

**LunchByte Systems, Inc. 800-724-9853**  
**LCHS Breakfast**

Monday	Tuesday	Wednesday	Thursday	Friday
		Nov - 1  FRENCH TOAST STICKS WAFFLES SMOOTHIE GRANOLA BAR CEREAL,VARIETY CHEESE, STRING CRACKERS, ASSORTED BAGEL, WHEAT CREAM CHEESE FRUIT,FRESH ASSORTED MILK, CHOCO, FAT FREE MILK,1% Lowfat	Nov - 2  SAUSAGE SANDWICH GRANOLA BAR CEREAL,VARIETY CHEESE, STRING CRACKERS, ASSORTED BAGEL, WHEAT CREAM CHEESE FRUIT,FRESH ASSORTED MILK, CHOCO, FAT FREE MILK,1% Lowfat	Nov - 3  BREAKFAST BURRITO SALSA GRANOLA BAR CEREAL,VARIETY CHEESE, STRING CRACKERS, ASSORTED BAGEL, WHEAT CREAM CHEESE FRUIT,FRESH ASSORTED MILK, CHOCO, FAT FREE MILK,1% Lowfat
Nov - 6  BISCUIT, EGG AND CHEESE GRANOLA BAR CEREAL,VARIETY CHEESE, STRING CRACKERS, ASSORTED BAGEL, WHEAT CREAM CHEESE FRUIT,FRESH ASSORTED MILK, CHOCO, FAT FREE MILK,1% Lowfat	Nov - 7  MUFFIN, ASSORTED, 4oz SMOOTHIE GRANOLA BAR CEREAL,VARIETY CHEESE, STRING CRACKERS, ASSORTED BAGEL, WHEAT CREAM CHEESE FRUIT,FRESH ASSORTED MILK, CHOCO, FAT FREE MILK,1% Lowfat	Nov - 8  FRENCH TOAST STICKS WAFFLES SMOOTHIE GRANOLA BAR CEREAL,VARIETY CHEESE, STRING CRACKERS, ASSORTED BAGEL, WHEAT CREAM CHEESE FRUIT,FRESH ASSORTED MILK, CHOCO, FAT FREE MILK,1% Lowfat	Nov - 9  SAUSAGE SANDWICH GRANOLA BAR CEREAL,VARIETY CHEESE, STRING CRACKERS, ASSORTED BAGEL, WHEAT CREAM CHEESE FRUIT,FRESH ASSORTED MILK, CHOCO, FAT FREE MILK,1% Lowfat	Nov - 10  BREAKFAST BURRITO SALSA GRANOLA BAR CEREAL,VARIETY CHEESE, STRING CRACKERS, ASSORTED BAGEL, WHEAT CREAM CHEESE FRUIT,FRESH ASSORTED MILK, CHOCO, FAT FREE MILK,1% Lowfat
Nov - 13  BISCUIT, EGG AND CHEESE GRANOLA BAR CEREAL,VARIETY CHEESE, STRING CRACKERS, ASSORTED BAGEL, WHEAT CREAM CHEESE FRUIT,FRESH ASSORTED MILK, CHOCO, FAT FREE MILK,1% Lowfat	Nov - 14  MUFFIN, ASSORTED, 4oz SMOOTHIE GRANOLA BAR CEREAL,VARIETY CHEESE, STRING CRACKERS, ASSORTED BAGEL, WHEAT CREAM CHEESE FRUIT,FRESH ASSORTED MILK, CHOCO, FAT FREE MILK,1% Lowfat	Nov - 15  FRENCH TOAST STICKS WAFFLES SMOOTHIE GRANOLA BAR CEREAL,VARIETY CHEESE, STRING CRACKERS, ASSORTED BAGEL, WHEAT CREAM CHEESE FRUIT,FRESH ASSORTED MILK, CHOCO, FAT FREE MILK,1% Lowfat	Nov - 16  SAUSAGE SANDWICH GRANOLA BAR CEREAL,VARIETY CHEESE, STRING CRACKERS, ASSORTED BAGEL, WHEAT CREAM CHEESE FRUIT,FRESH ASSORTED MILK, CHOCO, FAT FREE MILK,1% Lowfat	Nov - 17  NO SCHOOL TODAY
Nov - 20  NO SCHOOL TODAY	Nov - 21  NO SCHOOL TODAY	Nov - 22  NO SCHOOL TODAY	Nov - 23  NO SCHOOL TODAY	Nov - 24  NO SCHOOL TODAY

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<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Nov - 27  BISCUIT, EGG AND CHEESE GRANOLA BAR CEREAL, VARIETY CHEESE, STRING CRACKERS, ASSORTED BAGEL, WHEAT CREAM CHEESE FRUIT, FRESH ASSORTED MILK, CHOCO, FAT FREE MILK, 1% Lowfat	Nov - 28  MUFFIN, ASSORTED, 4oz SMOOTHIE GRANOLA BAR CEREAL, VARIETY CHEESE, STRING CRACKERS, ASSORTED BAGEL, WHEAT CREAM CHEESE FRUIT, FRESH ASSORTED MILK, CHOCO, FAT FREE MILK, 1% Lowfat	Nov - 29  FRENCH TOAST STICKS WAFFLES SMOOTHIE GRANOLA BAR CEREAL, VARIETY CHEESE, STRING CRACKERS, ASSORTED BAGEL, WHEAT CREAM CHEESE FRUIT, FRESH ASSORTED MILK, CHOCO, FAT FREE MILK, 1% Lowfat	Nov - 30  SAUSAGE SANDWICH GRANOLA BAR CEREAL, VARIETY CHEESE, STRING CRACKERS, ASSORTED BAGEL, WHEAT CREAM CHEESE FRUIT, FRESH ASSORTED MILK, CHOCO, FAT FREE MILK, 1% Lowfat	

LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY ORGANIZATION