

LunchByte Systems, Inc. 800-724-9853
LCIS Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Oct - 2</p> <p>FRENCH BREAD PIZZA SHERBET SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR</p>	<p>Oct - 3</p> <p>BEEF TACO SPANISH RICE ASSORTED FRUITS SALAD BAR MILK,1% Lowfat MILK,Skim RANCH DRESSING, PREPAR</p>	<p>Oct - 4</p> <p>TURKEY & CHEESE SANDWI SUN CHIP/ CHEDDAR SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR MAYO MUSTARD</p>	<p>Oct - 5</p> <p>ITALIAN DIP STICKS ASSORTED FRUITS SALAD BAR MILK,1% Lowfat MILK,Skim RANCH DRESSING, PREPAR</p>	<p>Oct - 6</p> <p>CHICKEN CHUNKS MACARONI AND CHEESE(NE SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat KETCHUP BARBECUE SAUCE RANCH DRESSING, PREPAR</p>
<p>Oct - 9</p> <p>PEPPERONI PIZZA SHERBET SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR</p>	<p>Oct - 10</p> <p>MACHO NACHO CINNAMON ROLLS SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR JALAPENO PEPPERS</p>	<p>Oct - 11</p> <p>GRILLED CHEESE SANDWIC TOMATO SOUP Gold Fish Crackers SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR</p>	<p>Oct - 12</p> <p>CHICKEN ALFREDO ROLLS, WHEAT, 2oz SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR</p>	<p>Oct - 13</p> <p>HOT DOG ON A BUN BAKED BEANS (VEGETARIA SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR KETCHUP MUSTARD</p>
<p>Oct - 16</p> <p>FRENCH BREAD PIZZA SHERBET SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR</p>	<p>Oct - 17</p> <p>CHEESE QUESADILLA GREEN CHILI SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR</p>	<p>Oct - 18</p> <p>TURKEY AND GRAVY MASHED POTATOES ROLLS, WHEAT, 2oz SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR</p>	<p>Oct - 19</p> <p>SPAGHETTI W/ MEATBALLS GREEN BEANS SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat CHEESE, PARMESAN RANCH DRESSING, PREPAR</p>	<p>Oct - 20</p> <p>NO SCHOOL TODAY</p>
<p>Oct - 23</p> <p>TURKEY & CHEESE SANDWI SUN CHIP/ CHEDDAR CHOCOLATE CHIP COOKIES CARROT STICKS ASSORTED FRUITS MILK,Skim MILK,1% Lowfat MAYO MUSTARD</p>	<p>Oct - 24</p> <p>BEEF TACO SPANISH RICE ASSORTED FRUITS SALAD BAR MILK,1% Lowfat MILK,Skim RANCH DRESSING, PREPAR</p>	<p>Oct - 25</p> <p>CHEESEBURGER ON A BUN POTATO, TRIANGLES SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR KETCHUP MUSTARD PICKLE CHIPS</p>	<p>Oct - 26</p> <p>ITALIAN DIP STICKS ASSORTED FRUITS SALAD BAR MILK,1% Lowfat MILK,Skim RANCH DRESSING, PREPAR</p>	<p>Oct - 27</p> <p>CHICKEN CHUNKS MACARONI AND CHEESE(NE SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat KETCHUP BARBECUE SAUCE RANCH DRESSING, PREPAR</p>

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Oct - 30 PEPPERONI PIZZA SHERBET SALAD BAR ASSORTED FRUITS MILK, Skim MILK, 1% Lowfat RANCH DRESSING, PREPAR	Oct - 31 MACHO NACHO CINNAMON ROLLS SALAD BAR ASSORTED FRUITS MILK, Skim MILK, 1% Lowfat RANCH DRESSING, PREPAR JALAPENO PEPPERS			

LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY ORGANIZATION