## Lake County School District R-1 WEST PARK ELEMENTARY- LUNCH 1 West Park Elementary School Lunch Menu

Sep 24, 2015

Oct - 1     Oct - 2     Oct - 2       Oct - 5     Oct - 6     Oct - 7     Oct - 8     Oct - 8       Oct - 5     Oct - 6     Oct - 7     Oct - 8     Oct - 9       AMBURGER ON A BUN     SPAGHETTI W/ MEAT     SALAD BAR W/ FRUIT     MILK, 1% Low/at       MILK, 1% Low/at     MILK, 1% Low/at     MILK, 1% Low/at     MILK, 1% Low/at       MILK, 1% Low/at     SALAD BAR W/ FRUIT     SALAD BAR W/ FRUIT     SALAD BAR W/ FRUIT       MILK, 1% Low/at     ROLLS, WHEAT     SALAD BAR W/ FRUIT     SALAD BAR W/ FRUIT       MILK, 1% Low/at     ROLLS, WHEAT     SALAD BAR W/ FRUIT     SALAD BAR W/ FRUIT       MILK, 1% Low/at     ROLLS, WHEAT     SALAD BAR W/ FRUIT     SALAD BAR W/ FRUIT       MILK, 1% Low/at     ROLLS, WHEAT     SALAD BAR W/ FRUIT     SALAD BAR W/ FRUIT       MILK, 1% Low/at     RARCHO BUTTERMILK     SALAD BAR W/ FRUIT     MILK, 1% Low/at     MILK, 1% Low/at       MUSTARD     Cot - 13     Oct - 14     Oct - 15     Oct - 16     Oct - 16       Oct - 12     Oct - 13     Oct - 14     Oct - 15     Oct - 16     Oct - 16     Oct - 16     Oct - 16 <th>Monday</th> <th>Tuesday</th> <th>Elementary School L Wednesday</th> <th>Thursday</th> <th>Friday</th>	Monday	Tuesday	Elementary School L Wednesday	Thursday	Friday
Det - 5     Oct - 6     Oct - 7     Oct - 8     Oct - 9       Det - 5     Oct - 6     Oct - 7     Oct - 8     Oct - 9       Det - 5     Oct - 6     Oct - 7     Oct - 8     Oct - 9       Det - 5     Oct - 6     Oct - 7     Oct - 8     Oct - 9       AMEURGER ON A BUN RENCH FRIES     SPACHETTI W/ MEAT SALO BAR W/ FRUIT MILK, 5KM 1/2 PINT CARTON     SUNFLOWER&JELLY YOGUERT, variety 4 oz cup MILK, 5KM 1/2 PINT CARTON     CHCKEN OUESADILLA CARTON     CORN DOG SALAD BAR W/ FRUIT MILK, 5KM 1/2 PINT CARTON     CARTON     CARTON     CARTON     MILK, 1/% Lowfat MILK, 5KM 1/2 PINT CARTON     CARTON     CARTON     CARTON     MILK, 1/% Lowfat MILK, 5KM 1/2 PINT CARTON     CARTON     MILK, 1/% Lowfat MILK, 5KM 1/2 PINT CARTON     CARTON     MILK, 1/% Lowfat MILK, 1/% Lowfat     CARTON     MILK, 1/% Lowfat MILK, 1/% Lowfat     MILK, 1/% Lowfat MILK, 1/% Lowfat     CARTON     MILK, 1/% Lowfat MILK, 1/% Lowfat     MILK, 1/% Lowfat MILK, 1/% Lowfat     CARTON	inenady	Tuooday	Trounceuuy		
