



# The Center



Volume: 21

Issue: 21

## Early Childhood Programs of Lake County School District

Our mission is to serve and respect children and families by providing research-based early childhood services that promote the development of knowledge, life skills, and self-esteem

### Families

Did you know, we have several resources and materials you can check out and borrow??  
Please contact Ms. Lisa in the Family Resources Office!!

[Iroeder@lakecountyschools.net](mailto:Iroeder@lakecountyschools.net) or 719-486-6928



SNOWSHOES

ICE SKATES

BOOKS

COOKBOOKS

COOKING BAGS

POTTY TRAINING

SLEDS

SLEDDING TUBES



### January 2021 Events

**January 4-Back to school from Winter Break**

**January 14-Policy Council Meeting**

**January 18-No School today. Martin Luther King Jr.**

**January 22-We have SCHOOL TODAY!!!!**



### Parents' Voices

It is important for us to hear from you. We welcome your input to operate a program that meets the needs of the families we serve. To reach:

**Holly DeBell** 486-6921  
Director of Early Childhood Programs

**Policy Council** 486-6888  
extension 2190

Dear Families,

Young children are in nearly constant motion! Moving makes children feel capable and confident, releases tension, and builds strong bodies and minds. Children’s love of movement will make this study of exercise very exciting! We’ll try many types of exercise, watch other people exercise, find out how bodies move, and learn what our bodies need to move and exercise.

We need your help to get out study moving! If you can, we’d love your help in gathering items to investigate. We’ll need many different objects and pictures related to exercise. Here’s a list of suggested items, but feel free to send other items that you think may add to our exploration. Please label all items with your name so we can return them to you at the end of our study. We promise to take good care of them!

Equipment/Objects	Pictures	
<ul style="list-style-type: none"><li>• Small child-safe trampoline</li><li>• Hand weights (up to 2 lbs.)</li><li>• Stretching bands</li><li>• Exercise mats</li><li>• Jump rope</li><li>• Frisbees</li><li>• Sports-related footwear (cleats, ballet slippers)</li><li>• Kid friendly dance music</li><li>• Foam rollers for stretching</li></ul>	<ul style="list-style-type: none"><li>• Walking/running</li><li>• Climbing</li><li>• Dancing/leaping</li><li>• Gymnastics</li><li>• Tennis/badminton</li><li>• Canoeing/rowing/kayaking</li><li>• Kite flying</li><li>• Sledding</li><li>• Hopping/jumping</li><li>• Catching/throwing</li><li>• Swimming/diving</li><li>• Bicycling</li></ul>	<ul style="list-style-type: none"><li>• Ice/roller skating</li><li>• Volleyball/soccer</li><li>• Gardening/yard work</li><li>• Skiing/snowshoeing</li><li>• Stretching/bending/yoga</li><li>• Push-ups/pull-ups</li><li>• Lifting weights</li><li>• Playing Frisbee</li><li>• Horseback riding</li><li>• Jumping jacks</li><li>• Cheerleading</li><li>• Football/baseball/basketball</li></ul>

As we study exercise, we will learn concepts and skills in physical development, literacy, math, science, social studies, the arts, and technology. We’ll also develop thinking skills as we observe, investigate, ask questions, solve problems, make predictions, and test our ideas.

### What You Can Do at Home

Talk with your child about exercise and do a few exercises with your child each day. Point out when you notice people in your community exercising. Help your child keep a daily exercise chart. Create a list together of your family’s favorite exercises. As you read books with your child, notice and talk about the character’s physical movements.

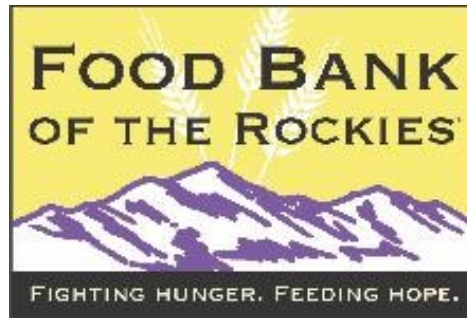
Thank you for playing an important role in our learning.

Jackie Lujan  
Assistant Director of Education



# Insects Study Highlights





***Food Bank of the Rockies***  
***200 West 4th Street-St. George Episcopal Church***  
***Beginning December 1, 2020***

Will distribute Free Food the  
3rd Wednesday of the month  
starting at 9:00 A.M.

