Monday	Tuesday	Wednesday	Thursday	Friday
				1 SPAGHETTI AND MEAT SAUCE Roll, Whole Wheat Pur2ozMS1355 FRUIT SALAD MILK,Skim
4 Chicken Breaded Nuggets Whole Grain 3-Cheese Macaroni Mania VEGGIES, FRESH FRUIT SALAD MILK,Skim KETCHUP: individual	5 Chili Con Carne w/ Beans MS130 CORNBREAD VEGGIES, FRESH FRUIT SALAD MILK,Skim CHEDDAR CHEESE	6 Ham & Cheese Sandwich Jennie O 54 7-4010 Sunchips Original 1oz 377-8029 VEGGIES, FRESH FRUIT SALAD MILK,Skim MAYONNAISE:individual PC MUSTARD: individual PC	7 18A BREADSTICK, BOSCO 4" GARLIC *2 EACH* Spaghetti Sauce Base (2M) GREEN BEANS: frozen,boiled FRUIT SALAD MILK,Skim	8 NACHOS WITH GROUND BEEF Cinnamon Roll Whole Grain CORN: canned, yellow FRUIT SALAD MILK,Skim
11 Waffle Stick Whole Grain 18 SCRAMBLED EGG/CHEESE *1/2c* POTATO PUFFS: frozen,cooked FRUIT SALAD MILK,Skim KETCHUP: individual	12 Grilled Cheese Sandwich TOMATO SOUP VEGGIES, FRESH FRUIT SALAD MILK,Skim	13 TURKEY, POTATOES, AND GRAVY Roll, Whole Wheat Pur2ozMS1355 FRUIT SALAD MILK,Skim	14 HOT DOG ON A BUN:turkey hot BAKED BEANS (VEGETARIAN):veg FRUIT SALAD MILK,Skim KETCHUP: individual MUSTARD: individual PC	15 NO SCHOOL TODAY
18 NO SCHOOL TODAY	19 NO SCHOOL TODAY	20 BEEF & BEAN BURRITO CORN: canned, yellow FRUIT SALAD MILK,Skim	21 SPAGHETTI AND MEAT SAUCE Roll, Whole Wheat Pur2ozMS1355 FRUIT SALAD MILK,Skim	22 CHEESEBURGER ON A BUN FRENCH FRIES: oven heat FRUIT SALAD MILK,Skim KETCHUP: individual MUSTARD: individual PC PICKLES,DILL SPEAR
25 Chicken Breaded Nuggets Whole Grain 3-Cheese Macaroni Mania VEGGIES, FRESH FRUIT SALAD MILK,Skim KETCHUP: individual	26 Corn Dog Foster Farms 888-3937 Yogurt Strawberry PC Danimals 81727 31 VEGGIES, FRESH FRUIT SALAD MILK,Skim KETCHUP: individual MUSTARD: individual PC	27 NACHOS WITH GROUND BEEF Cinnamon Roll Whole Grain CORN: canned, yellow FRUIT SALAD MILK,Skim	28 18A PIZZA 4X6 CHEESE WG, TONY'S VEGGIES, FRESH FRUIT SALAD MILK,Skim	

FEBRUARY 2019

The Center/ Head Start

Lake County School District R-1