HAMBURGER ON A BUN RENCH FRIESSPAGHETTI W/ MEAT SAUAD BAR W/ FRUIT SAUAD BAR W/ FRUIT SAUAD BAR W/ FRUIT CARTONSUNFLOWERSJELLY SAUAD BAR W/ FRUIT FRESH VEGEIS MILK, SKM 1/2 PINT CARTONCHICKEN QUESADILLA CARTON MILK, SKM 1/2 PINT CARTONCORN DOG BAKED BEANS SALAD BAR W/ FRUIT FRESH VEGEISS MILK, SKM 1/2 PINT CARTONCHICKEN QUESADILLA SAUAD BAR W/ FRUIT MILK, SKM 1/2 PINT CARTON MILK, 1% Lowfat TEDCORN DOG SALAD BAR W/ FRUIT MILK, SKM 1/2 PINT CARTONCORN DOG BAKED BEANS CARTON MILK, 1% Lowfat RANCH BUTTERMILK DRESSINGCHICKEN QUESADILLA CORN 1/2 PINT CARTON MILK, 1% Lowfat CARTON MILK, 1% LowfatCORN DOG BAKED BEAN MILK, 1% LowfatCORN DOG BAKED BEAN MILK, 1% LowfatCORN DOG BAKED BEAN MILK, 1% LowfatCORN DOG BAKED BEANS MILK, 1% LowfatCORN DOG BAKED BEANS MILK, 1% LowfatCORN DOG MILK, 1% Lowfat MILK, 1% LowfatCORN DOG MILK, 1% LowfatCORN DOG MILK, 1% LowfatCORN DOG MILK, 1% LowfatCORN DOG MACHO NACHOS CARTONOct - 19Oct - 20Oct - 21Oct - 22Oct - 23Oct - 23Oct - 19Oct - 20Oct - 21Oct - 22Oct - 23NO SCHOOL TODAYOct - 19Oct - 20Oct - 21Oct - 22Oct - 23NO SCHOOL TODAYOct - 20Oct - 20Oct - 21Oct - 22Oct - 23NO SCHOOL TODAYOct - 20Oct - 20Oct - 21Oct - 22Oct - 23NO SCHOOL TODAYOct - 21Oct - 20Oct - 21Oct - 23NO SCHOOL TODAYOct - 26Oct - 27Oct - 20 </td <td></td> <td></td> <td></td> <td>CORN SALAD BAR W/ FRUIT MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON</td> <td>SALAD BAR W/ FRUIT MILK,1% Lowfat MILK, SKIM 1/2 PINT</td>				CORN SALAD BAR W/ FRUIT MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON	SALAD BAR W/ FRUIT MILK,1% Lowfat MILK, SKIM 1/2 PINT
FRENCH FRIES SALAD BAR W/ FRUIT MILK, SKM 1/2 PINT CARTON SALAD BAR W/ FRUIT MILK, SKM 1/2 PINT CARTON MILK, 1% Lowfat RANCH BUTTERMILK CARTON MILK, 1% Lowfat CARTON SALAD BAR W/ FRUIT MILK, 1% Lowfat MILK, 1% Lowfat RANCH BUTTERMILK SALAD BAR W/ FRUIT MILK, 1% Lowfat MILK, 1% Lowfat CARTON MILK, 1% Lowfat SALAD BAR W/ FRUIT MILK, 1% Lowfat MILK, 1% Lowfat MILK, 1% Lowfat MILK, 1% Lowfat SALAD BAR W/ FRUIT MILK, 1% Lowfat MILK, 1% Lowfat SALAD BAR W/ FRUIT MILK, 1% Lowfat MILK, 1% Lowfat <	Oct - 5	Oct - 6	Oct - 7	Oct - 8	Oct - 9
TURKEY & CHEESE SANDWICH Roasted Carrot Fries SALAD BAR W/ FRUIT MILK, 1% Lowfat MILK, 1% LowfatCHICKEN NOODLE SOUP CRACKERS, 0YSTER SALAD BAR W/ FRUIT MILK, 1% Lowfat MILK, 1% Lowfat MILK, 1% LowfatCHICKEN NOODLE SOUP CRACKERS, 0YSTER SALAD BAR W/ FRUIT MILK, 1% Lowfat MILK, 1% Lowfat MILK, 1% Lowfat MILK, 1% LowfatMACHO NACHOS CORNBREAD SALAD BAR W/ FRUIT MILK, 1% Lowfat MILK, 1	FRENCH FRIES SALAD BAR W/ FRUIT MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON ketchup	SAUCE ROLLS,WHEAT SALAD BAR W/ FRUIT MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat CHEESE,PARMESAN,GRA	SANDWICH YOGURT, variety 4 oz cup FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat RANCH BUTTERMILK	CORN SALAD BAR W/ FRUIT MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	BAKED BEANS GOLD FISH / .75oz SALAD BAR W/ FRUIT MILK, SKIM 1/2 PINT CARTON
