

Parent's Rights

- To take part in major policy decisions affecting the preschool programs
- To help develop parent activities that will benefit me and my family
- To be welcome at all times
- To choose my own way to participate
- To be informed about my child's progress in school
- To be treated with respect and dignity
- To contribute my unique talents and abilities to enrich the program
- To be able to learn about the program including budget and employment opportunities
- To be informed about resources in the community which may benefit my family

Parent's Responsibilities

- To learn about the program and share that knowledge with others
- To accept preschool as an opportunity to improve my child's life
- To be sure my child arrives on time and attends regularly
- To comply with all program requirements which may include health and dental exams, immunizations and home visits
- To form a partnership with teachers to work together to benefit my child
- To provide my child with firm, loving and protective guidance
- To help evaluate the program

August 2019



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

				1	2	3
4	5	6	7	8	9	10
11	12	13 Orientation 12-8 Per Schedule	14 Orientation 10-6 Per Schedule	15 Orientation 9-4 Per Schedule	16	17
18	19 Make up Orientation 1-4	20 Home Visits 11-7 Per Schedule	21 Home Visits 10-6 Per Schedule	22 Home Visits 8-4 Per Schedule	23	24
25	26 FIRST DAY OF SCHOOL 	27	28	29	30	31

**Welcome to The Center
Early Childhood Programs ~
Lake County School District**

- The Center is open from 7:30 am to 5:30pm, Monday through Friday and we accept children ages 3-5.
- Head Start is in session 9:00am to 2:30pm, Monday through Thursday
- Colorado Preschool Program (CPP) operates Monday through Thursday from 9:00am-12:00pm.
- Tuition-based preschool is available on a prepaid monthly basis. Payment is due by the 15th of each month.

September 2019



Coffee Talk

Coffee Talk is a time when parents can come together, with the Family and Community Partnerships and Health Managers, to discuss prearranged topics or any other items they may decide upon. This is an informal time, to provide further information about their child's growth, social and educational development. We will host community partners to help with certain topics when needed. Topics are posted on the bulletin boards outside of the Family Resource Office.



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19 Picture Day! 	20 The Center CLOSED Professional Development Day!	21
22	23	24	25 Family Fun Night 5:30-7:00	26	27	28
29	30					

Attendance

One way to be sure that your child is getting the most from preschool is through regular attendance. Each day's learning builds upon the day before, and when children are absent, they miss some of that learning.

Children feel most secure with a regular routine, when they know what will happen next, and preschool will provide a very predictable schedule for your child.

Of course, children get sick and families must occasionally go out of town, so please call **486-6925** if your child must be absent. This is a 24-hour voicemail number so please leave a message with the dates and reason for absence, if you do not reach a staff member in person.



Home Visits

Teachers will be contacting you to schedule your first home visit this month; the second visit will be in April.

The purposes of home visits are:

- To build a friendship and partnership between the parents and teachers
- To give you information on your child's progress
- To update your goals for your child's education
- To get your input for program improvement

Your child's teachers will make every effort to schedule the visit at a time that works for you.

Your child will love welcoming his or her teachers to your home, and it helps children feel more comfortable in preschool when they know their parents and teachers are friends.

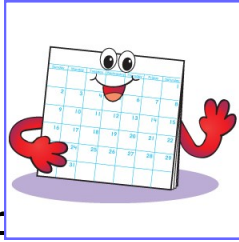
Please remember that the teachers are required to complete a home visit with every family. You can help by working with them to schedule yours.

October 2019



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

		1	2	3	4	5
6	7	8	9 Coffee Talk 9-10 a.m.	10	11	12
13	14	15 Parent / Teacher Conferences Per Schedule	16	17 Parent / Teacher Conferences Per Schedule	18 The Center is CLOSED!	19
20	21 The Center CLOSED Professional Development Day!	22	23 Coffee Talk 9-10 a.m.	24 Picture Retakes 	25	26
27	28	29	30	31 Classroom Celebrations 12:30-1:30		



Why are you important?

- You are your child's most important and influential teacher. Teachers may have an extended planning day on Friday. This is a great time to schedule an appointment if you have any questions.
- There is no regular Head Start or Colorado Preschool Program on Fridays.
- Please check with the Child Care Director for more information if you would like for your child to attend on Fridays.
- There are no buses on Fridays.



Ski Program



Please note that the Ski Program is for children who are going to Kindergarten next year **and is designed for children who have never skied before.**

Selection is done by lottery draw from all interested applicants. See the flyer in your child's cubby for more information.

November 2019



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

					1 The Center CLOSED Professional Development Day!	2
3	4	5	6 Evening Coffee Talk 6-7 p.m.	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21 The Center Thanksgiving Lunch!!	22	23
24	 Fall Break November 25-29, 2019 					30



Transportation Tips

Buses are available for children with special needs or those enrolled in Head Start who live within our transportation area. These two programs provide funding for transporting children, and our other programs do not.

