

The Center

Volume 28, Issue 3

October 1, 2016



Early Childhood Programs of Lake County School District

Our mission is to serve and respect children and families by providing research-based early childhood services that promote the development of knowledge, life skills, and self-esteem.

October Events

Enrollment continues for all programs for the 2016-2017 school year

October 6
Picture Day

October 12
Policy Council meeting
5:00-7:00pm

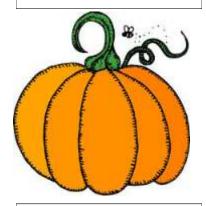
October 13 & 14

Home Visits

As scheduled
The Center is CLOSED

October 31 Classroom Celebrations 10:00-11:00am

Every Friday
Teacher Planning
Families Welcome



Parents' Voices

It is important for us to hear from you. We welcome your input to operate a program that meets the needs of the families we serve. To reach:

Tanya Lenhard 486-6920 Director of Early Childhood Programs

Policy Council extension 2190

486-6888

Preschool News—Head Start Updates

Hello families! Happy October, it is hard to believe that our first full month of school has gone by already! Our classrooms are in full swing with lots of learning and playing happening every day. We are excited to be able to share and celebrate all of the great things your children have been doing and learning in the classrooms at our upcoming home visits. Our teachers will working with you to set goals for your child in each of domains of learning and development. These identified domains represent the areas of child development and early learning that are essential for school.

Social Emotional – this area fosters emotional and behavioral health through the development of self-awareness and self-regulation skills. This domain also focuses on building healthy social relationships with other children and adults and supports skills such as sharing, helping, taking turns and resolving conflict.

Physical –this domain supports the development of gross motor skills – such as balancing, running, jumping, throwing and catchingand fine motor skills -such as cutting, drawing, and writing.

Cognitive – this area fosters the development of reasoning and problem solving skills, as well as the ability to show flexibility and persistence when completing tasks or within play.

Literacy – this domain supports the development of skills that lay the foundation for reading and writing. These skills include developing an appreciation for books, exposure to print and the alphabet, and encouraging early phonological awareness skills like rhyme.

Language – this area develops communication skills, such as listening to and participating in conversations with others.

Math – this domain fosters an understanding of numbers and their quantities, as well as exposure to other math concepts like shapes, patterns, and measurement skills.

Look for more information concerning our upcoming home visits on October 13th and October 14th **in your child's cubby or** backpack and on page 3 of this newsletter. We look forward to meeting with each of our families and can't wait to share all of our good news from our classrooms with you!

Transportation Updates



Lake County Community Health Resources

<u>Lake County Public Health</u>	Nutrition Programs	<u>Doctors</u>
486-2413		Rocky Mountain Family Practice
Immunization clinic, family planning, health care for children with special needs.	WIC- 486-2749 Supplemental foods for women, infants and children who qualify.	486-0500 Dr. Lisa Zwerdlinger, Amy King, PA, Tyler Norton, PA
Medicaid and CHP+ applications. Immunization Clinic - By appointment	St. George Community Meals- 200 West 4th Free community meals, all are welcome.	St Vincent Leadville Medical Clinic 486-1264
Family Planning- Blood Lead Testing- By appointment Blood Lead Testing- By appointment	Please see Mary in Room 9 for more local food resources.	Dr. Gary Petry, Jackie Duba, MPH,PA
	<u>Dentists</u>	Emergency & Hospital
Mental Health/Support Services	Dentists Dr. Lance Schamberger486-2060	Emergency & Hospital Emergency911
Mental Health/Support Services Alcoholics Anonymous486-3087		
	Dr. Lance Schamberger486-2060	Emergency911
Alcoholics Anonymous486-3087	Dr. Lance Schamberger	Emergency911 St. Vincent Hospital486-0230

Education News

Home Visits

Upcoming this month is our first round of home visits with families. These home visits provide an opportunity for parents and teachers to sit together and talk about how things are going and your child's development in the different areas of learning.

While our teachers will have information and work samples to share, it's equally important for you to share your impressions of your child's school experience, and to have any questions answered.



When you are meeting with the teachers it may be hard to remember what you wanted to talk about. It might be helpful to jot down your questions beforehand, it might also be good to prioritize your questions so that you ask the most important ones first in case you run out of time before you can cover everything on your list.

Here are examples of some questions you may want to ask your child's teachers:

- What activities and centers does my child gravitate towards?
- What are my child's strengths?
- What is my child like in class?
- How does my child interact with the other kids?
- What sorts of things can we do at home to keep our child excited about learning?
- What sorts of reading activities do you recommend we do at home?
- Is there anything that I can share about what my child is like at home?

