

Lake County School District R-1
WEST PARK ELEMENTARY BREAKFAST
West Park Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	Mar - 1 BAGEL, WHOLE WHEAT CREAM CHEESE FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Mar - 2 CEREAL,VARIETY CHEESE, MOZZ, STRING FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Mar - 3 BANANA BREAD, whole grain FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Mar - 4 CEREAL,VARIETY YOGURT, variety 4 oz cup FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat
Mar - 7 CEREAL,VARIETY ANIMAL CRACKERS FRUIT, VARIETY MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON	Mar - 8 BAGEL, WHOLE WHEAT CREAM CHEESE FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Mar - 9 CEREAL,VARIETY CHEESE, MOZZ, STRING FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Mar - 10 BANANA BREAD, whole grain FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Mar - 11 CEREAL,VARIETY YOGURT, variety 4 oz cup FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat
Mar - 14 CEREAL,VARIETY ANIMAL CRACKERS FRUIT, VARIETY MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON	Mar - 15 BAGEL, WHOLE WHEAT CREAM CHEESE FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Mar - 16 CEREAL,VARIETY CHEESE, MOZZ, STRING FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Mar - 17 BANANA BREAD, whole grain FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Mar - 18 CEREAL,VARIETY YOGURT, variety 4 oz cup FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat
Mar - 21 CEREAL,VARIETY ANIMAL CRACKERS FRUIT, VARIETY MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON	Mar - 22 BAGEL, WHOLE WHEAT CREAM CHEESE FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Mar - 23 CEREAL,VARIETY CHEESE, MOZZ, STRING FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Mar - 24 BANANA BREAD, whole grain FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Mar - 25 NO SCHOOL TODAY
Mar - 28 NO SCHOOL TODAY	Mar - 29 NO SCHOOL TODAY	Mar - 30 NO SCHOOL TODAY	Mar - 31 NO SCHOOL TODAY	

USDA AND LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.