

Have Courage Be Kind

Monday

Tuesday

Wednesday

Thursday

Friday

1

COUNTRY CHICKEN BOWL
CHEESEBURGER ON A BUN
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
SUNCHIPS, CHEDDAR
SUNCHIPS, ORIGINAL
CHEDDAR CHEESE
MAYONNAISE
MUSTARD
KETCHUP

2

SESAME CHICKEN SALAD B
OWL
RED ENCHILADA, CHEESE
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
CRACKERS, ASSTD. (WG)

3

SESAME CHICKEN SALAD B
OWL
CRISPY CHICKEN SANDWIC
H
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
SUNCHIPS, CHEDDAR
SUNCHIPS, ORIGINAL
KETCHUP
MUSTARD
MAYONNAISE

4

7

WHITE CHICKEN CHILI
QUESADILLA, CHEESE
NACHOS WITH GROUND BE
EF
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
ROLLS, WHEAT - WG
JALAPENO PEPPERS

8

WHITE CHICKEN CHILI
QUESADILLA, CHEESE
TOASTED HAM & CHEESE S
ANDWICH
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
GOLDFISH, CHEDDAR - WG

9

BBQ PULLED PORK SANDWI
CH
BAKED CHEESE ZITI
GARLIC BREAD
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
BISCUIT - WG
PICKLE CHIPS
COLE SLAW

10

BBQ PULLED PORK SANDWI
CH
SUB SANDWICH
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
CHIPS, ASSORTED
PICKLE CHIPS
COLE SLAW
MUSTARD
MAYONNAISE

11

14

COUNTRY CHICKEN BOWL
BIG DADDY CHEESE PIZZA
BIG DADDY PEPPERONI PIZ
ZA
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
ROLLS, WHEAT - WG
CHEDDAR CHEESE

15

COUNTRY CHICKEN BOWL
CHEESEBURGER ON A BUN
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
SUNCHIPS, CHEDDAR
SUNCHIPS, ORIGINAL
CHEDDAR CHEESE
MAYONNAISE
MUSTARD
KETCHUP

16

SESAME CHICKEN SALAD B
OWL
RED ENCHILADA, CHEESE
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
CRACKERS, ASSTD. (WG)

17

SESAME CHICKEN SALAD B
OWL
CRISPY CHICKEN SANDWIC
H
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
SUNCHIPS, CHEDDAR
SUNCHIPS, ORIGINAL
KETCHUP
MUSTARD
MAYONNAISE

18

21

NO SCHOOL TODAY

22

WHITE CHICKEN CHILI
QUESADILLA, CHEESE
NACHOS WITH GROUND BE
EF
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
ROLLS, WHEAT - WG
JALAPENO PEPPERS

23

WHITE CHICKEN CHILI
QUESADILLA, CHEESE
TOASTED HAM & CHEESE S
ANDWICH
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
GOLDFISH, CHEDDAR - WG

24

BBQ PULLED PORK SANDWI
CH
BAKED CHEESE ZITI
GARLIC BREAD
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
BISCUIT - WG
PICKLE CHIPS
COLE SLAW

25

BBQ PULLED PORK SANDWI
CH
SUB SANDWICH
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
CHIPS, ASSORTED
PICKLE CHIPS
COLE SLAW
MUSTARD
MAYONNAISE

28

COUNTRY CHICKEN BOWL
BIG DADDY CHEESE PIZZA
BIG DADDY PEPPERONI PIZ
ZA
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
ROLLS, WHEAT - WG
CHEDDAR CHEESE