Did you run out of time? Our home visits are on a time schedule and it might be hard to fit it all in during this time. If you still have unanswered questions, follow up with a written note, or schedule a second face-to-face meeting. The door of communication for our parents is always open!

What is Policy Council? How Can I Join?

Policy Council is a committee of parents and community representatives who meet monthly to review and approve budgets, policies, and strategies for our program.

Participants on this committee get an in depth view of operations at The Center, child care rules and regulations, and quality improvement plans and assessments.



Please see Mary in Room 9 for more information.



October 2016 Preschool Menu

Monday- 3	Tuesday- 4	Wednesday- 5	Thursday- 6	Friday- 7	
CEREAL, FRUIT	0115501/01051 501117	050541 501117	WAFFLES, FRUIT	050541 501417	
BREADED CHICKEN	CHEESY BAGEL, FRUIT	CEREAL, FRUIT		CEREAL, FRUIT	
SANDWICH, ITALIAN PASTA SALAD, FRUIT	CHILI CHEESE PIE, CHEESY CORNBREAD, FRUIT	PEPPERONI PIZZA, VEGGIES, FRUIT	BREAKFAST FOR LUNCH, FRUIT	BEEF & CHEESE QUESADILLA CORN, FRUIT	
GOLDFISH CRACKERS, VEGGIES	COTTAGE CHEESE, FRUIT	GRAHAM CRACKERS, FRUIT	HARD BOILED EGG, CRACKERS, FRUIT	BLUEBERRY MUFFIN, FRUIT	
Monday- 10	Tuesday- 11	Wednesday- 12	Thursday- 13	Friday– 14	
CEREAL, FRUIT	GRANOLA BAR FRUIT	CEREAL, FRUIT			
	DEEE TAGO ODANIGU	0.11045411000015 00110	NO SCHOOL	NO SCHOOL TO	
HAMBURGER ON BUN, FRENCH FRIES, FRUIT	BEEF TACO, SPANISH RICE, FRUIT	CHICKEN NOODLE SOUP, CRACKERS, FRUIT	TODAY	DAY	
ANIMAL CRACKERS, VEGGIES	STRING CHEESE, FRUIT	BANANA BREAD, FRUIT			
Monday- 17	Tuesday- 18	Wednesday- 19	Thursday- 20	Friday– 21	
CEREAL, FRUIT			WAFFLES, FRUIT		
TOASTED CHEESE	CHEESY BAGEL, FRUIT	CEREAL, FRUIT		CEREAL, FRUIT	
SANDWICH, TOMATO SOUP, FRUIT	NACHOS WITH GROUND BEEF, MUFFIN, FRUIT	SPAGHETTI WITH MEAT SAUCE, BREADSTICK, FRUIT	TURKEY & GRAVY, MASHED POTATOES, ROLLS, FRUIT	PIG IN A BLANKET, SUN CHIP FRUIT	
			HARD BOILED EGG,		
GOLDFISH CRACKERS, VEGGIES	COTTAGE CHEESE, FRUIT	GRAHAM CRACKERS, FRUIT	CRACKERS, FRUIT	BLUEBERRY MUFFIN, FRUIT	
Monday- 24	Tuesday- 25	Wednesday- 26	Thursday- 27	Friday- 28	
CEREAL, FRUIT	CDANOLA DAD EDILIT	CEDEAL EDILLE	MUFFIN, FRUIT	CDANOLA DAD EDULT	
	GRANOLA BAR FRUIT	CEREAL, FRUIT		GRANOLA BAR, FRUIT	
BREADED CHICKEN SANDWICH, ITALIAN PASTA	CHILI CHEESE PIE, CHEESY CORNBREAD, SALAD, FRUIT	PEPPERONI PIZZA, VEGGIES, FRUIT	BREAKFAST FOR LUNCH, FRUIT	HAM & CHEES SANDWICH, YOGURT, VEGGIES, FRUIT	
SALAD, FRUIT	OTDING QUEEGE EDINT		SOFT PRETZEL, SUNFLOWER		
ANIMAL CRACKERS, VEGGIES	STRING CHEESE, FRUIT	BANANA BREAD, FRUIT	BUTTER, FRUIT	BLUEBERRY MUFFIN, FRUIT	
Monday- 31	_			_	
CEREAL, FRUIT	No.	Allen Die	Ma Was	684	
HAMBURGER ON BUN, FRENCH FRIES, FRUIT		La Colonia			
		Service of the			
GOLDFISH CRACKERS, VEGGIES					
Breakfast is served	d at 9:30 with milk	Manusana	The Center pa	rticipates in the	
		Menus are	USDA funded program and is		

Lunch is served at 12:00 with milk

Snack is served at 3:30 with water

Menus are subject to change

The Center participates in the USDA funded program and is an equal opportunity provider and employer



Health News

Little faces, little hands, and big coughs!

