



**The Center**  
Early Childhood Programs  
Lake County School District R-1

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*Head Start, Colorado Preschool & Kindergarten Program, Tuition-Based Preschool and Services for Children with Special Needs*

August 20, 2019

Dear Preschool Families,

Welcome to the world of Practice Packs!

This Practice Pack contains activities for both practice and fun. This is just one tool that you can use as you work with your children at home to promote and encourage school readiness skills. Our goal is to provide you with a few activities and ideas each month that will be enjoyable and provide continued opportunities for development in the areas of social/emotional, physical, cognitive, language, literacy, and math development.

The provided Practice Pack Supplies can be kept at home and used all year by your child. New activities will be sent home each month. We enjoy any opportunity to celebrate in your child's growth and progress, so we would love to see any evidence of the work you and your child completed during the month. Our teachers will take time to honor this within the classroom.

Each pack will contain an in-kind form. Please take a moment to track the time you spent working on the activities and then return the form to your child's classroom teachers by the listed return date. We can include the time that you spent working on the activities as a part of our in-kind which is very helpful to our program!

Building a Home-to-School Connection is important to our program. If you have ideas or suggestions, there are several ways that you can share them with us! You can write these on the comment form provided in the practice pack, share your input with your child's teachers, or even come and speak with me directly. We value your input! After all, **YOU** are your child's first and most influential teacher!

Sincerely,

Jackie Lujan  
Assistant Director of Education

# Preschool Practice Pages

## For the month of August/September

### Activities:

#### Family Tree

Creating a family tree is a fun way to talk and learn about the people in your family. We would like for you to showcase the important people in your child's life by creating your own family tree. By doing this, you are teaching your child about your culture, where the family comes from, and a sense of self. Not to mention cutting, pasting, coloring, and writing.

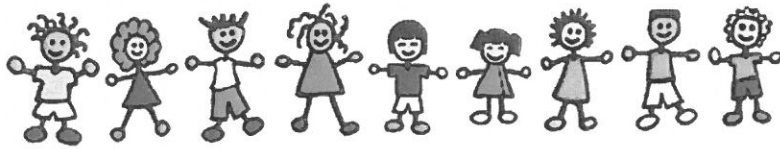
Enjoy this time working together, because the final outcome will be a great keepsake. We will laminate and proudly display this project within the classroom.

If you do not have pictures, the program will be happy to take pictures of your family when you come to The Center Early Childhood Programs. You could also be creative and draw your family. Again, look around your house for treasures to decorate the tree with.

#### All About Me Activity

Your child is unique and special! Work with them to complete the All About Me page to help us learn some key information and celebrate each child as the special individual that they are!

**PLEASE RETURN PRACTICE PACK, ACTIVITIES, AND IN-KIND FORM  
BY SEPTEMBER 26, 2019!**



## ALL ABOUT ME!

My name is \_\_\_\_\_.

This is a picture I drew of myself:

One of my favorite things is:

My hair is \_\_\_\_\_

My eyes are \_\_\_\_\_

I am \_\_\_\_\_ years old.

This is my family:

School to Home Connections In-Kind Form

What activity this month did your child enjoy the most?

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Stories we read this month:


\*\*\*Place a star by any book title that you would recommend to other families

Please print child's name \_\_\_\_\_

Please print the name of person(s) who supported child with learning at home:

\_\_\_\_\_ Date \_\_\_\_\_

IN-KIND DOCUMENTATION:

Estimated total time spent on Practice Pack Activities	
Estimated total time spent reading for the month Example: 20 min per night for 30 nights = 10 hours 20 min.	
Total Time spent on activities and reading for the month of _____	

Comments to share with the teachers:

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Thank you,

The Center Staff!