Lake County High School



9	10	
HOMEMADE BLUEBERRY M	ENGLISH MUFFIN W/ SAUSA	
	ENGLISH WUFFIN W/ SAUSA	YOGURT PARFAIT
UFFINS	GE	BAGEL (WG)
CEREAL, VARIETY (WG)	BAGEL (WG)	CREAM CHEESE
YOGURT, STRWBRY BANNA	CREAM CHEESE	CEREAL, VARIETY (W
BAGEL (WG)	CEREAL, VARIETY (WG)	STRING CHEESE, MO
CREAM CHEESE	STRING CHEESE, MOZZ	FRUIT, FRESH, ASST
FRUIT, FRESH, ASSTD	FRUIT, FRESH, ASSTD	MILK, 1% LOWFAT
MILK, 1% LOWFAT	MILK, 1% LOWFAT	MILK, SKIM
MILK, SKIM	MILK, SKIM	

11 URT PARFAIT GREEN CHILI BREAKFAST B URRITO BAGEL (WG) , VARIETY (WG) CREAM CHEESE CEREAL, VARIETY (WG) CHEESE, MOZZ FRESH, ASSTD YOGURT, STRWBRY BANNA 1% LOWFAT FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM **RED SALSA**

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16 NO SCHOOL TODAY	17 HOMEMADE BLUEBERRY M UFFINS CEREAL, VARIETY (WG) YOGURT, STRWBRY BANNA BAGEL (WG) CREAM CHEESE FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	18 BISCUIT, HAM & CHEESE BAGEL (WG) CREAM CHEESE CEREAL, VARIETY (WG) STRING CHEESE, MOZZ FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	19 YOGURT PARFAIT BAGEL (WG) CREAM CHEESE CEREAL, VARIETY (WG) STRING CHEESE, MOZZ FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	20 GREEN CHILI BREAKFAST B URRITO BAGEL (WG) CREAM CHEESE CEREAL, VARIETY (WG) YOGURT, STRWBRY BANNA FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM RED SALSA
23 HOMEMADE BLUEBERRY M UFFINS CEREAL, VARIETY (WG) YOGURT, STRWBRY BANNA BAGEL (WG) CREAM CHEESE FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	24 ENGLISH MUFFIN W/ SAUSA GE BAGEL (WG) CREAM CHEESE CEREAL, VARIETY (WG) STRING CHEESE, MOZZ FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	25 YOGURT PARFAIT BAGEL (WG) CREAM CHEESE CEREAL, VARIETY (WG) STRING CHEESE, MOZZ FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	26 GREEN CHILI BREAKFAST B URRITO BAGEL (WG) CREAM CHEESE CEREAL, VARIETY (WG) YOGURT, STRWBRY BANNA FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM RED SALSA	27
30 HOMEMADE BLUEBERRY M UFFINS CEREAL, VARIETY (WG) YOGURT, STRWBRY BANNA BAGEL (WG) CREAM CHEESE FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	31 BISCUIT, HAM & CHEESE BAGEL (WG) CREAM CHEESE CEREAL, VARIETY (WG) STRING CHEESE, MOZZ FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM			

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PRODIVER.