Sometimes our routines are interrupted by illness and it never happens at a convenient time. At The Center we look forward to seeing our families come to school well every day.

We are attentive when one of the children just doesn't look like they feel well and sometimes we may call you to pick up your child if their symptoms require your attention. Flu symptoms mimic those of the common cold. If you or your child has a fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue, you may have the flu. Some people



may have vomiting and diarrhea, but those symptoms are not the most characteristic signs. Also, people may be infected with the flu and have respiratory symptoms without a fever. Especially if you recognize these symptoms, pay special attention to sanitizing kitchen and bathroom surfaces and preventatively work with your child on these *hygiene strategies*:

- Encourage her to cough or sneeze into a tissue or, if a tissue isn't available, onto her sleeve.
- Discourage your child from covering her mouth with her hands while coughing or sneezing because this will leave germs on the hands that can be spread by touching other people or objects. Most often, germs are spread by the hands, not through the air.
- Throw away tissues immediately after each use, putting them in a nearby wastebasket or other container.
- Once your child is old enough, teach her how to blow her nose into a tissue.
- Don't allow your child to share pacifiers, drinking cups, eating utensils, towels, or toothbrushes when she is sick.
- Wash! Wash! Wash your hands!

Welcome Nichole Glaser, our new Health manager.



Remember, we want everyone to have the best time at school and for all of our families to be well!

There are many ways to prevent illness. For example, some families choose to prepare for the flu season by getting flu shots. The Center for Disease Control (CDC) and the American Academy of Pediatrics (AAP) recommend that people ages 6 months and older get vaccinated against the flu as the best preventative measure against influenza.

It is recommended that children get vaccinated as early in the season as possible since some children may need two doses, spaced at least 28 days apart. Those who have never had a flu shot before and those who have only had one dose of the flu shot before this year should get two doses this year. Once vaccinated, it takes about two weeks for our bodies to develop antibodies to flu viruses. If you'd like to read more about children and the flu you can check out http://

www.cdc.gov/flu/protect/children.htm and https://www.healthychildren.org/ English/safety-prevention/immunizations/Pages/Preventing-the-Flu-Resources-for-Parents-Child-

Care-Providers.aspx

Community Connections

CHILD

From Mary Cannell, Family and Community Partnerships Manager



CHP+/MEDICAID

Application assistance available

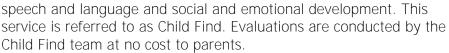
719.486.6928

For more information, visit Room 9

<u>Child Find</u>

<u>Early intervention for</u> children with special needs

Every county in Colorado has professionals who are trained to evaluate children in a variety of areas, including cognitive functioning, physical functioning, hearing and vision,



Once the child find evaluation team, which includes the parents, has gathered sufficient information used to determine a child's eligibility for early intervention or preschool special education services, an Individual Family Service Plan (IFSP; birth to three years of age) or an Individual Education Plan (IEP; three to five years of age) is developed and services begin shortly.

Children under the age of six may be referred at any time for an eligibility determination for early intervention (ages birth to three) or preschool special education services (ages three through five).

Here in Lake County, our very own Lauren Bissonette is the first contact for families interested in a Child Find evaluation. See her here at school, call her at 719-293-4613, send her an email at lbissonnette@lakecountyschools.net, or stop by Room 9 for more information.

FREE Family
Counseling offered for
Head Start Families

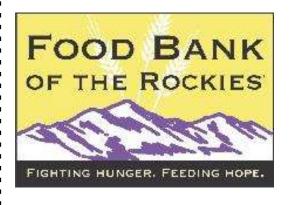
Provided by Solvista Health (formerly West Central Mental Health)

Counseling is offered to families free of charge.

Please arrange an appointment through Room 9.







Food Bank of the Rockies

will be distributing free food at St. George's church on the third Wednesday of each month.

There are no applications necessary.

Just arrive at 8:00am to ensure a spot in line.

