEAT - WG
 KETCHUP
 MUSTARD
 MAYONNAISE

6

COUNTRY CHICKEN BOWL
 CHEESEBURGER ON A BUN
 QUESADILLA, CHICKEN
 QUESADILLA, CHEESE
 SUB SANDWICH
 FRUIT, FRESH, ASSTD
 VEGGIES, FRESH, ASSTD
 MILK, SKIM
 MILK, 1% LOWFAT
 SUNCHIPS, CHEDDAR
 SUNCHIPS, ORIGINAL
 ROLLS, WHEAT - WG
 KETCHUP
 MUSTARD
 MAYONNAISE

7

COUNTRY CHICKEN BOWL
 CHEESEBURGER ON A BUN
 QUESADILLA, CHICKEN
 QUESADILLA, CHEESE
 SUB SANDWICH
 FRUIT, FRESH, ASSTD
 VEGGIES, FRESH, ASSTD
 MILK, SKIM
 MILK, 1% LOWFAT
 SUNCHIPS, CHEDDAR
 SUNCHIPS, ORIGINAL
 ROLLS, WHEAT - WG
 KETCHUP
 MUSTARD
 MAYONNAISE

8

1

11

SESAME CHICKEN SALAD B
OWL
HOT DOG ON A BUN
GRILLED CHEESE SANDWIC
H
RED ENCHILADA, CHEESE
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
CRACKERS, GOLD FISH, CH
DR (WG)
SUNCHIPS, CHEDDAR
SUNCHIPS, ORIGINAL
KETCHUP
MUSTARD

12

SESAME CHICKEN SALAD B
OWL
HOT DOG ON A BUN
GRILLED CHEESE SANDWIC
H
RED ENCHILADA, CHEESE
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
CRACKERS, GOLD FISH, CH
DR (WG)
SUNCHIPS, CHEDDAR
SUNCHIPS, ORIGINAL
KETCHUP
MUSTARD

13

SESAME CHICKEN SALAD B
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HOT DOG ON A BUN
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RED ENCHILADA, CHEESE
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VEGGIES, FRESH, ASSTD
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MILK, SKIM
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DR (WG)
SUNCHIPS, CHEDDAR
SUNCHIPS, ORIGINAL
KETCHUP
MUSTARD

14

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RED ENCHILADA, CHEESE
FRUIT, FRESH, ASSTD
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MILK, 1% LOWFAT
MILK, SKIM
CRACKERS, GOLD FISH, CH
DR (WG)
SUNCHIPS, CHEDDAR
SUNCHIPS, ORIGINAL
KETCHUP
MUSTARD

15

18

BEEF BURRITO BOWL
BIG DADDY CHEESE PIZZA
BIG DADDY PEPPERONI PIZ
ZA
NACHOS WITH GROUND BE
EF
SPICY CRISPY CHICKEN SA
NDWICH
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
SUNCHIPS, CHEDDAR
SUNCHIPS, ORIGINAL
CRACKER, WHEAT WAFER
JALAPEÑO PEPPERS
RED SALSA
SOUR CREAM
CHEDDAR CHEESE
KETCHUP
MUSTARD
MAYONNAISE

19

BEEF BURRITO BOWL
BIG DADDY CHEESE PIZZA
BIG DADDY PEPPERONI PIZ
ZA
NACHOS WITH GROUND BE
EF
SPICY CRISPY CHICKEN SA
NDWICH
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
SUNCHIPS, CHEDDAR
SUNCHIPS, ORIGINAL
CRACKER, WHEAT WAFER
JALAPEÑO PEPPERS
RED SALSA
SOUR CREAM
CHEDDAR CHEESE
KETCHUP
MUSTARD
MAYONNAISE

20

BEEF BURRITO BOWL
BIG DADDY CHEESE PIZZA
BIG DADDY PEPPERONI PIZ
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SUNCHIPS, ORIGINAL
CRACKER, WHEAT WAFER
JALAPEÑO PEPPERS
RED SALSA
SOUR CREAM
CHEDDAR CHEESE
KETCHUP
MUSTARD
MAYONNAISE

21

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SOUR CREAM
CHEDDAR CHEESE
KETCHUP
MUSTARD
MAYONNAISE

22

25

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