MILK, SKIM

Lake County High School



Monday Friday Tuesday Wednesday Thursday CHICKEN ALFREDO PASTA CHEESE PIZZA RED ENCHILADA, CHEESE PEPPERONI PIZZA CHILI CHEESE DOG SPAGHETTI & MEAT SAUCE SALAD & FRUIT BAR SUB SANDWICH SUNCHIPS, CHEDDAR SUNCHIPS, CHEDDAR SUNCHIPS, ORIGINAL MILK, 1% LOWFAT SUNCHIPS, ORIGINAL SALAD & FRUIT BAR MILK, SKIM SALAD & FRUIT BAR MILK, 1% LOWFAT MILK, 1% LOWFAT MILK, SKIM MILK, SKIM 10 HOMEMADE NACHOS W/ LO QUESADILLA, CHICKEN CHICKEN & VEGGIE RICE B CHEESE PIZZA PEPPERONI PIZZA CAL SCANGA BEEF QUESADILLA, BEEF OWL SALAD & FRUIT BAR SOUR CREAM SALAD & FRUIT BAR LOCAL SCANGA BEEF CHEE MILK, 1% LOWFAT MILK, 1% LOWFAT **RED SALSA** SEBURGER MILK, SKIM SALAD & FRUIT BAR MILK, SKIM SUNCHIPS, CHEDDAR MILK, 1% LOWFAT SUNCHIPS, ORIGINAL MILK, SKIM SALAD & FRUIT BAR MILK, 1% LOWFAT MILK, SKIM RED ENCHILADA, CHEESE POZOLE DE CHILE ROJO SACK LUNCH SACK LUNCH MILK, 1% LOWFAT CRISPY CHICKEN SANDWIC TORTILLA CHIPS MILK, 1% LOWFAT SALAD & FRUIT BAR MILK, SKIM MILK, SKIM Н SUNCHIPS, CHEDDAR MILK, 1% LOWFAT SUNCHIPS, ORIGINAL MILK, SKIM SALAD & FRUIT BAR MILK, 1% LOWFAT

21 COUNTRY CHICKEN BOWL WHEAT DINNER ROLL SALAD & FRUIT BAR MILK, 1% LOWFAT MILK, SKIM	BAKED MEAT & CHEESE ZITI GARLIC BREAD SALAD & FRUIT BAR MILK, 1% LOWFAT MILK, SKIM	CHEESE PIZZA PEPPERONI PIZZA LOCAL SCANGA BEEF CHEE SEBURGER SUNCHIPS, CHEDDAR SUNCHIPS, ORIGINAL SALAD & FRUIT BAR MILK, 1% LOWFAT MILK, SKIM	24 HOMEMADE NACHOS W/ LO CAL SCANGA BEEF SALAD & FRUIT BAR MILK, 1% LOWFAT MILK, SKIM	25
28 ROASTED CHICKEN DRUMS TICK HOMEMADE ROASTED SWE ET POTATOES WHEAT DINNER ROLL SALAD & FRUIT BAR MILK, 1% LOWFAT MILK, SKIM	29 CHEESE PIZZA PEPPERONI PIZZA SUB SANDWICH SUNCHIPS, CHEDDAR SUNCHIPS, ORIGINAL SALAD & FRUIT BAR MILK, 1% LOWFAT MILK, SKIM	30 RED ENCHILADA, CHEESE CHILI CHEESE DOG SUNCHIPS, CHEDDAR SUNCHIPS, ORIGINAL SALAD & FRUIT BAR MILK, 1% LOWFAT MILK, SKIM	CHICKEN ALFREDO PASTA SPAGHETTI & MEAT SAUCE SALAD & FRUIT BAR MILK, 1% LOWFAT MILK, SKIM	

This institution is an equal opportunity provider.

\*Allergen information available upon request