

Lake County School District R-1

THE CENTER

THE CENTER LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
				Apr - 1 NO SCHOOL TODAY
Apr - 4 HAMBURGER ON A BUN FRENCH FRIES FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON ketchup MUSTARD	Apr - 5 MACHO NACHOS BLUEBERRY MUFFIN 2.0oz FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON	Apr - 6 PEPPERONI PIZZA FRESH VEGGIES FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON	Apr - 7 CHICKEN & GRAVY PENNE PASTA FRUIT, VARIETY CORN MILK, SKIM 1/2 PINT CARTON	Apr - 8 BBQ PORK SANDWICH FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON PICKLE, SLICES
Apr - 11 CHICKEN, GRILLED ON BUN FRENCH FRIES FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MAYO MUSTARD PICKLE, SLICES	Apr - 12 BURRITO, BEEF & BEAN, E FRUIT, VARIETY CORN MILK, SKIM 1/2 PINT CARTON	Apr - 13 TURKEY AND CHEESE/ ELEM CHIP, MULTIGRAIN, SUNCHIPS FRESH VEGGIES FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MAYO MUSTARD	Apr - 14 SPAGHETTI W/ MEAT SAUCE FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON	Apr - 15 MACARONI AND CHEESE CHICKEN TENDERS FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON ketchup
Apr - 18 CHICKEN, OVEN FRIED ROLLS, WHEAT POTATO SALAD FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON	Apr - 19 POSOLE with PORK CHEESE QUESADILLA FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON	Apr - 20 GRILLED HAM AND CHEESE FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON	Apr - 21 TURKEY AND GRAVY MASHED POTATO ROLLS, WHEAT FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON	Apr - 22 PIG IN A BLANKET BAKED BEANS FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON ketchup MUSTARD
Apr - 25 HAMBURGER ON A BUN FRENCH FRIES FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON ketchup MUSTARD	Apr - 26 MACHO NACHOS BLUEBERRY MUFFIN 2.0oz FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON	Apr - 27 PEPPERONI PIZZA FRESH VEGGIES FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON	Apr - 28 CHICKEN & GRAVY PENNE PASTA FRUIT, VARIETY CORN MILK, SKIM 1/2 PINT CARTON	Apr - 29 BBQ PORK SANDWICH FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON PICKLE, SLICES

USDA AND LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.