

Lake County School District R-1

LCIS - LUNCH

May 25, 2016

Lake County Middle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	May - 31 POSOLE with PORK CHEESE QUESADILLA SALAD BAR W/ FRUIT MILK, 1% Lowfat MILK, SKIM 1/2 PINT CARTON	Jun - 1 HAMBURGER ON A BUN FRENCH FRIES SALAD BAR W/ FRUIT Milk, Chocolate, Fat Free MILK, 1% Lowfat ketchup MUSTARD PICKLE, SLICES	Jun - 2 HAM AND CHEESE SANDWICH FRESH VEGGIES FRUIT, VARIETY ICE CREAM, VARIETY CUP MAYO MUSTARD	Jun - 3 HOT DOG ON A BUN CORN ON THE COB WATERMELON, FRESH CHIP, MULTIGRAIN, SUNCHIPS ketchup MUSTARD

USDA AND LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.