

## Lake County MS and HS Alpine Ski Racing

**Who:** MS Team for 6-8th grade; HS Team for 9-12th grade. Any student who is a competent skier will enjoy being on the LCHS Alpine ski teams

**What:** Alpine ski racing is a super fun school sport available in many mountain communities in Colorado. Even someone with no race experience can jump in and enjoy ski racing. Ski racing is great overall development for skiing and someone's skiing skills. Training includes lots of general free skiing and skiing for fun outside of gates.

**When and Where:** : Practices Various Mondays-Thursdays 5-7pm Dutch Henry; Saturdays 9-3pm at Ski Cooper. Race Schedule below. LCHS provides transportation to and from Lake County HS to races.

**How:** Racing is provided through a collaboration with Cloud City Mountain Sports and LCSD. Students pay a sports fee to LCHS and a fee to CCMS to support with training costs. Students provide their own season pass to Cooper and some races where Cooper passes yield free days. LCSD and CCMS cover all other costs. Parents and students also have a volunteer requirement through CCMS.



Reach out to Ben Cairns with any other questions (ben@cloudcitymountainsports.org). Register with both the LCSD athletic department and CCMS here: <http://cloudcitymountainsports.org/>.

### **2023 MS and HS Race Schedules**

#### MS Race Schedule

Jan 13 @ Keystone Fri SL  
Jan 19th @ Eldora Thursday SL  
Jan 27th open  
Jan 30th @ Loveland Monday GS  
Feb 3rd @ Cooper Friday GS  
Feb 10th @ Cooper Friday Champs 1 GS  
AM, 2 SL PM

#### HS Race Schedule

Jan 6 @ Keystone GS  
Jan 12 @ Beaver Creek SL  
Jan 20 @ Eldora SL  
Jan 27 @ Ski Cooper GS  
Feb 3 @ Loveland GS  
Feb 10 @ Winter Park SL  
Feb 16-17 @ Copper Mtn. (State Championships)