If your child rides the bus, and you need to make a change in his or her pick up or drop off, please call **486-6925 ONLY**. We listen to the messages on this line right before the buses leave, so please do not leave a message on any other telephone line. If you want to confirm that your message was received, just request that we call you and leave a number where you can be reached, and we will call you back.

Please teach your child these bus rules:

- * Stay seated with seat belt buckled
- * Obey the bus driver
- * Never throw objects
- * Talk quietly
- * Walk (don't run) when getting on and off the bus
- * Keep hands to yourself
- * No food or glass containers on bus





In addition to bus safety, your child will learn about Pedestrian Safety as they participate in walking field trips with their class throughout the year.

We are also pleased to provide car-seat safety information to help you keep your children safe all the time.

December 2019



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

1	2	3	4 Family Fun Night Winter Festival 5:30-7:00	5	6	7
8	9	10	11 Coffee Talk 9-10 a.m.	12	13	14
15	16	17	18	19 Trail 100 & Classroom Celebrations at 10:00	20	21
22	 WINTER BREAK December 23-January 7 					28
29	 WINTER BREAK December 23-January 7 					

Come Check out Room 9

Family Resource Office has lots of fun activities and items families can check out and take home to use!!

*Parenting Books



*Informative DVD's and CD's

*Games

*Magnetic Tiles

*Strider Bikes



*Snowshoes

*Huge sledding tube

*Winter Sled

Please stop by anytime the door is always open!!!



Winter Clothing

Please check each day to be sure your child has the winter clothing needed to enjoy his or her time outside. The teachers take the children out each day that the temperature is above 10 degrees.


Necessary items include a warm winter coat, a hat, waterproof mittens or gloves, snow pants, and snow boots. Be sure your child's name is on them.



January 2020

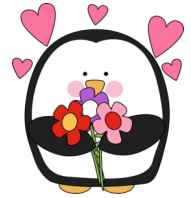


Sunday Monday Tuesday Wednesday Thursday Friday Saturday

	 WINTER BREAK January 1-6 Back to school January 7, 2020 					4
5	6 The Center CLOSED Professional Development Day!	7 Back to School!!!	8	9 Ski Program Boot Fitting	10	11
12	13	14 Ski Program Ski Day!!	15 Ski Program Ski Day!!	16 Ski Program Ski Day!!	17 The Center CLOSED Professional Development Day!	18
19	20 The Center is CLOSED!	21 Ski Program Ski Day!!	22 Ski Program Ski Day!!	23 Ski Program Ski Day!!	24	25
26	27	28	29 Coffee Talk 9-10 a.m.	30	31	



February 2020



The Center holds two conferences each year. The first one is held in August as part of our Open House, and the second one is this month!

At this time you will be able to talk with the teachers about your child's progress. All parents should attend, so if you are working please arrange to meet with the teachers when you are available.

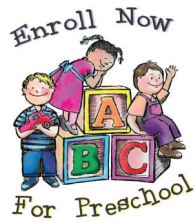
To prepare for your conference:

- Tell your child there is nothing to worry about. Ask if there is anything he or she would like you to talk about with the teachers
- Make a few notes about your child's personality, habits and any concerns you may have
- Here are some questions you may wish to ask:
 - How is my child doing?
 - What can I do at home to help?
 - Does my child behave in class?
 - Does my child have friends?
 - Are there any problems?
 - Does my child need extra help?
 - Where can we get this help?

Most of all, take this chance to make friends with the teachers and celebrate your child's learning!

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

						1
2	3	4	5	6	7	8
9	10	11 Home Visits Per Schedule	12 Home Visits Per Schedule Valentines Party 12:30-1:30	13 Home Visits Per Schedule	14 The Center is CLOSED!	15
16	17 The Center is CLOSED!	18 Home Visits Per Schedule	19	20	21	22
23	24	25	26 Family Fun Night 5:30-7:00	27	28	29



**Preschool Enrollment
Reminder:**

Open enrollment for the 2019-2020 program year begins on March 1, 2019. Please stop by The Family Resource Office for an application, or contact Lisa at 486-6928 or Jenny at 486-6925 for Spanish.

All applications must be completed and received by the May 24, 2019 deadline to be considered for the upcoming 2019-2020 school year. Selection for the 2019-2020 school year preschool slots will take place on June 7, 2019.

Applications are accepted throughout the year. Typically, The Center is fully enrolled at selection. To avoid being placed on the waitlist families are encouraged to complete the applications as soon as possible.

**Head Start for
2nd Year Returning Children:**



Your child is automatically eligible for the second year of Head Start, **but families must complete an application to re-enroll, and bring in new Income Verification.**

If you have other children ages 3 to 5 or know of anyone that is interested in the program we are always looking for referrals.

