

**LunchByte Systems, Inc. 800-724-9853**  
**LCIS Breakfast**  
**002 - Lake County Intermediate School**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p>Oct - 1</p> <p>BISCUIT, EGG AND CHEESE            CEREAL,VARIETY            CRACKERS, ASSORTED            BAGEL, WHEAT            CREAM CHEESE            FRUIT,FRESH ASSORTED            MILK,Skim            MILK,1% Lowfat</p>	<p>Oct - 2</p> <p>MUFFIN, ASSORTED, 2oz            SMOOTHIE            CEREAL,VARIETY            CRACKERS, ASSORTED            BAGEL, WHEAT            CREAM CHEESE            FRUIT,FRESH ASSORTED            MILK,Skim            MILK,1% Lowfat</p>	<p>Oct - 3</p> <p>PIG IN A BLANKET            SYRUP,PANCAKE            SMOOTHIE            CEREAL,VARIETY            CRACKERS, ASSORTED            BAGEL, WHEAT            CREAM CHEESE            FRUIT,FRESH ASSORTED            MILK,Skim            MILK,1% Lowfat</p>	<p>Oct - 4</p> <p>SAUSAGE SANDWICH            CEREAL,VARIETY            CRACKERS, ASSORTED            BAGEL, WHEAT            CREAM CHEESE            FRUIT,FRESH ASSORTED            MILK,Skim            MILK,1% Lowfat</p>	<p>Oct - 5</p> <p>BREAKFAST BURRITO            CRACKERS, ASSORTED            CEREAL,VARIETY            BAGEL, WHEAT            CREAM CHEESE            FRUIT,FRESH ASSORTED            MILK,1% Lowfat            MILK,Skim</p>
<p>Oct - 8</p> <p>BISCUIT, EGG AND CHEESE            CEREAL,VARIETY            CRACKERS, ASSORTED            BAGEL, WHEAT            CREAM CHEESE            FRUIT,FRESH ASSORTED            MILK,Skim            MILK,1% Lowfat</p>	<p>Oct - 9</p> <p>MUFFIN, ASSORTED, 2oz            SMOOTHIE            CEREAL,VARIETY            CRACKERS, ASSORTED            BAGEL, WHEAT            CREAM CHEESE            FRUIT,FRESH ASSORTED            MILK,Skim            MILK,1% Lowfat</p>	<p>Oct - 10</p> <p>PIG IN A BLANKET            SYRUP,PANCAKE            SMOOTHIE            CEREAL,VARIETY            CRACKERS, ASSORTED            BAGEL, WHEAT            CREAM CHEESE            FRUIT,FRESH ASSORTED            MILK,Skim            MILK,1% Lowfat</p>	<p>Oct - 11</p> <p>SAUSAGE SANDWICH            CEREAL,VARIETY            CRACKERS, ASSORTED            BAGEL, WHEAT            CREAM CHEESE            FRUIT,FRESH ASSORTED            MILK,Skim            MILK,1% Lowfat</p>	<p>Oct - 12</p> <p>BREAKFAST BURRITO            CRACKERS, ASSORTED            CEREAL,VARIETY            BAGEL, WHEAT            CREAM CHEESE            FRUIT,FRESH ASSORTED            MILK,1% Lowfat            MILK,Skim</p>
<p>Oct - 15</p> <p>BISCUIT, EGG AND CHEESE            CEREAL,VARIETY            CRACKERS, ASSORTED            BAGEL, WHEAT            CREAM CHEESE            FRUIT,FRESH ASSORTED            MILK,Skim            MILK,1% Lowfat</p>	<p>Oct - 16</p> <p>MUFFIN, ASSORTED, 2oz            SMOOTHIE            CEREAL,VARIETY            CRACKERS, ASSORTED            BAGEL, WHEAT            CREAM CHEESE            FRUIT,FRESH ASSORTED            MILK,Skim            MILK,1% Lowfat</p>	<p>Oct - 17</p> <p>PIG IN A BLANKET            SYRUP,PANCAKE            SMOOTHIE            CEREAL,VARIETY            CRACKERS, ASSORTED            BAGEL, WHEAT            CREAM CHEESE            FRUIT,FRESH ASSORTED            MILK,Skim            MILK,1% Lowfat</p>	<p>Oct - 18</p> <p>SAUSAGE SANDWICH            CEREAL,VARIETY            CRACKERS, ASSORTED            BAGEL, WHEAT            CREAM CHEESE            FRUIT,FRESH ASSORTED            MILK,Skim            MILK,1% Lowfat</p>	<p>Oct - 19</p> <p>NO SCHOOL TODAY</p>

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<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p>Oct - 22</p> <p>NO SCHOOL TODAY</p>	<p>Oct - 23</p> <p>MUFFIN, ASSORTED, 2oz SMOOTHIE CEREAL, VARIETY CRACKERS, ASSORTED BAGEL, WHEAT CREAM CHEESE FRUIT, FRESH ASSORTED MILK, Skim MILK, 1% Lowfat</p>	<p>Oct - 24</p> <p>PIG IN A BLANKET SYRUP, PANCAKE SMOOTHIE CEREAL, VARIETY CRACKERS, ASSORTED BAGEL, WHEAT CREAM CHEESE FRUIT, FRESH ASSORTED MILK, Skim MILK, 1% Lowfat</p>	<p>Oct - 25</p> <p>SAUSAGE SANDWICH CEREAL, VARIETY CRACKERS, ASSORTED BAGEL, WHEAT CREAM CHEESE FRUIT, FRESH ASSORTED MILK, Skim MILK, 1% Lowfat</p>	<p>Oct - 26</p> <p>BREAKFAST BURRITO CRACKERS, ASSORTED CEREAL, VARIETY BAGEL, WHEAT CREAM CHEESE FRUIT, FRESH ASSORTED MILK, 1% Lowfat MILK, Skim</p>
<p>Oct - 29</p> <p>BISCUIT, EGG AND CHEESE CEREAL, VARIETY CRACKERS, ASSORTED BAGEL, WHEAT CREAM CHEESE FRUIT, FRESH ASSORTED MILK, Skim MILK, 1% Lowfat</p>	<p>Oct - 30</p> <p>MUFFIN, ASSORTED, 2oz SMOOTHIE CEREAL, VARIETY CRACKERS, ASSORTED BAGEL, WHEAT CREAM CHEESE FRUIT, FRESH ASSORTED MILK, Skim MILK, 1% Lowfat</p>	<p>Oct - 31</p> <p>PIG IN A BLANKET SYRUP, PANCAKE SMOOTHIE CEREAL, VARIETY CRACKERS, ASSORTED BAGEL, WHEAT CREAM CHEESE FRUIT, FRESH ASSORTED MILK, Skim MILK, 1% Lowfat</p>		

LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY ORGANIZATION