No eligibility requirements!

Information and assistance with  
Applications for SNAP (food stamps)  
will be available during this time.

**Please NOTE, the Food Bank is currently operating within the safety guidelines and recommendations of the CDC by using a drive-through model. They are still able to accommodate those without a vehicle. Please wear a mask to protect the health of volunteers.**

Food Pantry will be open:  
Wednesday & Saturday's 9-1:00  
Seniors hours-Wednesday's 9-10  
Only 3 people (families) at a time!

Please call with questions  
(719) 486-3087.

Bring a bag, box, or laundry basket.



***Child Find***  
***Early intervention for children with special needs***

Every county in Colorado has professionals who are trained to evaluate children in a variety of areas, including cognitive functioning, physical functioning, hearing and vision, speech and language and social and emotional development. This service is referred to as Child Find. Evaluations are conducted by the Child Find team at no cost to parents.

Once the child find evaluation team, which includes the parents, has gathered sufficient information used to determine a child's eligibility for early intervention or preschool special education services, an Individual Family Service Plan (IFSP; birth to three years of age) or an Individual Education Plan (IEP; three to five years of age) is developed and services begin shortly.

Children under the age of six may be referred at any time for an eligibility determination for early intervention (ages birth to three) or preschool special education services (ages three through five). Here in Lake County, our very own Kelly Horning is the first contact for families interested in a Child Find evaluation. Please reach out to her at [khorning@lakecountyschools.net](mailto:khorning@lakecountyschools.net) or 719-486-4405.



# *Volunteers Needed*

Please consider volunteering for Policy Council. We have a few open spots that need to be filled. This is a great opportunity to make a difference at The Center, and advocate for your child!!

**Policy Council meets virtually once a month on Thursdays.**  
**We meet from 6:30-8:30.**



- Policy Council Members oversee and vote on:**
- Policy's & Procedures**
  - Program Planning**
  - Self Assessment**
  - Budgets**
  - Staffing**
  - Curriculum**
  - Hiring & Firing**
  - Eligibility, Recruitment, Selection, Enrollment, & Attendance**

**Interested, Please Contact:**  
**Lisa Roeder**  
**Family Advocate Manager**  
**719-486-6928**  
**719-427-7075**  
**[lroeder@lakecountyschools.net](mailto:lroeder@lakecountyschools.net)**



NOW ACCEPTING APPLICATIONS!!!

Early Head Start is a home visiting program designed to support you as your child's first and most important teacher. You are eligible to apply if you are pregnant or have children up to three years old.

Pick up an application at The Center or call 719-486-6928 for more information

### HOW TO CONTACT THE CENTER

Please see your child's classroom calendar for your child's teachers email address and phone numbers.

**Holly DeBell**-Director of Early Childhood Programs  
(719) 486-6921 hdbell@lakecountyschools.net

**Marissa Martinez**- Child Care Director  
(719) 486-6925 mamartinez@lakecountyschools.net

**Mary Jelf**- Business Manager  
(719) 486-6927 mjelf@lakecountyschools.net

**Jackie Lujan**-Education Director  
(719) 486-6927 jlujan@lakecountyschools.net

**Jenny Mascarenaz**-Transportation Manager  
(719) 486-6920 j mascarenaz@lakecountyschools.net

**Lizz Holm**- Health Manager  
(719) 486-6923 lholm@lakecountyschools.net

**Lisa Roeder** - Family and Community Partnership Manager  
(719) 486-6928 lroeder@lakecountyschools.net

**Kelly Horning**- Early Childhood SPED & Child Find  
(719) 486-4406 khorning@lakecountyschools.net

**Lindsay Rapke**- Speech Pathologist  
(719) 486-4403 lrapke@lakecountyschools.net

**If you need to call after 3:30 P.M.**

**Please call us at 486-6925**  
*This is the only phone line that s  
staffed after 3:30p.m.*



You may leave a message at this number and it will be checked. If you call other numbers, or leave messages at other extensions, your message may not be heard until the following morning.

### **PARENTS**

If you need to reach your child's teacher, please look at your class calendar and information sheet!!!

You may also call 486-6920 and the office will direct your

**Lake County School District  
The Center  
315 West 6th St.  
Leadville, Co 80461**