

NATIONAL NUTRITION MONTH

Monday**Tuesday****Wednesday****Thursday****Friday****1**

BISCUIT, HAM & CHEESE
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

2

FRENCH TOAST STICKS
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
YOGURT, STRWBRY BANNA
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

3

BREAKFAST BURRITO WITH
SAUSAGE
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
RED SALSA

4**7**

MUFFIN, BANANA (WG)
MUFFIN, CHOCO CHIP (WG)
MUFFIN, BLUEBERRY (WG)
CEREAL, VARIETY (WG)
YOGURT, STRWBRY BANNA
BAGEL (WG)
CREAM CHEESE
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

8

ENGLISH MUFFIN W/ SAUSA
GE
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

9

FRENCH TOAST STICKS
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
YOGURT, STRWBRY BANNA
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

10

BREAKFAST BURRITO WITH
SAUSAGE
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
RED SALSA

11**14**

MUFFIN, BANANA (WG)
MUFFIN, CHOCO CHIP (WG)
MUFFIN, BLUEBERRY (WG)
CEREAL, VARIETY (WG)
YOGURT, STRWBRY BANNA
BAGEL (WG)
CREAM CHEESE
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

15

BISCUIT, HAM & CHEESE
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

16

FRENCH TOAST STICKS
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
YOGURT, STRWBRY BANNA
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

17

BREAKFAST BURRITO WITH
SAUSAGE
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
RED SALSA

18**21**

SPRING BREAK

22

SPRING BREAK

23

SPRING BREAK

24

SPRING BREAK

25

SPRING BREAK

28

MUFFIN, BANANA (WG)
MUFFIN, CHOCO CHIP (WG)
MUFFIN, BLUEBERRY (WG)
CEREAL, VARIETY (WG)
YOGURT, STRWBRY BANNA
BAGEL (WG)
CREAM CHEESE
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

29

ENGLISH MUFFIN W/ SAUSA
GE
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

30

FRENCH TOAST STICKS
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
YOGURT, STRWBRY BANNA
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

31

BREAKFAST BURRITO WITH
SAUSAGE
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
RED SALSA

LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY ORGANIZATION