



Monday

5

12
 HOMEMADE BLUEBERRY MUFFINS
 CEREAL, VARIETY (WG)
 YOGURT, STRWBRY BANNA
 BAGEL (WG)
 CREAM CHEESE
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

Tuesday

6
 HOMEMADE BLUEBERRY MUFFINS
 CEREAL, VARIETY (WG)
 YOGURT, STRWBRY BANNA
 BAGEL (WG)
 CREAM CHEESE
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

13
 BISCUIT, HAM & CHEESE
 BAGEL (WG)
 CREAM CHEESE
 CEREAL, VARIETY (WG)
 STRING CHEESE, MOZZ
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

Wednesday

7
 ENGLISH MUFFIN W/ SAUSAGE
 BAGEL (WG)
 CREAM CHEESE
 CEREAL, VARIETY (WG)
 STRING CHEESE, MOZZ
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

14
 YOGURT PARFAIT
 BAGEL (WG)
 CREAM CHEESE
 CEREAL, VARIETY (WG)
 STRING CHEESE, MOZZ
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

Thursday

1
 GREEN CHILI BREAKFAST BURRITO
 BAGEL (WG)
 CREAM CHEESE
 CEREAL, VARIETY (WG)
 YOGURT, STRWBRY BANNA
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM
 RED SALSA

8
 YOGURT PARFAIT
 BAGEL (WG)
 CREAM CHEESE
 CEREAL, VARIETY (WG)
 STRING CHEESE, MOZZ
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

15
 GREEN CHILI BREAKFAST BURRITO
 BAGEL (WG)
 CREAM CHEESE
 CEREAL, VARIETY (WG)
 YOGURT, STRWBRY BANNA
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM
 RED SALSA

Friday

2

9
 GREEN CHILI BREAKFAST BURRITO
 BAGEL (WG)
 CREAM CHEESE
 CEREAL, VARIETY (WG)
 YOGURT, STRWBRY BANNA
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM
 RED SALSA

16

19

HOMEMADE BLUEBERRY MUFFINS
CEREAL, VARIETY (WG)
YOGURT, STRWBRY BANNA
BAGEL (WG)
CREAM CHEESE
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

20

ENGLISH MUFFIN W/ SAUSAGE
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

21

YOGURT PARFAIT
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

22

GREEN CHILI BREAKFAST BURRITO
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
YOGURT, STRWBRY BANNA
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
RED SALSA

23

26

HOMEMADE BLUEBERRY MUFFINS
CEREAL, VARIETY (WG)
YOGURT, STRWBRY BANNA
BAGEL (WG)
CREAM CHEESE
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

27

BISCUIT, HAM & CHEESE
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

28

YOGURT PARFAIT
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

29

GREEN CHILI BREAKFAST BURRITO
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
YOGURT, STRWBRY BANNA
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
RED SALSA

30

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