SANDWICH Roasted Carrot Fries Roasted Carrot Fries SALAD BAR W/ FRUIT MILK, 1% LowfatCINNAMON STICK SALAD BAR W/ FRUIT MILK, 1% Lowfat MILK, 1% LowfatCORNBREAD SALAD BAR W/ FRUIT MILK, 1% Lowfat MILK, 1% Lowfat MILK, 1% LowfatCORNBREAD SALAD BAR W/ FRUIT MILK, 1% Lowfat MILK, 1% LowfatCORNBREAD MILK, 1% Lowfat MILK, 1% Lowfat MILK, 1% LowfatCORNBREAD MILK, 1% Lowfat MILK, 1% LowfatCORNBREAD MILK, 1% Lowfat MILK, 1% LowfatCORNBREAD MILK, 1% Lowfat MILK, 1% LowfatCORNBREAD MILK, 1% Lowfat MILK, 1% Lowfat RANCH BUTTERMILK DRESSINGCRACKERS, OYSTER MILK, 1% Lowfat MILK, 1% Lowfat RANCH BUTTERMILK DRESSINGCORNBREAD SALAD BAR W/ FRUIT MILK, 1% Lowfat RANCH BUTTERMILK DRESSINGCORN SCHOOL TODAYCORN SCHOOL TODAYCOR - 23 NO SCHOOL TODAYOct - 26Oct - 27Oct - 28Oct - 29Oct - 30Oct - 26Oct - 27Oct - 28Oct - 29Oct - 30Oct - 26Oct - 27Oct - 28CHICKEN QUESADILLA CORN SALAD BAR W/ FRUIT MILK, SKIM 1/2 PINT CARTON MILK, 1% Lowfat RANCH BUTTERMILKCHICKEN QUESADILLA CARTON MILK, SKIM 1/2 PINT CARTON MILK, SKIM 1/2 PINT CARTON MILK, 1% Lowfat RANCH BUTTERMILK </td <td>Oct - 12</td> <td>Oct - 13</td> <td>Oct - 14</td> <td>Oct - 15</td> <td>Oct - 16</td>	Oct - 12	Oct - 13	Oct - 14	Oct - 15	Oct - 16
CHICKEN,GRILLED ON BUN POTATOES AU GRATIN SALAD BAR W/ FRUIT MILK, SKIM 1/2 PINT CARTONITALIAN DIP STICKS SALAD BAR W/ FRUIT MILK, 1% Lowfat MILK, 1% Lowfat MILK, 1% Lowfat MAYO MULK, 1% Lowfat MAYO MULK, 1% Lowfat MAYO MULK, 1% Lowfat MUSTARD PICKLE, SLICESITALIAN DIP STICKS SALAD BAR W/ FRUIT MILK, SKIM 1/2 PINT CARTONGRILLED HAM AND CHEESE FRUIT, VARIETY CARROT STICKS MILK, 1% Lowfat RANCH BUTTERMILKNO SCHOOL TODAYNO SCHOOL TODAYOct - 26Oct - 27Oct - 28Oct - 29Oct - 30Oct - 26Oct - 27Oct - 28Oct - 29Oct - 30HAMBURGER ON A BUN FRENCH FRIES SALAD BAR W/ FRUIT MILK, 1% Lowfat RALAD BAR W/ FRUIT MILK, 1% Lowfat MILK, 1% Lowfat MILK, 1% Lowfat MILK, 1% Lowfat MILK, 1% Lowfat MILK, 1% Lowfat ROLLS, WHEAT CARTON MILK, 1% Lowfat MILK, 1% Lowfat ROLD BAR W/ FRUIT MILK, 1% Lowfat CARTON MILK, 1% Lowfat ROLLS, WHEAT CARTON MILK, 1% Lowfat ROLLS, WHEAT	SANDWICH Roasted Carrot Fries SALAD BAR W/ FRUIT MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON MAYO	CINNAMON STICK SALAD BAR W/ FRUIT MILK,1% Lowfat MILK, SKIM 1/2 PINT	FRESH VEGGIES FRUIT, VARIETY MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON RANCH BUTTERMILK	CRACKERS, OYSTER SALAD BAR W/ FRUIT MILK, SKIM 1/2 PINT CARTON	CORNBREAD SALAD BAR W/ FRUIT MILK,1% Lowfat MILK, SKIM 1/2 PINT
BUN POTATOES AU GRATIN SALAD BAR W/ FRUIT MILK, 1% Lowfat MILK, SKIM 1/2 PINT CARTONSALAD BAR W/ FRUIT MILK, SKIM 1/2 PINT CARTONCHEESE FRUIT, VARIETY CARROT STICKS MILK, SKIM 1/2 PINT CARTONCHEESE FRUIT, VARIETY CARTONOct - 26Oct - 27Oct - 28Oct - 29Oct - 30Oct - 26Oct - 27Oct - 28Oct - 29Oct - 30HAMBURGER ON A BUN FRENCH FRIES SALAD BAR W/ FRUIT MILK, SKIM 1/2 PINT CARTONSPAGHETTI W/ MEAT SAUCE ROLLS, WHEAT