

CHOOSE KINDNESS

Monday

3
 EGG & CHEESE ENGLISH MUFFIN SANDWICH
 WHEAT BAGEL
 CREAM CHEESE
 CEREAL, VARIETY (WG)
 CRACKERS, ASSTD. (WG)
 STRING CHEESE, MOZZ
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

10
 CHEESE & SAUSAGE ENGLISH MUFFIN SANDWICH
 WHEAT BAGEL
 CREAM CHEESE
 CEREAL, VARIETY (WG)
 CRACKERS, ASSTD. (WG)
 STRING CHEESE, MOZZ
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

Tuesday

4
 FRENCH TOAST CASSEROLE
 BREAKFAST SYRUP
 CEREAL, VARIETY (WG)
 YOGURT, ASSORTMENT
 CRACKERS, ASSTD. (WG)
 WHEAT BAGEL
 CREAM CHEESE
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

11
 FRENCH TOAST STICKS
 BREAKFAST SYRUP
 CEREAL, VARIETY (WG)
 YOGURT, ASSORTMENT
 CRACKERS, ASSTD. (WG)
 WHEAT BAGEL
 CREAM CHEESE
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

Wednesday

5
 HOUSEMADE YOGURT PARFAIT
 WHEAT BAGEL
 CREAM CHEESE
 CEREAL, VARIETY (WG)
 CRACKERS, ASSTD. (WG)
 STRING CHEESE, MOZZ
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

12
 PANCAKE WRAPPED SAUSAGE STICK
 BREAKFAST SYRUP
 WHEAT BAGEL
 CREAM CHEESE
 CEREAL, VARIETY (WG)
 CRACKERS, ASSTD. (WG)
 STRING CHEESE, MOZZ
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

Thursday

6
 HOUSEMADE GREEN CHILI BREAKFAST BURRITO
 WHEAT BAGEL
 CREAM CHEESE
 CEREAL, VARIETY (WG)
 CRACKERS, ASSTD. (WG)
 YOGURT, ASSORTMENT
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

13
 HOUSEMADE GREEN CHILI BREAKFAST BURRITO
 WHEAT BAGEL
 CREAM CHEESE
 CEREAL, VARIETY (WG)
 CRACKERS, ASSTD. (WG)
 YOGURT, ASSORTMENT
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

Friday

7

14

17

EGG & CHEESE ENGLISH MUFFIN SANDWICH
WHEAT BAGEL
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

18

FRENCH TOAST CASSEROLE
BREAKFAST SYRUP
CEREAL, VARIETY (WG)
YOGURT, ASSORTMENT
CRACKERS, ASSTD. (WG)
WHEAT BAGEL
CREAM CHEESE
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

19

HOUSEMADE YOGURT PARFAIT
WHEAT BAGEL
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

20

HOUSEMADE GREEN CHILI BREAKFAST BURRITO
WHEAT BAGEL
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
YOGURT, ASSORTMENT
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

21

24

CHEESE & SAUSAGE ENGLISH MUFFIN SANDWICH
WHEAT BAGEL
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

25

FRENCH TOAST STICKS
BREAKFAST SYRUP
CEREAL, VARIETY (WG)
YOGURT, ASSORTMENT
CRACKERS, ASSTD. (WG)
WHEAT BAGEL
CREAM CHEESE
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

26

HOMEMADE WHOLE WHEAT PANCAKES
BREAKFAST SYRUP
WHEAT BAGEL
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

27

HOUSEMADE GREEN CHILI BREAKFAST BURRITO
WHEAT BAGEL
CREAM CHEESE
CEREAL, VARIETY (WG)
CRACKERS, ASSTD. (WG)
YOGURT, ASSORTMENT
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

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***Allergen information available upon request**