Bring boxes or bags to carry food home.

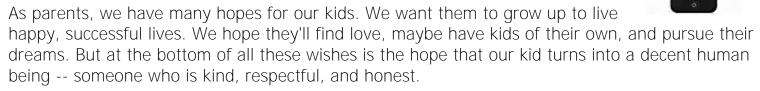
Calling all DADS!

From The Center management staff

(((

How to Raise a Good Human in a Digital World

Real tips for teaching character to kids of all ages using media and tech. Sierra Filucci Executive Editor, Parenting Content, Common Sense Media



How do you bolster these strengths as well as teach key skills such as teamwork, communication, and perseverance? For the most part, kids will learn these things by following your example and through experience gained at school and in their communities. But media is another entry point. Since movies, TV shows, books, video games, and social media are such a huge part of kids' lives, it makes sense that kids can learn important lessons about character through media.

Here are some specific things you can do or say to reinforce character:

Watch sports. - Not only can watching sports with kids be <u>a really fun way to bond over a favorite team or player</u>, it can be a perfect opportunity to point out character strengths from teamwork to perseverance. After cheering over a big touchdown or basket, point out how important the linebackers or passers were to the score: Even though they don't get all the attention, the team wouldn't be successful without the admirable work of supporting players.

Share social media. - From <u>Facebook</u> and <u>Instagram</u> to <u>YouTube</u>, social media is ripe with character lessons. If you notice a post, photo, or video of something especially touching or beautiful, share it with your kid and comment on how much courage it took for the poster to share their story or creative expression. Discuss the risks involved with putting yourself out there and how important it is to take (reasonable) risks to be true to yourself, even though you might face criticism.

Expand your horizons. - Watching <u>documentaries or movies about people who live very different lives</u> can trigger <u>empathy</u>, <u>compassion</u>, and <u>humility</u>. During a family movie night, choose something out of the ordinary -- a story about someone of a different race or religion, or about a community that's less fortunate than yours, or a subculture with different values or beliefs than yours -- and encourage discussion afterward.

Play video games together. - <u>Gaming as a family</u> offers the chance to practice <u>teamwork</u>, <u>problem-solving</u>, <u>communication</u>, and <u>perseverance</u>, while also having fun. Choose multiplayer games where gamers are required to work together to win. Model positive, respectful communication during the game (try "I need help over here" instead of "you idiot!"). If kids are trying over and over again to achieve a game goal, you can recognize their effort as well as their success.

Take a time-out. - Most households are abuzz as various mobile devices alert us to text messages or Instagram posts. But we can help teach our kids self-control by <u>resisting the urge to respond immediately</u>. Next time you hear a text message alert (and you know it's nothing urgent), say out loud, "I don't need to check that right now." This lesson can work on social media, too. If you're a Twitter or Facebook user and you see something that makes you mad, talk through with your kid why you don't want to respond right away ("I might say something I regret because I'm upset" or "I'd rather tell my friend that this bothers me privately instead of publicly on Twitter").



How to Contact The Center Staff

For voicemail, dial 486-6888, then enter the extension listed. For email, use the listed address, then @lakecountyschools.net, for example: jsmith@lakecountyschools.net
Staff members with (*) following their names are bilingual



Name	Position	Room #	Voice Mail	Email	
Bissonnette, Lauren	Early Childhood SPED & Child Find Coordinator	10	4413	Ibissonnette	
Caraveo, Brenda*	Preschool Teacher	2	4405	bcaraveo	
Compean, Melina	Preschool Teacher	7	4410	mcompean	
Dee, Blythe	Preschool Teacher	5	4408	bdee	
Flores, Perla*	Preschool Teacher	3	4406	peflores	
Glaser, Nichole	Health Manager	Library	6923	nglaser	
Glaser, Sally	Preschool Teacher	4	4407	sglaser	
Holm, Lizz	Preschool Teacher	5	4408	Iholm	
Jelf Cannell, Mary	Family and Community Partnerships Manager	9	6928	mcannell	
Koucherik, Stephanie	Preschool Teacher	3	4406	skoucherik	
Lenhard, Tanya	Director of Early Childhood Programs	Office	6920	tdlenhard	
Lizardo, Antonieta Maria	Cook	Kitchen	6924	-	
Lopez, Nancy*	Preschool Teacher	6	4409	nalopez	
Lopez, Noemi*	Bilingual Aide	Office	6920	nolopez	
Lopez, Trisha	Preschool Teacher	8	4411	trlopez	
Lujan, Jacqueline	Preschool Teacher	2	4405	jlujan	
Martinez, Wanda	Preschool Support Staff	9	6920	wmartinez	
Mascarenaz, Chantel	Preschool Teacher	6	4409	chmacarenas	
Mascarenaz, Jenny*	Transportation Manager	9	6925	jmascarenaz	
Oatey, Claire	Business Manager	Office	6929	coatey	
Roeder, Lisa	Preschool Teacher	8	4411	Iroeder	
Romero, Marissa	Child Care Director	Office	6920	maromero	
Sanchez, Chantell	Preschool Teacher	4	4407	chsanchez	
Sandoval, Brandi	Preschool Support Staff	9	6920	brsandoval	
Sifuentes, Anne*	Preschool Teacher	7	4410	ansifuentes	
Policy Council*	Parents/Community Reps	9	2190	mcannell	
Preschool Office	Resource Room - 486-6928 and 486-6925				
Child Care	Front Office - 486-6920				
Child Find	Room 10—719-293-4613				

