

Have Courage Be Kind

Monday

Tuesday

Wednesday

Thursday

Friday

1

BISCUIT, HAM & CHEESE
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

2

FRENCH TOAST STICKS
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
YOGURT, STRWBRY BANNA
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

3

BREAKFAST BURRITO WITH
SAUSAGE
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
RED SALSA

4

7

MUFFIN, BANANA (WG)
MUFFIN, CHOCO CHIP (WG)
MUFFIN, BLUEBERRY (WG)
CEREAL, VARIETY (WG)
YOGURT, STRWBRY BANNA
BAGEL (WG)
CREAM CHEESE
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

8

ENGLISH MUFFIN W/ SAUSA
GE
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

9

FRENCH TOAST STICKS
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
YOGURT, STRWBRY BANNA
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

10

BREAKFAST BURRITO WITH
SAUSAGE
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
RED SALSA

11

14

MUFFIN, BANANA (WG)
MUFFIN, CHOCO CHIP (WG)
MUFFIN, BLUEBERRY (WG)
CEREAL, VARIETY (WG)
YOGURT, STRWBRY BANNA
BAGEL (WG)
CREAM CHEESE
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

15

BISCUIT, HAM & CHEESE
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

16

FRENCH TOAST STICKS
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
YOGURT, STRWBRY BANNA
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

17

BREAKFAST BURRITO WITH
SAUSAGE
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
RED SALSA

18

21

NO SCHOOL TODAY

22

MUFFIN, BANANA (WG)
MUFFIN, CHOCO CHIP (WG)
MUFFIN, BLUEBERRY (WG)
CEREAL, VARIETY (WG)
YOGURT, STRWBRY BANNA
BAGEL (WG)
CREAM CHEESE
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

23

ENGLISH MUFFIN W/ SAUSA
GE
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

24

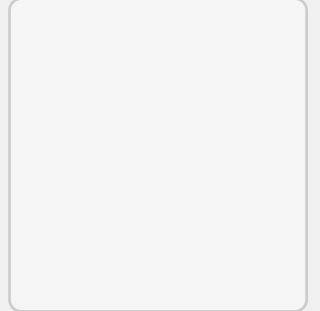
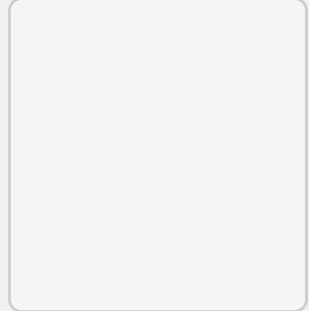
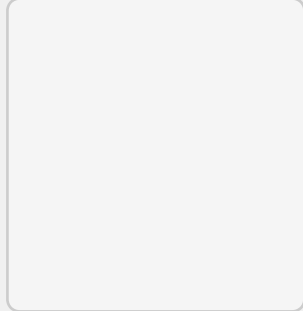
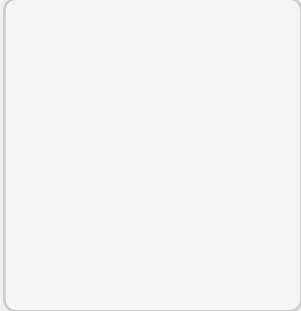
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BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
YOGURT, STRWBRY BANNA
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

25

BREAKFAST BURRITO WITH
SAUSAGE
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
RED SALSA

28

MUFFIN, BANANA (WG)
MUFFIN, CHOCO CHIP (WG)
MUFFIN, BLUEBERRY (WG)
CEREAL, VARIETY (WG)
YOGURT, STRWBRY BANNA
BAGEL (WG)
CREAM CHEESE
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM



LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY ORGANIZATION