Lake County School District R-1

Monday	Tuesday	Wednesday	Thursday	Friday
				1 SPAGHETTI AND MEAT SAUC E Roll, Whole Wheat Pur2ozMS1 355 SALAD BAR FRUIT SALAD MILK,1% Lowfat MILK,Skim PARMESAN CHEESE, GRATE D
4 BREADED CHICKEN SANDWI CH POTATO PUFFS: frozen,cooked SALAD BAR FRUIT SALAD MILK,1% Lowfat MILK,Skim KETCHUP: individual MAYONNAISE:individual PC	5 Chili Con Carne w/ Beans MS13 0 CORNBREAD SALAD BAR FRUIT SALAD MILK,1% Lowfat MILK,Skim CHEDDAR CHEESE	6 Ham & Cheese Sandwich Jenni e O 547-4010 Sunchips Original 1oz 377-8029 SALAD BAR FRUIT SALAD MILK,1% Lowfat MILK,Skim MAYONNAISE:individual PC MUSTARD: individual PC	7 18A BREADSTICK, BOSCO 4" GARLIC *2 EACH* Spaghetti Sauce Base (2M) GREEN BEANS: frozen,boiled SALAD BAR FRUIT SALAD MILK,1% Lowfat MILK,Skim	8 NACHOS WITH GROUND BEE F Cinnamon Roll Whole Grain SALAD BAR FRUIT SALAD MILK,1% Lowfat MILK,Skim PEPPERS,JALAPENO
11 Waffle Stick Whole Grain 18 SCRAMBLED EGG/CHEES E *1/2c* POTATO PUFFS: frozen,cooked SALAD BAR FRUIT SALAD MILK,1% Lowfat MILK,Skim KETCHUP: individual SYRUP,PANCAKE	12 Grilled Cheese Sandwich TOMATO SOUP Gold Fish, Whole Grain, Chedda r, Smart Snack Co SALAD BAR FRUIT SALAD MILK,1% Lowfat MILK,Skim	13 TURKEY, POTATOES, AND GR AVY Roll, Whole Wheat Pur2ozMS13 55 SALAD BAR FRUIT SALAD MILK,1% Lowfat MILK,Skim	14 HOT DOG ON A BUN:turkey hot BAKED BEANS (VEGETARIAN):veg SALAD BAR FRUIT SALAD MILK,1% Lowfat MILK,Skim KETCHUP: individual MUSTARD: individual PC RELISH: individual PC	15 NO SCHOOL TODAY
18 NO SCHOOL TODAY	19 NO SCHOOL TODAY	20 NO SCHOOL TODAY	21 NO SCHOOL TODAY	NO SCHOOL TODAY

25	26	27	28	29
BEEF & BEAN BURRITO	Corn Dog Foster Farms 888-393	NACHOS WITH GROUND BEE	Pepperoni Pizza, The Max, Pre	CHEESEBURGER ON A BUN
GREEN CHILI SAUCE	7	F	mium Pizza, 4x6	FRENCH FRIES: oven heat
CORN: canned, yellow	Bkd Season PotatoWedges MS	Cinnamon Roll Whole Grain	SHERBET, ORANGE	SALAD BAR
FRUIT SALAD	1093	SALAD BAR	SALAD BAR	FRUIT SALAD
MILK,1% Lowfat	FRUIT SALAD	FRUIT SALAD	FRUIT SALAD	MILK,1% Lowfat
MILK,Skim	MILK,1% Lowfat	MILK,1% Lowfat	MILK,1% Lowfat	MILK,Skim
	MILK,Skim	MILK,Skim	MILK,Skim	KETCHUP: individual
	KETCHUP: individual	PEPPERS, JALAPENO		MUSTARD: individual PC
	MUSTARD: individual PC			PICKLES, DILL SPEAR