Please
Remember!
For
Attendance
and
The Bus
please call
486-6925
and leave a
message.

This line is checked before the bus goes out each day, and attendance is recorded from the messages.

Other lines may be checked only once each day. Page 9

What is the Head Start Policy Council?

A board of parents and community representatives who make decisions about the operation of the Head Start program.

Why do we include the meeting minutes in the newsletter?

To keep you informed about the program and its services.

How can you give your input?

Your classroom representative's name is on the bulletin board between Rooms 8 and 9. A suggestion box is near the building entry. To leave a voice mail message, call 486-6888 extension 5229.

The Center Early Childhood Programs - Policy Council Minutes - Meeting Date September 14, 2016

<u>Attending</u>: Thea Gab, Crystal Flores, Maria Salas, Erin Duggin, Kelly Martinez, Amy Small, Alyssa Gallegos, Bethany Godsman, Sandra Cano. Guests —Tanya Lenhard, Jenny Mascarenas, Claire Oatey, Ellie Solomon, Mary Cannell

Not attending: Rosa Guzman, Danielle Swango, Bethany Maher

The meeting was called to order at 5:15pm by Family & Community Partnerships Manager, Mary Cannell, since the new Chair has not been elected. There were no notes in the Suggestion Box and no messages on voicemail.

<u>Training:</u> The agenda was altered to start with training, in order to provide background for the new members. Mary reviewed the ideas behind Shared Governance, explaining the role parents play in overseeing the Head Start grant. She presented informational items in the binders, including roles and responsibilities of Policy Council, applicable Performance Standards, the meeting schedule and tentative agendas for leadership training, an organizational chart for The Center, the notice of award from OHS, the invitation from OHS to reapply for next year, the monitoring schedule, annual budget, Self-Assessment report from last year, the most recent PIR report, and a list of commonly used acronyms. The group also reviewed the mission statement and how all of these documents are used to guide planning and decision making. Members were advised that most of the business that Policy Council conducts does not involve naming specific children or families, but that when particular families must be named, all information provided to members to make informed decisions is confidential to the group. Members signed confidentiality agreements to this effect.

Mary then invited the council members to nominate Chair. Thea volunteered and the group affirmed her as their choice. Thea took over running the meeting at that point. Bethany G moved to elect Amy as secretary; Kelly seconded. The motion passed with all in favor and none opposed. Kelly moved to elect Crystal as treasurer; Alyssa seconded. The motion passed with all in favor and none opposed.

<u>Approval of Agenda and Minutes</u>: The agenda and minutes from the last regular meeting and the special meetings over the summer were reviewed. A motion was made and seconded to approve all the minutes. The motion passed with all in favor and none opposed.

Roll Call: Crystal conducted roll call and determined a quorum was present.

<u>Treasurer Report:</u> Crystal reported the balance of the Parent Activity fund to be \$900.32. The last expenditure was for the meeting meal in May. A deduction for this month will be for the meeting meal. Mary reviewed the purpose of the PAF and its potential uses, with a reminder that it all must be spent by the end of the fiscal year on January 31, 2017.

<u>Committee Reports:</u> Ellie give a school board report. They are continuing to focus on culture & climate and forming new graduation requirements. She invited members to attend school board meetings. The other parent committees were presented and defined. Members were given an opportunity to sign up to be the Policy Council representative for the various committees.

