

# BE KIND



**Monday**      **Tuesday**      **Wednesday**      **Thursday**      **Friday**

1  
YOGURT PARFAIT  
BAGEL (WG)  
CREAM CHEESE  
CEREAL, VARIETY (WG)  
STRING CHEESE, MOZZ  
FRUIT, FRESH, ASSTD  
MILK, 1% LOWFAT  
MILK, SKIM

2  
GREEN CHILI BREAKFAST B  
URRITO  
BAGEL (WG)  
CREAM CHEESE  
CEREAL, VARIETY (WG)  
YOGURT, STRWBRY BANNA  
FRUIT, FRESH, ASSTD  
MILK, 1% LOWFAT  
MILK, SKIM  
RED SALSA

3

6  
FRENCH TOAST BAKE  
CEREAL, VARIETY (WG)  
YOGURT, STRWBRY BANNA  
BAGEL (WG)  
CREAM CHEESE  
FRUIT, FRESH, ASSTD  
MILK, 1% LOWFAT  
MILK, SKIM

7  
ENGLISH MUFFIN W/ SAUSA  
GE  
BAGEL (WG)  
CREAM CHEESE  
CEREAL, VARIETY (WG)  
STRING CHEESE, MOZZ  
FRUIT, FRESH, ASSTD  
MILK, 1% LOWFAT  
MILK, SKIM

8  
YOGURT PARFAIT  
BAGEL (WG)  
CREAM CHEESE  
CEREAL, VARIETY (WG)  
STRING CHEESE, MOZZ  
FRUIT, FRESH, ASSTD  
MILK, 1% LOWFAT  
MILK, SKIM

9  
GREEN CHILI BREAKFAST B  
URRITO  
BAGEL (WG)  
CREAM CHEESE  
CEREAL, VARIETY (WG)  
YOGURT, STRWBRY BANNA  
FRUIT, FRESH, ASSTD  
MILK, 1% LOWFAT  
MILK, SKIM  
RED SALSA

10

13  
FRENCH TOAST BAKE  
CEREAL, VARIETY (WG)  
YOGURT, STRWBRY BANNA  
BAGEL (WG)  
CREAM CHEESE  
FRUIT, FRESH, ASSTD  
MILK, 1% LOWFAT  
MILK, SKIM

14  
BISCUIT, HAM & CHEESE  
BAGEL (WG)  
CREAM CHEESE  
CEREAL, VARIETY (WG)  
STRING CHEESE, MOZZ  
FRUIT, FRESH, ASSTD  
MILK, 1% LOWFAT  
MILK, SKIM

15  
YOGURT PARFAIT  
BAGEL (WG)  
CREAM CHEESE  
CEREAL, VARIETY (WG)  
STRING CHEESE, MOZZ  
FRUIT, FRESH, ASSTD  
MILK, 1% LOWFAT  
MILK, SKIM

16  
GREEN CHILI BREAKFAST B  
URRITO  
BAGEL (WG)  
CREAM CHEESE  
CEREAL, VARIETY (WG)  
YOGURT, STRWBRY BANNA  
FRUIT, FRESH, ASSTD  
MILK, 1% LOWFAT  
MILK, SKIM  
RED SALSA

17

20

NO SCHOOL TODAY

21

FRENCH TOAST BAKE  
CEREAL, VARIETY (WG)  
YOGURT, STRWBRY BANNA  
BAGEL (WG)  
CREAM CHEESE  
FRUIT, FRESH, ASSTD  
MILK, 1% LOWFAT  
MILK, SKIM

22

ENGLISH MUFFIN W/ SAUSA  
GE  
BAGEL (WG)  
CREAM CHEESE  
CEREAL, VARIETY (WG)  
STRING CHEESE, MOZZ  
FRUIT, FRESH, ASSTD  
MILK, 1% LOWFAT  
MILK, SKIM

23

YOGURT PARFAIT  
BAGEL (WG)  
CREAM CHEESE  
CEREAL, VARIETY (WG)  
STRING CHEESE, MOZZ  
FRUIT, FRESH, ASSTD  
MILK, 1% LOWFAT  
MILK, SKIM

24

GREEN CHILI BREAKFAST B  
URRITO  
BAGEL (WG)  
CREAM CHEESE  
CEREAL, VARIETY (WG)  
YOGURT, STRWBRY BANNA  
FRUIT, FRESH, ASSTD  
MILK, 1% LOWFAT  
MILK, SKIM  
RED SALSA

27

FRENCH TOAST BAKE  
CEREAL, VARIETY (WG)  
YOGURT, STRWBRY BANNA  
BAGEL (WG)  
CREAM CHEESE  
FRUIT, FRESH, ASSTD  
MILK, 1% LOWFAT  
MILK, SKIM

28

BISCUIT, HAM & CHEESE  
BAGEL (WG)  
CREAM CHEESE  
CEREAL, VARIETY (WG)  
STRING CHEESE, MOZZ  
FRUIT, FRESH, ASSTD  
MILK, 1% LOWFAT  
MILK, SKIM

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