



Monday

Tuesday

Wednesday

Thursday

Friday

1
EGG & CHEESE ENGLISH MUFFIN SANDWICH
WHEAT BAGEL
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

2
FRENCH TOAST CASSEROLE
BREAKFAST SYRUP
CEREAL, VARIETY (WG)
YOGURT, CHERRY VANILLA
CRACKERS, ASSTD. (WG)
WHEAT BAGEL
CREAM CHEESE
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

3
HOUSEMADE YOGURT PARFAIT
WHEAT BAGEL
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

4
HOUSEMADE GREEN CHILI BREAKFAST BURRITO
WHEAT BAGEL
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
YOGURT, STRWBRY BANA
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

5

8
CHEESE & SAUSAGE ENGLISH MUFFIN SANDWICH
WHEAT BAGEL
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

9
FRENCH TOAST CASSEROLE
BREAKFAST SYRUP
CEREAL, VARIETY (WG)
YOGURT, CHERRY VANILLA
CRACKERS, ASSTD. (WG)
WHEAT BAGEL
CREAM CHEESE
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

10
HOMEMADE WHOLE WHEAT PANCAKES
BREAKFAST SYRUP
WHEAT BAGEL
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

11
HOUSEMADE GREEN CHILI BREAKFAST BURRITO
WHEAT BAGEL
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
YOGURT, STRWBRY BANA
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

12

15

EGG & CHEESE ENGLISH MUFFIN SANDWICH
WHEAT BAGEL
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

16

FRENCH TOAST CASSEROLE
BREAKFAST SYRUP
CEREAL, VARIETY (WG)
YOGURT, CHERRY VANILLA
CRACKERS, ASSTD. (WG)
WHEAT BAGEL
CREAM CHEESE
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

17

HOUSEMADE YOGURT PARFAIT
WHEAT BAGEL
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

18

HOUSEMADE GREEN CHILI BREAKFAST BURRITO
WHEAT BAGEL
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
YOGURT, STRWBRY BANA
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

19

22

CHEESE & SAUSAGE ENGLISH MUFFIN SANDWICH
WHEAT BAGEL
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

23

FRENCH TOAST CASSEROLE
BREAKFAST SYRUP
CEREAL, VARIETY (WG)
YOGURT, CHERRY VANILLA
CRACKERS, ASSTD. (WG)
WHEAT BAGEL
CREAM CHEESE
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

24

HOMEMADE WHOLE WHEAT PANCAKES
BREAKFAST SYRUP
WHEAT BAGEL
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

25

HOUSEMADE GREEN CHILI BREAKFAST BURRITO
WHEAT BAGEL
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
YOGURT, STRWBRY BANA
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

26

29

EGG & CHEESE ENGLISH MUFFIN SANDWICH
WHEAT BAGEL
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

30

FRENCH TOAST CASSEROLE
BREAKFAST SYRUP
CEREAL, VARIETY (WG)
YOGURT, CHERRY VANILLA
CRACKERS, ASSTD. (WG)
WHEAT BAGEL
CREAM CHEESE
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

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