

Monday

Tuesday

Wednesday

Thursday

Friday

1
SPAGHETTI AND MEAT SAUCE
Roll, Whole Wheat Pur2ozMS1355
SALAD BAR
FRUIT SALAD
MILK, 1% Lowfat
MILK, Skim
PARMESAN CHEESE, GRATED

4
Chicken Breaded Nuggets Whole Grain
3-Cheese Macaroni Mania
SALAD BAR
FRUIT SALAD
MILK, 1% Lowfat
MILK, Skim
KETCHUP: individual

5
Chili Con Carne w/ Beans MS130
CORNBREAD
SALAD BAR
FRUIT SALAD
MILK, 1% Lowfat
MILK, Skim
CHEDDAR CHEESE

6
Ham & Cheese Sandwich Jennie O 54
7-4010
Sunchips Original 1oz 377-8029
SALAD BAR
FRUIT SALAD
MILK, 1% Lowfat
MILK, Skim
MAYONNAISE: individual PC
MUSTARD: individual PC

7
18A BREADSTICK, BOSCO 4" GARLIC
2 EACH
Spaghetti Sauce Base (2M)
GREEN BEANS: frozen, boiled
SALAD BAR
FRUIT SALAD
MILK, 1% Lowfat
MILK, Skim

8
NACHOS WITH GROUND BEEF
Cinnamon Roll Whole Grain
SALAD BAR
FRUIT SALAD
MILK, 1% Lowfat
MILK, Skim
PEPPERS, JALAPENO

11
Waffle Stick Whole Grain
18 SCRAMBLED EGG/CHEESE *1/2c*
POTATO PUFFS: frozen, cooked
SALAD BAR
FRUIT SALAD
MILK, 1% Lowfat
MILK, Skim
KETCHUP: individual
SYRUP, PANCAKE

12
Grilled Cheese Sandwich
TOMATO SOUP
Gold Fish, Whole Grain, Cheddar, Smart
Snack Co
SALAD BAR
FRUIT SALAD
MILK, 1% Lowfat
MILK, Skim

13
TURKEY, POTATOES, AND GRAVY
Roll, Whole Wheat Pur2ozMS1355
SALAD BAR
FRUIT SALAD
MILK, 1% Lowfat
MILK, Skim

14
HOT DOG ON A BUN: turkey hot
BAKED BEANS (VEGETARIAN): veg
SALAD BAR
FRUIT SALAD
MILK, 1% Lowfat
MILK, Skim
KETCHUP: individual
MUSTARD: individual PC
RELISH: individual PC

15
NO SCHOOL TODAY

18
NO SCHOOL TODAY

19
NO SCHOOL TODAY

20
BEEF & BEAN BURRITO
GREEN CHILI SAUCE
CORN: canned, yellow
SALAD BAR
FRUIT SALAD
MILK, 1% Lowfat
MILK, Skim

21
SPAGHETTI AND MEAT SAUCE
Roll, Whole Wheat Pur2ozMS1355
SALAD BAR
FRUIT SALAD
MILK, 1% Lowfat
MILK, Skim
PARMESAN CHEESE, GRATED

22
CHEESEBURGER ON A BUN
FRENCH FRIES: oven heat
SALAD BAR
FRUIT SALAD
MILK, 1% Lowfat
MILK, Skim
KETCHUP: individual
MUSTARD: individual PC
PICKLES, DILL SPEAR

25

Chicken Breaded Nuggets Whole Grain
3-Cheese Macaroni Mania
SALAD BAR
FRUIT SALAD
MILK,1% Lowfat
MILK,Skim
KETCHUP: individual

26

Corn Dog Foster Farms 888-3937
Yogurt Strawberry PC Danimals 81727
31
SALAD BAR
FRUIT SALAD
MILK,1% Lowfat
MILK,Skim
KETCHUP: individual
MUSTARD: individual PC

27

NACHOS WITH GROUND BEEF
Cinnamon Roll Whole Grain
SALAD BAR
FRUIT SALAD
MILK,1% Lowfat
MILK,Skim
PEPPERS,JALAPENO

28

Pepperoni Pizza, The Max, Premium Piz
za, 4x6
SHERBET, ORANGE
SALAD BAR
FRUIT SALAD
MILK,1% Lowfat
MILK,Skim