

Monday

Tuesday

Wednesday

Thursday

Friday

4 NGLISH N

EGG & CHEESE ENGLISH M
UFFIN SANDWICH
WHEAT BAGEL
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

5

FRENCH TOAST STICKS
BREAKFAST SYRUP
CEREAL, VARIETY (WG)
YOGURT, CHERRY VANILLA
CRACKERS, ASSTD. (WG)
WHEAT BAGEL
CREAM CHEESE
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

HOUSEMADE YOGURT PARF
AIT
WHEAT BAGEL
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

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HOUSEMADE GREEN CHILI
BREAKFAST BURRITO
WHEAT BAGEL
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
YOGURT, STRWBRY BANA
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

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CHEESE & SAUSAGE ENGLI
SH MUFFIN SANDWICH
WHEAT BAGEL
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

12

FRENCH TOAST STICKS
BREAKFAST SYRUP
CEREAL, VARIETY (WG)
YOGURT, CHERRY VANILLA
CRACKERS, ASSTD. (WG)
WHEAT BAGEL
CREAM CHEESE
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

13

6

HOMEMADE WHOLE WHEAT
PANCAKES
BREAKFAST SYRUP
WHEAT BAGEL
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

14

HOUSEMADE GREEN CHILI
BREAKFAST BURRITO
WHEAT BAGEL
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
YOGURT, STRWBRY BANA
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

15

18

EGG & CHEESE ENGLISH M
UFFIN SANDWICH
WHEAT BAGEL
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

19

FRENCH TOAST STICKS
BREAKFAST SYRUP
CEREAL, VARIETY (WG)
YOGURT, CHERRY VANILLA
CRACKERS, ASSTD. (WG)
WHEAT BAGEL
CREAM CHEESE
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

WINTER BREAK

20

27

HOUSEMADE YOGURT PARF AIT WHEAT BAGEL CREAM CHEESE CEREAL, VARIETY (WG) CRACKERS, ASSTD. (WG) STRING CHEESE, MOZZ FRUIT, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM 21

28

HOUSEMADE GREEN CHILI
BREAKFAST BURRITO
WHEAT BAGEL
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
YOGURT, STRWBRY BANA
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

22

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WINTER BREAK

26

WINTER BREAK

WINTER BREAK

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THIS INSTITUTION IS AN EQUAL OPPORTUNITY PRODIVER.