



National Humor Month

Enjoy a laugh together!!!

Monday **Tuesday** **Wednesday** **Thursday** **Friday**

3
 ENGLISH MUFFIN, EGG & C
 HEESE
 BAGEL (WG)
 CREAM CHEESE
 CEREAL, VARIETY (WG)
 CRACKERS, ASSTD. (WG)
 STRING CHEESE, MOZZ
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

4
 FRENCH TOAST STICKS
 SMUCKERS SYRUP
 CEREAL, VARIETY (WG)
 CRACKERS, ASSTD. (WG)
 YOGURT, STRWBRY BANNA
 BAGEL (WG)
 CREAM CHEESE
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

5
 YOGURT PARFAIT
 BAGEL (WG)
 CREAM CHEESE
 CEREAL, VARIETY (WG)
 CRACKERS, ASSTD. (WG)
 STRING CHEESE, MOZZ
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

6
 GREEN CHILI BREAKFAST B
 URRITO
 BAGEL (WG)
 CREAM CHEESE
 CEREAL, VARIETY (WG)
 CRACKERS, ASSTD. (WG)
 YOGURT, STRWBRY BANNA
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

7

10
 ENGLISH MUFFIN W/ SAUSA
 GE
 BAGEL (WG)
 CREAM CHEESE
 CEREAL, VARIETY (WG)
 CRACKERS, ASSTD. (WG)
 STRING CHEESE, MOZZ
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

11
 FRENCH TOAST STICKS
 SMUCKERS SYRUP
 CEREAL, VARIETY (WG)
 CRACKERS, ASSTD. (WG)
 YOGURT, STRWBRY BANNA
 BAGEL (WG)
 CREAM CHEESE
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

12
 YOGURT PARFAIT
 BAGEL (WG)
 CREAM CHEESE
 CEREAL, VARIETY (WG)
 CRACKERS, ASSTD. (WG)
 STRING CHEESE, MOZZ
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

13
 GREEN CHILI BREAKFAST B
 URRITO
 BAGEL (WG)
 CREAM CHEESE
 CEREAL, VARIETY (WG)
 CRACKERS, ASSTD. (WG)
 YOGURT, STRWBRY BANNA
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

14

17
 ENGLISH MUFFIN, EGG & C
 HEESE
 BAGEL (WG)
 CREAM CHEESE
 CEREAL, VARIETY (WG)
 CRACKERS, ASSTD. (WG)
 STRING CHEESE, MOZZ
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

18
 FRENCH TOAST STICKS
 SMUCKERS SYRUP
 CEREAL, VARIETY (WG)
 CRACKERS, ASSTD. (WG)
 YOGURT, STRWBRY BANNA
 BAGEL (WG)
 CREAM CHEESE
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

19
 YOGURT PARFAIT
 BAGEL (WG)
 CREAM CHEESE
 CEREAL, VARIETY (WG)
 CRACKERS, ASSTD. (WG)
 STRING CHEESE, MOZZ
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

20
 GREEN CHILI BREAKFAST B
 URRITO
 BAGEL (WG)
 CREAM CHEESE
 CEREAL, VARIETY (WG)
 CRACKERS, ASSTD. (WG)
 YOGURT, STRWBRY BANNA
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

21

24

ENGLISH MUFFIN W/ SAUSAGE
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

25

FRENCH TOAST STICKS
SMUCKERS SYRUP
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
YOGURT, STRWBRY BANANA
BAGEL (WG)
CREAM CHEESE
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

26

YOGURT PARFAIT
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

27

GREEN CHILI BREAKFAST BURRITO
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
YOGURT, STRWBRY BANANA
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

28

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