

Lake County School District R-1

Middle School Breakfast menu

Monday	Tuesday	Wednesday	Thursday	Friday
				May - 1 CEREAL, VARIETY YOGURT, variety 4 oz cup FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK, 1% Lowfat
May - 4 CEREAL, VARIETY ANIMAL CRACKERS FRUIT, VARIETY MILK, 1% Lowfat MILK, SKIM 1/2 PINT CARTON	May - 5 BAGEL, WHOLE WHEAT CREAM CHEESE FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK, 1% Lowfat	May - 6 CEREAL, VARIETY CHEESE, MOZZ, STRING FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK, 1% Lowfat	May - 7 PANCAKE MINIS, WW FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK, 1% Lowfat	May - 8 CEREAL, VARIETY BLUEBERRY MUFFIN 2.0oz FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK, 1% Lowfat
May - 11 CEREAL, VARIETY GOLD FISH FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK, 1% Lowfat	May - 12 GRANOLA BAR CHEESE, MOZZ, STRING FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK, 1% Lowfat	May - 13 CEREAL, VARIETY CRACKERS, GRAHAM FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK, 1% Lowfat	May - 14 FRENCH TOAST MINIS, WW FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK, 1% Lowfat	May - 15 CEREAL, VARIETY YOGURT, variety 4 oz cup FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK, 1% Lowfat
May - 18 CEREAL, VARIETY ANIMAL CRACKERS FRUIT, VARIETY MILK, 1% Lowfat MILK, SKIM 1/2 PINT CARTON	May - 19 BAGEL, WHOLE WHEAT CREAM CHEESE FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK, 1% Lowfat	May - 20 CEREAL, VARIETY CHEESE, MOZZ, STRING FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK, 1% Lowfat	May - 21 PANCAKE MINIS, WW FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK, 1% Lowfat	May - 22 CEREAL, VARIETY BLUEBERRY MUFFIN 2.0oz FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK, 1% Lowfat
May - 25 NO SCHOOL TODAY	May - 26 GRANOLA BAR CHEESE, MOZZ, STRING FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK, 1% Lowfat	May - 27 CEREAL, VARIETY CRACKERS, GRAHAM FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK, 1% Lowfat	May - 28 FRENCH TOAST MINIS, WW FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK, 1% Lowfat	May - 29 CEREAL, VARIETY YOGURT, variety 4 oz cup FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK, 1% Lowfat

USDA AND LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.