

LunchByte Systems, Inc. 800-724-9853
LCIS Lunch
002 - Lake County Intermediate School

Monday	Tuesday	Wednesday	Thursday	Friday
		Aug - 22 PEPPERONI PIZZA SHERBET SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR	Aug - 23 CHEESEBURGER ON A BUN FRENCH FRIES SALAD BAR ASSORTED FRUITS MILK,1% Lowfat MILK,Skim KETCHUP MUSTARD PICKLE CHIPS RANCH DRESSING, PREPAR	Aug - 24 CHICKEN CHUNKS MACARONI AND CHEESE(NE SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat KETCHUP BARBECUE SAUCE RANCH DRESSING, PREPAR
Aug - 27 BREAKFAST FOR LUNCH SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR	Aug - 28 MACHO NACHO MUFFIN, ASSORTED, 2oz SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR JALAPENO PEPPERS	Aug - 29 GRILLED CHEESE SANDWIC YOGURT, ASSORTED SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR	Aug - 30 CHICKEN NOODLE SOUP ROLLS, WHEAT, 2oz SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR	Aug - 31 HOT DOG ON A BUN BAKED BEANS (VEGETARIA SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR KETCHUP MUSTARD
Sep - 3 NO SCHOOL TODAY	Sep - 4 QUESADILLA, CHICKEN SALSA SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR	Sep - 5 TURKEY & CHEESE SANDWI SUN CHIP/ CHEDDAR SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR MAYO MUSTARD	Sep - 6 SPAGHETTI W/ MEATBALLS ROLLS, WHEAT, 2oz SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat CHEESE, PARMESAN RANCH DRESSING, PREPAR	Sep - 7 CHILI CON CARNE W/ BEAN CRACKERS SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR CHEESE, CHEDDAR

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<p>Sep - 10</p> <p>BREADED CHICKEN SANDWI POTATOES AU GRATIN SALAD BAR ASSORTED FRUITS MILK,1% Lowfat MILK,Skim MAYO PICKLE CHIPS MUSTARD RANCH DRESSING, PREPAR</p>	<p>Sep - 11</p> <p>BEEF TACO SPANISH RICE ASSORTED FRUITS SALAD BAR MILK,1% Lowfat MILK,Skim RANCH DRESSING, PREPAR SALSA</p>	<p>Sep - 12</p> <p>TURKEY AND GRAVY MASHED POTATOES ROLLS, WHEAT, 2oz SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR</p>	<p>Sep - 13</p> <p>ITALIAN DIP STICKS GREEN BEANS ASSORTED FRUITS SALAD BAR MILK,1% Lowfat MILK,Skim RANCH DRESSING, PREPAR</p>	<p>Sep - 14</p> <p>HAM & CHEESE SANDWICH SUN CHIP SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR MAYO MUSTARD</p>
<p>Sep - 17</p> <p>CHICKEN CHUNKS MACARONI AND CHEESE(NE SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat KETCHUP BARBECUE SAUCE RANCH DRESSING, PREPAR</p>	<p>Sep - 18</p> <p>BURRITO W/ GREEN CHILI SPANISH RICE SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR</p>	<p>Sep - 19</p> <p>PEPPERONI PIZZA SHERBET SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR</p>	<p>Sep - 20</p> <p>CHEESEBURGER ON A BUN FRENCH FRIES ASSORTED FRUITS MILK,1% Lowfat MILK,Skim KETCHUP MUSTARD PICKLE CHIPS RANCH DRESSING, PREPAR</p>	<p>Sep - 21</p> <p>NO SCHOOL TODAY</p>
<p>Sep - 24</p> <p>BREAKFAST FOR LUNCH SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR</p>	<p>Sep - 25</p> <p>MACHO NACHO MUFFIN, ASSORTED, 2oz SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR JALAPENO PEPPERS</p>	<p>Sep - 26</p> <p>GRILLED CHEESE SANDWIC YOGURT, ASSORTED SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR</p>	<p>Sep - 27</p> <p>CHICKEN NOODLE SOUP ROLLS, WHEAT, 2oz SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR</p>	<p>Sep - 28</p> <p>HOT DOG ON A BUN BAKED BEANS (VEGETARIA SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR KETCHUP MUSTARD</p>

LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY ORGANIZATION