

Lake County School District R-1

THE CENTER

THE CENTER LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
May - 2 Teriyaki CHICKEN,GRILLED SAND FRENCH FRIES FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MAYO MUSTARD PICKLE, SLICES	May - 3 BURRITO, BEEF & BEAN,E FRUIT, VARIETY CORN MILK, SKIM 1/2 PINT CARTON	May - 4 TURKEY AND CHEESE/ ELEM CHIP, MULTIGRAIN, SUNCHIPS FRESH VEGGIES FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MAYO MUSTARD	May - 5 SPAGHETTI W/ MEAT SAUCE FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON	May - 6 MAC & CHEESE CHICKEN TENDERS FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON ketchup
May - 9 CHICKEN, OVEN FRIED, PARM ROLLS,WHEAT POTATO SALAD FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON	May - 10 POSOLE with PORK CHEESE QUESADILLA FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON	May - 11 GRILLED HAM AND CHEESE FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON	May - 12 TURKEY AND GRAVY MASHED POTATO ROLLS,WHEAT FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON	May - 13 PIG IN A BLANKET BAKED BEANS FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON ketchup MUSTARD
May - 16 HAMBURGER ON A BUN FRENCH FRIES FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON ketchup MUSTARD	May - 17 MACHO NACHOS BLUEBERRY MUFFIN 2.0oz FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON	May - 18 PEPPERONI PIZZA FRESH VEGGIES FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON	May - 19 NO SCHOOL TODAY	May - 20 NO SCHOOL TODAY
May - 23 Teriyaki CHICKEN,GRILLED SAND FRENCH FRIES FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MAYO MUSTARD PICKLE, SLICES	May - 24 BURRITO, BEEF & BEAN,E FRUIT, VARIETY CORN MILK, SKIM 1/2 PINT CARTON	May - 25 TURKEY AND CHEESE/ ELEM CHIP, MULTIGRAIN, SUNCHIPS FRESH VEGGIES FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MAYO MUSTARD	May - 26 SPAGHETTI W/ MEAT SAUCE FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON	May - 27 MAC & CHEESE CHICKEN TENDERS FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON ketchup
May - 30 NO SCHOOL TODAY	May - 31 POSOLE with PORK CHEESE QUESADILLA FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON			

USDA AND LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.