March 2020



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

1	2	3	4 Open Enrollment For the 2020-2021 School Year!	5	6	7
8	9	10	11 Evening Coffee Talk 6-7 p.m.	12	13	14
15	 SPRING BREAK March 16-20 					21
22	23	24	25 Family Fun Night 5:30-7:00	26	27	28
29	30	31				

Field Trips

Our program recognizes that walking and bused field trips can provide an effective and worthwhile means of learning. The district has specific guidelines to screen and approve trips and ensure safety of all participants. Teacher-student ratio is maintained at all times.



The Power of Play

- Studies show that fresh air can reduce the spread of colds and germs.
- The USDA recommends children move at least 60 minutes on most days, and 30 minutes for adults.
- Fall and winter play presents wonderful opportunities for children to observe and collect leaves and pinecones, make footprints and build things out of leaves and snow.
- At home, you can feed the birds by hanging apples, popcorn strings or pinecones rolled in peanut butter.
- Go for a nature walk, go sledding, or shovel and dig in the snow.
- Activity is the best gift you can give your child. Activity will help your child grow into an active adult.

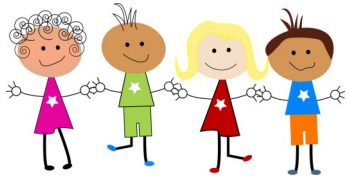
April 2020



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

			1	2	3	4
5	6	7	8 Coffee Talk 9-10 a.m.	9	10 The Center is CLOSED!	11
12	13 The Center CLOSED Professional Development Day!	14	15	16	17	18
19	20	21	22 Coffee Talk 9-10 a.m.	23 Parent / Teacher Conferences Per Schedule	24 Parent / Teacher Conferences Per Schedule The Center is CLOSED	25
26	27	28	29 Family Fun Night 5:30-7:00	30		

**Prepare Your Child
For Kindergarten**



Have you

signed your child up for kindergarten? If he or she will be 5 years old by October 1 of this year, contact the West Park Elementary front office at 486-6890 for registration info.

There will be Transition Activities scheduled in May for you and your child to become familiar with the kindergarten program at West Park Elementary School. Please check The Center's newsletter and your child's cubby for the dates and times for these activities to ease your transition to public school.

Some things you can do to help your child get ready are:

- Visit the kindergarten rooms during transition events. Your child will feel more secure if he or she sees the classroom ahead of time.
- Show him or her where to get a drink, and where to put his or her coat and backpack.
- Visit the bathrooms.
- Use the materials given to you by the preschool and kindergarten teachers to keep your child's skills up during the summer.
- Be sure you know your rights and responsibilities. This material will be in your kindergarten handbook, available in the front office.

May 2020



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

					1	2
3	4 Kindergarten Cafeteria Visit	5 Kindergarten Cafeteria Visit	6 Kindergarten Family Fun Night Ice Cream Social West Park 6-7:00	7	8	9
10	11	12 Park Day! Per class and schedule!	13 Park Day! Per class and schedule!	14 Park Day! Per class and schedule!	15	16
17	18	19	20	21 Last Day of Preschool & Classroom Celebrations 10:00!!	22	23
24	25 The Center is CLOSED	26	27 2020-2021 Developmental Screenings!	28 2020-2021 Developmental Screenings!	29 2020-2021 Developmental Screenings!	30

10 Great Reasons to Participate in Your Child's Preschool Education

1. Studies show that children of involved parents do better in school and in life.
2. Our programs appreciate and depend on parent participation, and we track the number of hours of parent and community involvement.
3. Participating on a committee can help you meet new people and learn about the program.
4. We respect parents and realize that not everyone can volunteer in the classroom, so we offer a variety of ways you can participate.
5. Your voice is important and we want your input on providing quality services to meet the needs of families.
6. Family Fun Nights offer great activities for a night out for the whole family, four times a year.
7. Participation on the Policy Council gives you a chance to have input on program policies and budget.
8. "Practice Packs" will come home with your child, so you can work on his or her skills together. You can be involved in the comfort of your own home.
9. Many opportunities for parent education and training are available, which also count as parent involvement.
10. The kids are so proud for you to see their work, their classroom, and their teacher.

Check the Parent Participation section in this handbook for more information on ways to participate.

June 2020



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

BE YOUR CHILD'S BIGGEST FAN



Children are looking for your approval at all times. They want to see that they are wanted, needed, and accepted for who they are. As they begin to grow and learn about their passions, it will be important for you as their parent to do whatever you can to become your child's biggest fan.

What does it mean to be your child's biggest fan? This means that you know your child, their likes, and their dislikes. You know what they aspire to become and the heroes that they have. You are aware of why they do the things they do, and what gives them energy, and what discourages them. Think about fans of celebrities. They are aware of every single detail of that person's life and will do whatever they can to be that person's biggest proponent and ally.

As a parent, this is your job. You must take on this role with your child.

When you think about being a fan, the first thing in your mind may be sports, but encouragement can be transferred to anything, whether it is sports, band, drama, schoolwork, or helping around the house.

Ask yourself, "Am I my child's biggest fan? What else can I do to show them my support?"

This article was adapted from www.dadrevolution.com.

July 2020



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	