Director's Report: Claire presented the budget report with a color coded key as to what the different lines mean. She reported that the budget is right on track, since we are a bit more than halfway through the year. She talked about In Kind donations, what members can do to support efforts to get in kind, and how members will be asked to approve an increase for some reimbursement rates next month. There was also discussion about the availability of bus transportation and the planning that is a part of that service. **Tanya presented the Director's Report and explained the different data that is reported each month. She discussed the continuing** challenge of under-enrollment and all of our efforts to expand recruitment efforts and look at community data to identify causes. Mary reported on the recruitment plan and data collection efforts to identify the causes of under-enrollment.

Unfinished Business: none

New Business: Members were informed that the new Continuation Grant is due at the end of October, and this is an item they approve. A draft will be sent out as soon as possible for review before the next meeting. Members were advised of a new PI presenting the new Performance Standards. Staff are looking into what policies and procedures must be updated to meet the new rules. Mary presented the info binder as a resource where plans, PIs, IMs, and other documents can be reviewed by members at any time. Members were advised of a new staff member that had been approved by the outgoing Policy Council in the interest of time. Tanya spoke of Nichole Glaser and her qualifications to be our new Health Manager. The new Policy Council was asked to also give their approval. Sandra moved to approve Nichole as a new hire; Kelly seconded. The motion passed with all in favor and none opposed. Mary presented a request from the Get Outdoors Leadville! Group requesting letters of support be sent to CDOT to plan for the improvement of an unsafe situation at one of the mobile home parks where many families of preschoolers live. There was discussion of the kind of support to be given. Sandra made a motion to have all members present sign a letter to be submitted for this project; Alyssa seconded. The motion passed with all in favor and none opposed. Members signed a letter before departing and instructed Mary to forward it appropriately. Mary informed members that the Council is operating with reduced membership at the moment, due to low numbers of parents begin interested in joining. It is permitted in the bylaws for business to be done with reduced membership. Recruitment efforts for more Council members will continue. Members present who had been assigned to be Room Representatives signed letters of introduction to be distributed to the families in their assigned classrooms.

<u>Announcements</u>: The announcements from the agenda were noted, including ongoing enrollment for this school year, the upcoming Big Truck Night parent committee meeting, Picture Day, and the next regular Policy Council meeting on October 12.

Adjournment: The meeting was adjourned at 7:10pm by Thea.

Respectfully submitted, Amy Small, Policy Council Secretary

THE CENTER EARLY CHILDHOOD PROGRAMS

Lake County School District The Center / Margaret J. Pitts Elementary School 315 West 6th Street

Tanya Lenhard

Director of Early Childhood Programs

Phone: 719 486-6920 Fax: 719 486-9992

E-mail: tdlenhard@lakecountyschools.net



The Center's Governing Values



We believe:

- All children, families, and staff must be respected for their unique strengths and abilities
- The involvement of the family, regardless of its composition, is an important part of enriching each child's success
- Children have the right to be in a physically, emotionally, and mentally safe environment
- Children learn best in an accepting, loving and fun environment
- That families are a child's first and most influential teachers
- We can support families in advocating for their child's best interest
- It is the responsibility of all staff to nurture, strengthen, inspire and expand each child's abilities, interest, and independence
- All families must have access to affordable child care
- All children must be given equal opportunities to enter formal education ready to learn

If you need to call after 3:30pm

Please call us at 486-6920.

This is the only phone line that is staffed after 3:30pm.

You may leave a message at this number and it will be checked. If you call other numbers, or leave messages at other extensions, your message may not be heard until the following morning.

Parent/Staff Training **Opportunities**

Financial Literacy Computer-Based Instruction- Available in the Resource Room, the "Money Smart" curriculum is training on financial matters all parents should know. Developed by FDIC.

Car Seat Safety Training- Call Jenny for further information on free car seats for those who need them, and proper installation of new and existing seats. 486-6925.

Committee Updates

(Visit Room 9 for info)

For Attendance and The Bus please call 486-6925 and leave a message.

This line is checked right before the bus goes out each day, and attendance is recorded from the messages. Other lines may be checked only once each day.

If your child is sick and has a fever, keep him/her at home to prevent the spread of illness to others. Public Health and the School District advise parents to keep children home for 24 hours after the child is free from fever without fever reducing medications.

Early Childhood Council

October 4 from 1:00—3:00pm at CMC. Parents and caregivers welcome.

Head Start Policy Council

October 12 at 5:00 in the cafeteria at The Center. Head Start parents are encouraged to volunteer for election to this parent committee.