SALAD BAR W/ FRUIT MILK, SKIM 1/2 PINT CARTONSUNFLOWER&JELLY SALAD BAR W/ FRUIT FRUIT, VARIETY FRUIT, VARIETY FRUIT, VARIETY FRESH VEGGIES CARTON MILK, SKIM 1/2 PINT CARTON MILK, SKIM 1/2 PINT CARTON MILK, SKIM 1/2 PINT CARTON MILK, SKIM 1/2 PINT CARTON MILK, 1% Lowfat TEDOct - 29Oct - 30BUSTARDCHEESE, PARMESAN, GRA TEDMILK, SKIM 1/2 PINT CARTON CARTON MILK, 1% Lowfat RANCH BUTTERMILKCHECSE SALAD BAR W/ FRUIT MILK, 1% Lowfat SALAD BAR W/ FRUIT CARTON MILK, 1% Lowfat 	Oct - 19	Oct - 20	Oct - 21	Oct - 22	Oct - 23
HAMBURGER ON A BUN FRENCH FRIES SALAD BAR W/ FRUIT MILK, 1% Lowfat MILK, 5KIM 1/2 PINT CARTON MUSTARD HAMBURGER ON A BUN FRESH VEGGIES MILK, 1% Lowfat TED Ketchup MUSTARD HAMBURGER ON A BUN SALAD BAR W/ FRUIT MILK, 5KIM 1/2 PINT CARTON MILK, 1% Lowfat TED SALAD BAR W/ FRUIT MILK, 1% Lowfat TED SALAD BAR W/ FRUIT MILK, 1% Lowfat TED SALAD BAR W/ FRUIT MILK, 5KIM 1/2 PINT CARTON MILK, 1% Lowfat TED SALAD BAR W/ FRUIT SALAD BAR W/ FRUIT FRESH VEGGIES MILK, 1% Lowfat RANCH BUTTERMILK SALAD BAR W/ FRUIT MILK, 1% Lowfat RANCH BUTTERMILK	BUN POTATOES AU GRATIN SALAD BAR W/ FRUIT MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat MAYO MUSTARD	SALAD BAR W/ FRUIT MILK,1% Lowfat MILK, SKIM 1/2 PINT	CHEESE FRUIT, VARIETY CARROT STICKS MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat RANCH BUTTERMILK	NO SCHOOL TODAY	NO SCHOOL TODAY
FRENCH FRIES SALAD BAR W/ FRUIT MILK,1% LowfatSAUCE ROLLS,WHEAT SALAD BAR W/ FRUIT MILK, SKIM 1/2 PINT CARTON ketchup MUSTARDSAUCE ROLLS,WHEAT SALAD BAR W/ FRUIT MILK, SKIM 1/2 PINT CARTON MILK, 1% Lowfat TEDSANDWICH YOGURT, variety 4 oz cup FRUIT, VARIETY FRESH VEGGIES CARTON MILK, 1/2 PINT CARTON MILK, 1/2 PINT CARTON MILK, 1% Lowfat TEDCORN SALAD BAR W/ FRUIT MILK, SKIM 1/2 PINT FRESH VEGGIES CARTON MILK, 1/2 PINT CARTON MILK, 1/2 PINT MILK, 1/2 PINT CARTON MILK, 1/2 PINT MILK, 1/2 PINT CARTON MILK, 1/2 PINT MILK, 1/2 PINT CARTON MILK, 1/2 PINT CARTON MILK, 1/2 PINT CARTON MILK, 1/2 PINT MILK, 1/2 PINT CARTON MILK, 1/2 PINT MILK, 1/2 PINT CARTON MILK, 1/2 PINT CARTON MILK, 1/2 PINT MILK, 1/2 PINT CARTON MILK, 1/2 PINT MILK, 1/2 PINT CARTON MILK, 1/2 PINT 	Oct - 26	Oct - 27	Oct - 28	Oct - 29	Oct - 30
	FRENCH FRIES SALAD BAR W/ FRUIT MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON ketchup	SAUCE ROLLS,WHEAT SALAD BAR W/ FRUIT MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat CHEESE,PARMESAN,GRA	SANDWICH YOGURT, variety 4 oz cup FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat RANCH BUTTERMILK	CORN SALAD BAR W/ FRUIT MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	BAKED BEANS GOLD FISH / .75oz SALAD BAR W/ FRUIT MILK, SKIM 1/2 PINT CARTON

USDA AND LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.